

Shellbrook Chronicle

The voice of the Parkland for over 107 years

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Skills Tour at PIHC highlights rural healthcare



In the afternoon, students taking part in the Rural Skills Tour stopped by the car show and book launch being hosted by Parkland Integrated Health Centre's long-term care residents. Community engagement was a key piece of showing students what rural healthcare has to offer.

Students hoping for careers in healthcare got a taste of all that rural healthcare has to offer on Sept. 21, when staff and volunteers at Parkland Integrated Healthcare Centre (PIHC) opened up the facility for a Rural Skills Tour.

Hosted in conjunction with Sask-Docs, the busy day saw 39 post-secondary students, and, for the first time ever, one high school student, make the trip out to PIHC for a day filled with learning, practical experience, and community engagement.

"One of the goals of the Rural Skills Tour is to get students from a lot of different medical and healthcare disciplines – especially the hard to re-

cruit ones – out to rural areas to take the stigma and scariness out of rural healthcare, and show what all the benefits are and what life in rural Saskatchewan actually looks like, living and working," explained Lynne Farthing, a registered nurse at PIHC.

Starting bright and early in the morning, the visiting students were eased into the rural experience with a tour of the health centre. After that, Farthing says, they broke off into small groups, and cycled through a series of skills stations to provide them with some hands-on experience.

At the four stations, students had an opportunity to hone their CPR skills

during a traumatic code, assist with crutch walking, practice spirometry (a test that measures how well a patient's lungs are working), and sharpen their suturing skills on a banana.

"Once we had the volunteers in place, and a schedule set up, then it was matter of making sure we had all the supplies organized for everybody, and making sure we kept the students busy throughout the day so they had the most bang for their buck," Farthing said.

To provide the visiting students with a more complete picture of rural life, the guests were treated to a lunch at the Hidden Hills of Shellbrook Golf Course, where they learned more about

local recreation and housing, and also learned about the benefits of living in a small town.

Up next, they went on tour of town, and were tasked with filling in a Bingo card of information about the community of Shellbrook by stopping in at local businesses, or chatting with people on the street.

As the afternoon wore on, the students headed back to PIHC for more community engagement opportunities with the long-term care residents, who were hosting a car show and launching a book as part of Special Care Home Week.

Continued on page 3

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Phase two of rink renovations nears completion

As kids lace up their skates in anticipation of the arrival of hockey season, one might take a peek inside the Shellbrook Recreation Complex and wonder how the facility will ever be ready in time.

But Amund Otterson, who has spent the summer overseeing the second phase of the three-phase, \$2 million overhaul of the rink for the Shellbrook Recreation Project Steering Committee, remains confident that everything will be complete by the tentative opening day of Oct. 16.

"If we play things backwards from Oct. 16, we predict about five days to manufacture the ice, which may or may not be the case because it's all new," he said, noting that there will also be a 10-day cool down period before this, to ensure that the new concrete slab doesn't crack.

"Assuming there's no problem with the plant or the new components, it should be fine."

Guiding the *Chronicle* on a thorough walk-through of the rink last Thursday morning, Otterson spoke at length



New viewing windows in the lobby of the Shellbrook Recreation Complex will offer much better sightlines for those who don't want to brave the cold.

about the work that's been done over the spring and summer, and the list of projects, both big and small, is extensive.

There are, of course, the big ticket items for phase two, namely the new floor surface, the low emissivity ceiling, and repairs to the old penalty boxes and players benches, which had begun to sag inward overtime – with fresh coats of paint, the players benches, in particular, look quite different now that the section of covered stands that di-

vided them has been removed.

Other small items include the removal of insulation, which contained asbestos, from the attic area above the rink lobby, and the installation of netting to prevent pucks from getting lost in that area.

"I have probably 200 pucks in a box that came out of that in the attic, and there are probably lots that went out with the insulation that they got sick of straining out," Otterson noted, adding that no one will have to climb up there anymore.

Though much has already been done. There still remains much to do in the rink area, including the installation of the furnishings for the penalty boxes and players benches, a quick fix for the overhead door that the ice resurfacing

machine enters through (this is being handled by Parkside Welding), and a little painting.

On the subject of paint jobs, the new ice resurfacer will soon shed its silver exterior for Cop red, as the business stepped up to buy the naming rights for the machine.

Most importantly, though, the boards and glass still need to be installed. After a slight delay in their arrival, the boards were expected to be in Shellbrook on Monday, with work hopefully commencing on Tuesday.

"It's all there. It just has to happen in the right sequence," Otterson said.

Moving outside, the Shellbrook Recreation Complex looks like a whole new rink from the moment you step

through the new exterior and vestibule doors. For starters, those doors now have windows and improved weather stripping, for improved safety and efficiency.

In the lobby, new viewing windows have been installed, and the improvement is obvious. Pillars were removed to make room for more glass, and the entire bay of windows was lowered by a brick, to provide a better view of the action on the ice.

"The sightline has improved for people who don't want to be out braving the weather," Otterson said.

Elsewhere, the lobby ceiling has received a fresh coat of paint, and the walls will soon receive the same treatment, brighter, more efficient LED lights will be installed, and asbestos-free insulation will be installed in the attic.

In what was a surprise piece of extra work, removing the radiator covers revealed a 15-foot stretch where no heat was being provided because the original design didn't include an element for the area – this explains why poor heating had long been a complaint of many who visited the arena.

That will be remedied with a new heating element, the radiator covers will be refinished, and, following another surprise discovery, more fixes will be made to improve efficiency.

"The zone valves were stuck open, so no matter what you did with the thermostat, it just kept providing heat," Otterson explained. "When it's pretty cold out, and that door keeps being opened that's fine, but there are times when the heating system could

have been managed a little better."

Moving to the bathrooms, a number of improvements were made with accessibility in mind, including taller toilets, bars by the handicap toilets and the urinals in the men's room, and higher sinks that allow for a wheelchair to fit underneath.

In the men's room specifically, the urinals were moved further apart to improve privacy, and the stalls in both the men's and ladies' rooms were repainted (a donation by Shellbrook Chevrolet).

For privacy on the women's side, meanwhile, the bathroom door was replaced by a new L-shaped wall. This, Otterson says, was also for safety purposes.

Elsewhere, both bathrooms received new LED lighting, as well as brand new tile that should make life easier for employees.

"Staff will have a chance to clean it effectively. Instead of just wall board and paint, it's impervious," Otterson said.

With phase two nearing completion, Otterson says consideration is already being given to phase three of the rink project, which will entail the installation of solar panels. On that front, he says details are being worked out, and tender documents are being prepared.

Currently, though, the plan is to locate the panels on the northeast corner of the lot where the former Parkland Terrace long-term care facility once stood.

Early discussions are also taking place to see the panels used to provide power to the campground and swimming pool.

TO CELEBRATE SENIORS WEEK,
Shellbrook Senior Centre
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Shell Lake Lions Hall
Doors open 4:30 p.m.; Supper 5 - 7 p.m.
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PIHC elders host car show, book launch

Learning to drive is an important rite of passage for all teenagers in Saskatchewan, and each of us undoubtedly has a story – either good or bad – to tell about the first time we got behind the wheel.

Few of us, however, would want these stories recorded and published for posterity.

That's not the case for the elders in long-term care at Parkland Integrated Health Centre (PIHC), who just released their second book, *Along the Road*, at a book launch and Car Show on Saturday.

The launch of the book, which features stories that were collected from the elders and compiled by Marj Bradley, recreation coordinator Trina

Chamberlain, and a handful of volunteers, coincided with 2019's Special Care Home Week – a week that honours those who live, work and volunteer in long-term care facilities across the province.

With the book, which is a follow up to 2017's *Simple Pleasures and Treasured Memories*, being all about driving, hosting a car show to coincide with the launch only seemed like a natural fit. And, thanks to a warm, sunny afternoon, it turned out to be a perfect day to sneak a peek at the dozen or so classic vehicles that were lined up in the PIHC parking lot.

Those who might not have been as interested in the cars, meanwhile,

were welcome to sit in the shade under the gazebo, with popcorn and drinks and hand, and enjoy an opportunity to visit or listen to the music of local entertainer Marvelous Marvin.

Later in the afternoon, the official launch for *Along the Road* was held, along with readings of select entries from the book.

And to wrap up the day, elders received a visit from some special guests to the community, who were visiting PIHC to participate in a Rural Skills Tour, and the prizes for resident's choice and visitor's choice were handed out to the most popular car show entries.

This year's Special Care Home Week featured no shortage of activities for



Resident George Morris takes a peek at one of the dozen or so vehicles that took part in the Car Show on Saturday afternoon.

the elders and visitors. On Monday, Anita Turgeon treated the elders to some Gospel music, and on Tuesday, the elders invited guests for a come and go pancake brunch, and, later that day, engaged in a game of trav-

elling "music bingo." Wednesday, meanwhile, saw more driving stories and memories shared at an afternoon Readers' Theatre, and Thursday's itinerary was set to include a Happy Trails Campfire worship,

followed by a Sock Hop, with music by the Knox Jug Band Road Show, and ice cream floats. In keeping with the driving theme, the busy week was slated to wrap up with a tour of some country roads.

Skills Tour at PIHC highlights rural healthcare

Continued from 1

To conclude what Farthing calls a busy day, the students attended a supper with special guest Premier Scott Moe, who spoke to them about rural healthcare.

"It was an amazing day, and it was really neat to see how they interacted with the residents in the afternoon. It was very good," Farthing said of the Skills Tour.

"I hope that they were less afraid, and they got to appreciate the diversity that we get to deal with on a daily basis, and how sometimes you have to think outside the box to meet the needs of clients and families."

If early numbers are anything to go by, it seems the students enjoyed their visit.

Though full evaluations from the students are still to come, students were asked prior to and after the tour how interested they'd be in working in a rural setting.

Before the tour, 40 per cent said they'd be very interested. Following the tour, however, Farthing says that number shot up to 78 per cent.

In the meantime, Farthing, who has worked for many years providing rural healthcare, says a

big city life and career hold no interest. Instead, she says she prefers the connection she has with those in her care in a small-town setting.

"Being connected to my patients, I have a very vested interest in the patients, and their families, and the community," she said.

"That's the biggest benefit of a small-town, rural place is that you have that connection. You're not just another nurse, looking after just another patient."

Village of Canwood Fencing Tenders

We are accepting tenders for the erection of 3 wire fence approximately 146' in length. This length of fence would reestablish a section that was removed to allow for the construction of a municipal building, tying into existing 3 wire fence on either side. The location is behind the Lift Station on South Avenue, parallel to the Canwood Legion Hall. Work is expected to be completed before November 8, 2019.

Please submit your tender marked "Fencing Tender" to:

Village of Canwood
Box 172, Canwood, SK
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Fax: (306) 468-2805

Email: canwood.town@sasktel.net

All tenders are to be in the hands of the Administrator on or before 3:00 p.m., Monday, October 7, 2019, and must include expected start date and exact cost for the erection of portion of fence.

Tenders may be dropped off at the office, mailed, faxed or emailed to the information above. The Village of Canwood reserves the right to reject any or all bids. The lowest bid shall not necessarily be awarded.

For further information, please contact Erin Robertson at (306) 468-2016.



PUBLIC NOTICE R.M. OF SHELLBROOK NO. 493

Public notice is hereby given that the Council of the R.M. of Shellbrook No. 493, pursuant to Section 207 of *The Planning and Development Act, 2007* to amend Bylaw 08/1981, known as the Zoning Bylaw by rezoning the proposed parcels as shown on the section of map below.

REASON

This amendment is to rezone the northeasterly portion of NE-31-49-01-W3 from Agricultural Residential Zoning District – (AR) to Country Residential Zoning District – (CR); as indicated by hatched marked map. This includes:

Parcel C, Plan 102067758 Ext. 0

Parcel D, Plan 102153226 Ext. 0

The remainder of Parcel E, Plan 102153226 Ext. 0, as shown in the Plan of Proposed Subdivision dated March 11/2019, prepared by Jack Redding, SLS

Parcel F, Plan 102153226 Ext. 0

Parcel Q, Plan 101561228 Ext. 2

PUBLIC INSPECTION

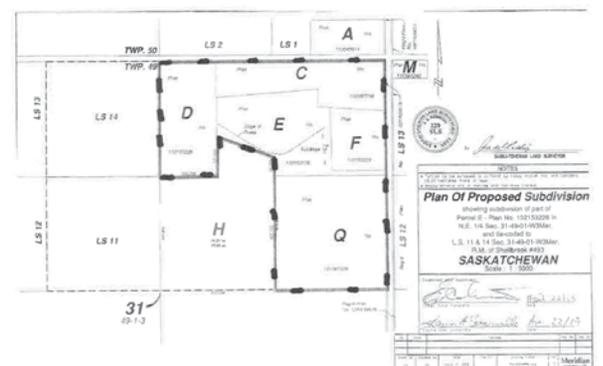
Any person may inspect the bylaw at the R.M. Office located at 71 Main Street, in the Town of Shellbrook between the hours of 8:30 a.m. and 4:00 p.m. Monday to Friday excluding statutory holidays. A copy of the proposed bylaw is available at the R.M. of Shellbrook Office.

PUBLIC HEARING

Council will hold a public meeting on October 2/2019 at 10:00 a.m. at the R.M. Municipal Office located in the Town of Shellbrook to hear any person or group that wishes to comment on the proposed bylaw. Council will also consider written comments received at the hearing or delivered to the undersigned at the R.M. of Shellbrook Office by 4:00 p.m. September 27/2019.

Issued at the Town of Shellbrook this 9th day of September, 2019.

Donna Goertzen
Administrator



“More thoughts”

I promise I won't keep doing this to you, but I found a blast from the past that you might have missed. The following comes from Sept. 26, 2009, which, it should be clear, was ten years ago.

There was a time when research of various kinds brought us previously unimagined benefits, like cures for diseases, new and useful products, time and energy-saving tools and gadgets.

However, with the litany of bad news coming from recent discoveries, maybe it's time we put a stop to research unless there's going to be some pot of gold at the end of the discovery rainbow.

The latest news concerns the link between allergens and mustard. Simply put, mustard contributes to allergies. Allergies, Health Canada attests, affects six percent of young people and three to four percent of adults.

Now, because of the latest discoveries regarding mustard, mustard will have to be listed as an ingredient.

The problem is not so much with mustard itself. It's pretty much “out there”, and people who have somehow developed an allergy to mustard will still be able to practice the most obvious means of avoiding contact with mustard – don't use it.

But mustard is becoming very popular as an ingredient in other foods, such as barbecue sauces, salad dressings, marinades, and various meat products, and until now did not have to be listed as an ingredient.



DAVE
HYNDMAN
~
Columnist

Of course, not all research comes up with results as sexy as finding a connection between mustard and allergies. Take, for example, the following University of Texas project being carried out by a PHD candidate:

“Unraveling the origins of social parasitism in megalomyrmex ants.”

Think about it for a minute and I'm sure you can come up with several significant applications to which the results of that study can be put. No? Need more time?

Well, then, how about: “The impact of folkloric tourism on the traditional music style Coco in Pernambuco, Brazil.”

Quick, now, the clock is running.

These are actual doctoral projects being studied by a couple of candidates. Maybe they could have done something more useful, like maybe allergic connections from over-indulging in ketchup. But then, maybe somebody is already working on that one.

We were fortunate to have been in the crowd at both the exhibition games that ended the New York Islanders training camp in Saskatoon last weekend. The hockey was exciting, although both nights the two teams squaring off left many of their stars on the bench, or in the case of the Calgary Flames, back at home. No Iginla, no Kiprusoff, no Fleury, no Bourque. But I guess what can we expect, since it is exhibition season and the coaching staffs want to take a look at players who may or may not end up on the squad that starts the season with them.

However, the ticket prices were just as high as a regular season game.

And if Saskatoon is hosting the World Junior Championship in December and January, they'll first have to solve the parking problem. There are lots of places to park at Credit Union Centre, but there are only two exits to get people out of the yard following a game.

Fortunately, both nights were reasonably warm, so walking to your vehicle and sitting in it weren't that big a deal. But on the Saturday night we never moved for the first half hour, and it still took close to another half hour to get out.

Sunday night was marginally better, but only marginally.



All parties should cost their platforms

Though its difficult, at times, to muster any genuine enthusiasm for the upcoming federal election, what can't be forgotten is that this campaign will be historic in at least one way.

It is, after all, the first campaign that will allow political parties to make use of the parliamentary budget office's (PBO) resources to cost the myriad promises they make to voters while out on the campaign trail.

PBO costing was introduced through amendments made to the Parliaments of Canada Act in 2017, and as we hurdle inevitably towards Oct. 21, it should, without a doubt, be a valuable tool for parties and voters alike.

For voters, especially those who prioritize fiscal responsibility in their government, it offers a glimpse of which parties will offer such responsibility if they are allowed to from government – interestingly enough, only Conservative leader Andrew Scheer and Green Party leader Elizabeth May have pledged to balance the budget in the next five years.

For political parties, PBO costing provides an opportunity to demonstrate fiscal responsibility, or, should such responsibility be seemingly lacking, to justify their proposed expenditures to the electorate.

Already, most parties have been taking advantage of this new tool at their disposal. The Conservatives and the NDP have submitted a number of items from their platforms to the PBO for costing. And, if the Green Party is to be believed, its entire platform, which was released just last week, will soon be fully costed.

Conspicuously missing from this talk of PBO costing and fiscal responsibility, however, is the Liberal Party government of Prime Minister Justin Trudeau.

Now, Mr. Trudeau, much like his electoral opponents, has promised to make use of the PBO's costing measures. But, speaking to the media last week, he explained that only his government's “big ticket” items will be submitted.

Of course, considering that Mr. Trudeau previously ran on a pledge not to run deficits in excess of \$10 billion, only to break that promise three years running and offer no road map back to balanced budgets, it's hard to say what he considers to be a “big ticket” item.

Is it \$1 billion? \$5 billion? \$10 billion?

We likely won't know until the promises that Mr. Trudeau's government chooses to submit to the PBO for costing are announced.

For a government that once, many moons ago, promised to

deliver transparent, accountable government, that's a real problem.

Typically, when a household budgets its revenues and expenses, it does so by factoring in each individual item. You don't, for instance, count a pricey meal out at a high-end restaurant, then conveniently ignore the 10 times you grabbed a snack or a quick meal at a corner store or fast food chain because “it was only a couple of dollars here and there.”

A government, regardless of its political leanings, should hold itself to a similar standard.

It's great to know the cost of each party's major campaign promises, whether they be changes to old age security and pensions, tax cuts for the country's lowest earners, or free post-secondary education for all Canadians.

But small expenditures add up quickly, and voters – and more importantly taxpayers – deserve to know where each nickel in the government's coffers is going, even if it's just \$286 spent on a leather cushion (Mr. Trudeau's government infamously purchased 86 such cushions, worth \$24,638, for the Canadian embassy in Mexico City).

Regrettably, such fulsome fiscal accountability is seemingly beyond Mr. Trudeau's government, which appears to have as its governing philosophy the age-old mantra, “Do as I say, not as I do.”

For evidence of this, just look at Mr. Trudeau's legacy thus far: the broken promise on balanced budgets, the elimination of fiscal accountability measures for First Nations band councils, the abandoned promise to abolish the flawed first-past-the-post system.

Before ousting former Prime Minister Stephen Harper's Conservative government in 2015, and in the four years since, Mr. Trudeau has been dogged by a soundbyte in which he famously uttered the words “the budget will balance itself.”

For the purposes of providing context, the words were spoken in the midst of a discussion about fiscal prudence in government. And, in that context, there's nothing overtly problematic about them.

The trouble is that Mr. Trudeau's government has been anything but an exemplar of fiscal responsibility in its four years at the helm.

Its budgets, in short, have done anything but balance themselves.

And Mr. Trudeau's refusal to commit to costing his government's complete election platform gives Canadians little reason to hope that they ever will.



JORDAN
TWISS
~
News Editor

Report from the Legislature

Saskatchewan's economy is strong and more people are working in the province than ever before, despite economic headwinds. August marked the 13th consecutive month of job growth in Saskatchewan with 13,000 new jobs year-over-year. Saskatchewan's unemployment rate was the third lowest in the country at 5.1 per cent.

Fast and reliable access to today's digital economy contributes to strong communities. Better wireless service, particularly in rural areas, is a priority of the Government of Saskatchewan. Rural residents require access to fast and reliable services that are on par with urban areas, and SaskTel is working to fill in coverage gaps where they exist.

As part of our government's Wireless Saskatchewan initiative,



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SaskTel has been able to add 15 new macro towers, providing better coverage in places like busy provincial parks, along major highways, and in areas with little to no cellular coverage. These new macro towers are in addition to the previously announced 103 small cell sites.

Since 2010, SaskTel has completed more than 3,200 initiatives to enhance its wireless network that now boasts

more than 800 cell sites across the province. SaskTel will continue to evaluate further expansion to better serve Saskatchewan.

The new Jim Pattison Children's Hospital (JPCH) in Saskatoon is a spectacular, state-of-the-art facility that will soon see Saskatchewan children and expectant mothers receive exceptional health care closer to home.

Earlier this month, representatives from the provincial government, Saskatchewan Health Authority and the JPCH Foundation gathered with donors and community members to celebrate its completion, and the fact that Saskatchewan is no longer one of two provinces in Canada without a dedicated maternal and children's hospital.

This brand-new 176-bed facility puts Saskatchewan at the fore-



**NADINE WILSON
MLA**
~
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front of research and innovation, provides hope and healing, and marks culmination of a decade's worth of hard work and determination that started with a simple vision: providing world-class health care for children and families for generations.

JPCH will offer neonatal intensive care, pediatric intensive care, general pediatrics, pediatric emergency and ambulatory services. Maternal

services will include labour and delivery, antepartum and postpartum care. Almost 60 pediatric specialists, sub-specialists and surgeons will be working in more than 20 specialties.

This year's budget provides \$9.6 million to finalize information technology needs and an additional \$23 million to support operations when the hospital opens later this month. The total capital cost for the hospital is \$285.9 million. The province provided about \$257 million in capital costs, while the JPCH Foundation and donor contributions totaled about \$75 million for capital costs, hospital equipment and furniture.

The words thank you never seem enough to adequately express our gratitude for thousands of individuals and hundreds of community groups who have con-

tributed to the hospital project in some way. They have hosted every kind of fundraiser imaginable and in doing so, displayed the very best of what our province has to offer.

I am pleased to see that the tireless efforts of volunteers, donors, community members, the Jim Pattison Children's Hospital Foundation, Brynn Boback-Lane, Jim Pattison, and countless others all came together to make the dream of the new Jim Pattison Children's Hospital a reality.

The Jim Pattison Children's Hospital will officially open to patients on September 29, when all pediatric and maternal inpatients will move in from Royal University Hospital and new admissions will be accepted.

Thank you, Saskatchewan for supporting the work of the JPCH Foundation and for providing a home for hope.

YOUR TWO CENTS

What action will you take this election?

Dear Editor,
"In democracies, elections are time of identifying problems." Darrin Qualman

During this election, what problems will you be asking your candidates about? In *Civilization Critical*, Darrin Qualman explains how our linear growth-based economy is the problem. We are extracting non-local resources from the past, producing primarily non-necessities, and polluting the future.

Our linear economy breaks nature's nitrogen, phosphorus, carbon, sulfur, and water cycles —

the cycles our lives depend on.

He believes we can change from a linear economy to a circular sustainable one. It would have "circular material flows, contemporary solar energy sources, and systems local in space and time." Our transformation towards a circular economy must be based in fairness and justice. We must become citizens who care more for people rather than consumers who care for things.

"Our greatest mistake was assuming that democracy is just about ballots." Dave Meslin

After this election, let's become part of the deci-

sion-making process. Dave Meslin, in *Teardown*, asserts that "Each person's lived experience provides a unique point of view that has value." Paid lobbyists amplify corporate voices. It is up to us to ensure our representatives hear our voices.

My pledge after Oct. 21 is to lobby my MP on the 21st of each month. I will respectfully remind them that, in my point of view, climate change is an emergency. Then I will ask what actions they have taken towards climate justice.

Nancy Carswell
Shellbrook, Saskatchewan

Shellbrook Chronicle

Serving the Communities of Shellbrook, Canwood, Debden, Big River, Parkside, Leask, Marcelin, Blaine Lake, Holbein, Mont Nebo, Mayview

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Member of



The show goes on at the Shellbrook Theatre

Renovations and upgrades completed at the Shellbrook Theatre over the summer are ensuring that the show will go on at the local facility, both on the stage, and on the screen.

In recent months, says town of Shellbrook facilities manager Jody Smart, the theatre has had a new, full-sized screen installed to replace the old one, which was between 25 and 30 years old.

"The old one had rips and tears, and that degraded the quality of what we were trying to watch," he said.

In addition to a pristine new screen, a new projector was also purchased for the theatre to replace the previous projector, which was between 15 and 20 years old. This, Smart says, will improve the picture quality and bring it closer to the



The Shellbrook Theatre will soon be more accessible to all visitors, once a wheelchair ramp is installed. That is expected to occur within the next month, and joins a laundry list of recent renovations at the theatre.

level of the movies one might watch at the Galaxy Cinemas in Prince Albert.

Though some bills for the projects are yet to come in, Smart estimates that the improvements will cost anywhere between \$10,000 and \$15,000

when all is said and done.

And of course, because major renovations always seem to come in threes, the summer also saw the theatre's sound board replaced, after the prior system unexpectedly decided to call it quits.

That item comes with a price tag of \$2,000 to \$3,000.

While these improvements undoubtedly mean good things for the Shellbrook Theatre's movie nights,

which serve as a key fundraiser for the facility in the fall, winter and spring months, Smart says they also

bring the theatre more into the 21st century.

More advanced technology, he explains, means that more of the theatre's user groups, including the HOST Players, Studio 747 and others, can make use of the theatre's systems with greater ease.

Where in the past the projector was harder to plug into for concerts and stage performances, the new projector can simply be connected to a laptop or smartphone.

In keeping with a theme of improving accessibility, recent weeks have also seen renovations done to the exterior of the theatre to pave the way for the installation of a wheelchair ramp.

Now that the sidewalk has been made more accessible, Smart is hopeful that the wheelchair ramp will be installed prior to freeze-up.

"The facilities have to

be usable and safe, and we want to make sure that everybody can use them," he said.

"That's why we're looking at the wheelchair accessibility [at the Shellbrook Theatre, and why we just put in a set of steps at the pool for handicapped accessibility into the pool."

Looking forward, Smart says plans are also in the works to set up a permanent computer system at the theatre, so that users won't even need to bother hauling a laptop to the theatre when they need to make use of the projector.

There are also plans for some general upkeep items, such as repainting, but Smart says that this will require some custom scaffolding to be set up, since the ceilings are so high.

"There's always something to do," he said.

For Smart, putting time and money into the town's arts and recreation facilities, whether it's the theatre, the pool, or the rink, is an important part of building a community, and gives residents a reason to stay in Shellbrook.

"A lot of small communities don't have what we have. But we want to make sure that stuff like that stays, so we have to keep upgrading it, or it just becomes condemned and we get rid of it."

While grants are a key piece of the effort to keep facilities like the Shellbrook Theatre running, Smart says that the other key is volunteerism.

On that front, he adds, there's always a need for more people.

"For our movie nights, all the profit we make goes into the building. That is run by volunteers, and they need more help running the movie nights," he said.

Anyone interested in donating their time can contact Smart, or town councillor and theatre committee representative Kathleen Nording.

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Ag policy a conundrum for federal parties

While we all knew it was coming, we now have an official date to go to the polls to elect our federal representatives.

To start, we all need to mark Monday, Oct. 21 on our calendars and make sure we all take the opportunity a free democracy offers us by casting a vote.

The trend toward less and less eligible voters actually casting ballots is disheartening when many in the world can only dream of the freedom to do so living under various stripes of dictatorship preventing

the simple act of putting an 'X' on a ballot.

As for the farm sector, the issue over the next month is how to put the sector into the mix as an issue candidates truly care about.

Here on the Canadian Prairies candidates are going to nod knowingly when asked about the importance of the sector, but does their concern, or ours as voters play at the table when the federal parties sit down to develop policy?

The problem for parties is many when it comes to how much focus to put on agriculture,



CALVIN DANIELS

starting with the limited number of seats where farmers are a significant portion of voters. We might like to hope that such things are not a factor, but the truth of one vote per person puts greater importance

on urban constituencies than those that are mostly farm/rural.

It becomes ever harder to sell major agriculture investments to city-dwelling voters who have limited understanding of farming, or its importance to the greater Canadian economy.

Then within the farm sector there is the problem of finding policy that covers most producers.

What is good news for a wheat or canola producer on the Prairies doesn't necessarily resonate with a potato producer in Prince Ed-

ward Island, or a wine producer in British Columbia.

And of course the opposite is also true. Support for fish farmers or a flower grower is not likely to be seen as particularly good news in Saskatchewan, even though it would be support for the broader sector of agriculture.

It has to be a conundrum for federal parties to sit down to work on policy and representatives from across the country find some agreement that more should be done for farmers, but then they offer

up a dozen divergent ideas based on the type of farmers in their area of the country.

It is simply not as easy to develop meaningful national agriculture policy as, for example putting more dollars to be spread out for municipal infrastructure renewal, or senior housing.

So the onus will be on voters here to make sure to listen closely to what each party is saying in terms of farm policy, and to ask candidates how they plan to be heard in Ottawa in terms of supporting Prairie agriculture.

Four-man Cash Bash brings out 60 golfers

In its second year as an event sponsored by the Sturgeon Lake First Nation, the Hidden Hills of Shellbrook Golf Course's Four-man Cash Bash continues to be a draw for the facility.

All told, 15 foursomes (60 golfers in total) made the trip out to the links to compete, hoping to bring home the big prizes and bragging rights.

But, as with any competition, only one team could take the top prize.

In what turned out to be an excellent day for golf, the foursome of Cain Thomas, Lyndon Wuttunee, Mikey Stone and Harris Cameron, along with caddie Jayren Thomas, topped the first flight with an impressive 55 on the day.

Only four shots behind them, with a 59 for the course, was the quartet of Wendel Netmaker, Dean Gerard, Jason Ahena-

kew, and Eugene Little.

In flight number two, the team of Brett Henry, Dwayne Halkett, Bill Cameron, and Jerry Christiansen finished tops with a 60. Hot on their heels was the foursome of Raymond Witchekan, Raymon Harris, Jamie Little, and Tyron Bill with a 62.

In a hotly contested third flight, Gordon Jim, Steven Jim, Wayne Jim, and Warren McCallum shot a 62 to top the contest.

Meanwhile, second place came down to a tie between the foursome of Ken Hyman, Robert Morin, Greg Ahenakew, and Kelly Merasty, and the quartet of Mike Daniels, Arnold Sanderson, Gilbert Longjohn, and Bernard Moosehunter.

Both teams shot a 65 on the day. The Cash Bash, and Hidden Hills' part-

nership with the Sturgeon Lake First Nation were made annual arrangements after the First Nation approached the golf course about holding junior golf lessons.

From there, there was more interest in golfing opportunities for adults, and so the two groups worked out a deal to have the First Nation co-sponsor the two-person and four-person Cash Bashes, as well as a few men's and ladies' nights.

"They're looking for some place to play, they've got lots of people who love to play golf, and we've got this great golf course

that is underutilized. So it's great for both places," Larry Ritchie, general manager of Hidden Hills, said of the arrangement.

Going forward, Ritchie said the hope was that the partnership would bring in more golfers for tournaments, and for men's and ladies' nights.

"It's a win-win. We'll try it this year and see how it all works out. If it's good for them, and good for us, I'm hoping we'll do it again next year.

Thus far, that hope appears to have been realized.

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Catching that compost bug

By Lisa Howse

These days my friends and family call me The Compost Lady. Spend any length of time with me and soil structure is bound to come up in conversation. Looking around at all the different bins and piles you might be tempted to ask, “how did it come to this?” Much like turning food and yard waste into crumbly compost, the change didn’t happen overnight.

Admittedly I was never totally green to the concept. My parents always kept an empty bucket under the sink for scraps. As thrifty farm-

ers there was no way we were going to pass up a chance to make fertilizer rather than garbage. Throwing peels out felt quite unnatural to me, and my own ice cream pail followed me to university. But this was still a strictly laissez-faire compost system – food waste went to a bin in the backyard, got ignored for years, and then whatever lumpy material eventually resulted went onto my landlord’s tulips.

Things changed when I got involved with the Saskatoon Compost Coaches. The first shocking thing I learned was that whether bin or

heap, compost needs a balance of “green materials” and “brown materials” to break down efficiently. These initially arcane categories turned out to actually be quite intuitive. Green materials include everything that is fresh and rots quickly like food scraps, fresh plants and grass clippings. Meanwhile brown materials are more fibrous and woody like leaves, sawdust, newspaper or cardboard. Having a 50-50 balance of the two gives the compost microbes a tasty mix of energy from the greens and rough-

age from the browns. (It turns out even bacteria need fibre in their diet.)

I was similarly shocked to learn that I was supposed to water and stir. Compost microbes can’t eat if their food is all dried out, or if they can’t breathe. At first it felt strange standing over the bin with a watering can, but I quickly fell into a biweekly groove. I even bought a compost aerator tool – a long, skinny thing that fluffed compost much more easily than a shovel.

While this was falling into place, my next awakening was learning that not all compost takes place in a backyard. In fact, sometimes compost is made indoors using squirmy friends known as “red wiggler earthworms.” This method is great for apartments, classrooms and offices – as I found out when it became my job to babysit the office vermicompost bin over a break. I initially viewed the shallow tub with some suspicion and exiled it to the closet. But to my delight the earthworms proved to be per-

fect houseguests. They were very quiet, made no mess, and ate whatever was given to them without complaining. They even left me a gift – rich black compost. I’ve certainly had ruder roommates.

Meanwhile several months had passed, and the material in the bottom of my outdoor bin was looking (and smelling) surprisingly like soil. The softer items had disintegrated completely, and the tougher stuff like egg shells, peach pits and twigs were looking at least partly mellowed. My tomatoes were probably astonished to see such high-quality stuff.

The thrill of earthy success had me hooked now and there was no turning back. Soil biology books spilled out of my backpack and YouTube videos of swimming protozoa and humus took over my laptop. I bought a compost thermometer to better keep tabs on what my microbiota were up to. My final step came when I learned about bokashi compost – an exotic two-

part process that uses fermentation to tame the usually-forbidden oily foods like bones, dairy, and eggs. A fermenting pail joined the other bins and buckets of percolating organic matter at my house. My transformation into The Compost Lady was complete, and my garden had never been greener.

If you too would like to delight your plants and starve your garbage can, you can contact the Saskatoon Compost Coaches for a free workshop or home visit, and answers to all your composting questions. The Compost Coaches are reachable year-round by phone (306-931-3249), email (compost@swrc.ca), or Facebook (@SaskatoonCompostCoaches).

This column is provided courtesy of the Saskatchewan Perennial Society (SPS; saskperennial@hotmail.com). Check our website (www.saskperennial.ca) or Facebook page (www.facebook.com/saskperennial) for a list of upcoming gardening events.

TOWN OF BIG RIVER PUBLIC NOTICE

Public Notice is hereby given that the Council of the Town of Big River intends to adopt a bylaw pursuant to Section 207 of *The Planning and Development Act, 2007* to amend Bylaw No. 2015-01, known as The Official Community Plan and Bylaw No. 2015-02, known as the Zoning Bylaw.

INTENT

The proposed bylaws will amend:

1. Bylaw 2015-01, the Official Community Plan - Figure 6 and Figure 7 Land Use Designation Plan Maps in order to redesignate Lot 1-2, Block 12, Plan 64B09845 and the portion of Block D, Plan 69B01871, shown within the bold line on the map below, from C1 - Core Mixed Use Commercial District and R1 - Low Density Residential District land use area to wholly R1 - Low Density Residential District land use area.
2. Bylaw 2015-02, the Zoning Bylaw Zoning District Map, to rezone Lot 1-2, Block 12, Plan 64B09845 and the portion of Block D, Plan 69B01871, as shown within the bold line on the map below, from C1 - Core Mixed Use Commercial District and R1 - Low Density Residential District to wholly R1 - Low Density Residential District.

AFFECTED LAND

The affected land is legally described as Lot 1-2, Block 12, Plan 64B09845 and Block D, Plan 69B01871, which is located at 201-205 1st Avenue North as shown within the bold dashed line on the following map.

REASON

The reason for the amendment is to provide for subdivision of the subject land to rezone land from C1 - Core Mixed Use Commercial District to R1 - Low Density Residential District for residential purposes.

PUBLIC INSPECTION

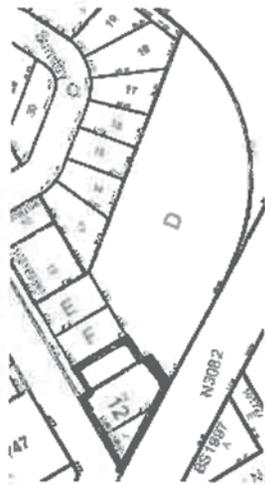
Any person may inspect the bylaws at the Town Office in Big River on any judicial day from Monday to Friday between the hours of 8:30 a.m. to 12:00 noon and 1:00 p.m. to 4:30 p.m. Copies are available to persons at a cost of \$1.00 each.

PUBLIC HEARING

Council will hold a public hearing on October 21st, 2019 at 1:30 p.m. in the Board Room at Big River Community Centre, 606 1st Street North, in Big River, Saskatchewan to hear any person or group that wants to comment on the proposed bylaws. Council will also consider written comments received at the hearing (or delivered to the undersigned at the municipal office before the hearing).

Issued at Big River this 26th day of September, 2019.

Noreen Olsen, Administrator



Intersection Safety Improvements Underway

Our Government is improving safety on Highway 3 at the Shellbrook intersection, by improving lighting, with an additional 60 street lights being installed. Further plans have been tendered for lighting and intersection improvements on Highway 21 and Highway 307.



Nadine Wilson
MLA for Saskatchewan Rivers
saskrivers@sasktel.net



Hon. Jeremy Harrison
MLA for Meadow Lake
jharrisonmla@sasktel.net



Hon. Scott Moe, Premier
MLA for Rosthern-Shellbrook
scottmoe.mla@sasktel.net

Highlights of an R.M. of Leask council meeting

(Where necessary, the following minutes may have been edited for clarity or brevity)

The Minutes of the Regular Meeting of the Council of the Rural Municipality of Leask No. 464 held in the Leask Municipal Office on Wednesday, July 10, 2019.

Council Meeting was called to order by Reeve Cantin at 9 a.m.

Present were Reeve Len Cantin, administrator Judy Douglas and the following Council members: Real Diehl - Division No. 2; Ed Musich - Division 4; Robert Girod - Division No. 5; and Clarke Gossen - Division 6.

Gossen: That the Minutes of June 5, 2019 meeting be adopted as presented. Carried

Diehl: That we approve payment for the list of accounts cheque #12260-12319 and 5088-5105 in the amount of \$161,694.74 and payroll in the amount of \$43,203.28. Carried

Stieb: That the Budget Control Report to July 10, 2019 be received as presented. Carried

Gossen: That the Council Indemnity be approved for payment, payment #11073-11079 in the amount of

\$4,210.70. Carried
Stieb: That we authorize the Reeve and CAO to sign the Black Diamond Drainage Project Management Agreement. Carried

Diehl: That we accept the May and June, 2019 bank reconciliation report as submitted. Carried

Gossen: That we advise Community Planning that we have no issues with the proposed sub-division of SE ¼ Section 03-48-05 W3rd. Carried

Girod: That we appoint Terry Rolleston as a Building Official for the R.M. of Leask with BuildTECH Consulting & Inspections Inc. Carried

Girod: That the R.M. of Leask No. 464 opt out of the District 55-40 Appeal Board. Carried

Thiel: That the Planning Report be accepted as presented. Carried

Musich: That the council continue in-camera to discuss a personnel item at 1:15 p.m. Carried

Gossen: That the regular meeting of council resume at 1:35 p.m. Carried

Diehl: That we respond to a letter from Ron Janzen. Carried

Thiel: That the Bylaw

Enforcement report as presented by Bylaw Officer Joan Sanftleben be accepted as presented. Carried

Diehl: That we accept the Report from the Superintendent of Public Works. Carried

Gossen: That the Reeve and CAO be authorized to sign the permit application for gravel hauled from Highways pit in 2018. Carried

Girod: That the Administration Report be accepted as presented. Carried

Stieb: That we appoint the following Plant Health Officers Katey Makohoniuk, Joanne Kwasnicki, Betty Johnson, Lynne Roszell, Chelsea Baraniecki, Colleen Fennig as Pest Control Officers in the R.M. of Leask No. 464. Carried

Diehl: That Bylaw 6-2019, a Bylaw to provide for entering into an agreement with other governing authorities for the purpose of establishing and operating a regional fire department for the provision of fire protection services be given first reading. Carried

Stieb: That Bylaw 6-2019, a Bylaw to provide for entering into an agreement with other governing authorities for the purpose of establishing and operating a regional fire department for the provision of fire protection services be given first reading. Carried

Stieb: That Bylaw 6-2019, a Bylaw to provide for entering into an agreement with other governing authorities for the purpose of establishing and operating a regional fire department for the provision of fire protection services be given second reading. Carried

Thiel: That Bylaw 6-2019, a Bylaw to provide for entering into an agreement with other governing authorities for the purpose of establishing and operating a regional fire department for the provision of fire protection services be given three readings at this meeting. Carried unanimously

Diehl: That Bylaw 6-2019, a Bylaw to provide for entering into an agreement with other governing authorities for the purpose of establishing and operating a regional fire department for the provision of fire protection services be given third reading. Carried

Diehl: That we confirm the conditions of the quote with TJ Disposals Ltd as the price for a period of 3 years and engage their services commencing Aug. 30, 2019 with no contracted time period.

Thiel: That we cancel the taxes on the vacant crown land as follows:

NW 08-46-04-W3 - \$154.13

SW 08-46-04-W3 - \$236.51

SE 29-46-07-W3 - \$253.18

Pt NW 15-46-08-W3 - \$53.57

SE 05-47-07-W3 - \$251.16. Carried

Girod: That we add the East ½ Sec 16-48-05-W3 to the approved Beaver Hunting Area listing. Carried

Thiel: That we respond with no objection to the review request of Ministry of Highways regarding the municipal roadway referred to in file GR File 719.30.2 and that we have no future plan for the roadway. Carried

Stieb: That we respond with no objection to the review request of Ministry of Highways regarding the municipal roadway referred to in file GR File 719.19.3 and that we have no future plan for the roadway. Carried

Diehl: That the correspondence be received and filed.

Girod: That the following reports be received: Clarke Gossen; Wheatland Lodge. Carried

Stieb: That this meeting be adjourned at 5:40 p.m.

PUBLIC NOTICE

Rural Municipality of Big River, No. 555

Public Notice is hereby given that the Council of the R.M. of Big River, No. 555 intends to adopt a bylaw pursuant to Section 207 of the *Planning and Development Act, 2007* to amend Bylaw No. 1/19 known as the Zoning Bylaw.

INTENT

The proposed zoning bylaw amendment will change the fee required when application for appeals are made to the Development Appeals Board

AFFECTED LANDS

All lands in the Rural Municipality of Big River, No. 555.

REASON

The reason for the amendment is to reflect the maximum fee set out in Section 220 of *The Planning and Development Act, 2007* and the appeal fee set by the Development Appeals Board when an application for appeal is submitted to the secretary of the board.

PUBLIC INSPECTION

Any person may inspect the bylaw at the R.M. Office on any judicial day between the hours of 8:30 a.m. to 4:30 p.m. Copies are available at a cost of \$1.00.

PUBLIC HEARING

Council will hold a public hearing on October 7th, 2019, in the Board Room at the Big River Community Centre at 606 First Street North, Big River, SK at 3:00 pm. Council will also consider written comments received at the hearing or delivered to the undersigned at the municipal office before the hearing.

Issued at Big River this 12th day of September, 2019.

Donna Tymiak
Rural Municipal Administrator

TOWN OF BIG RIVER PUBLIC NOTICE

Public Notice is hereby given that the Council of the Town of Big River intends to adopt a bylaw pursuant to Section 207 of *The Planning and Development Act, 2007* to amend Bylaw No. 2015-01, known as The Official Community Plan and Bylaw No. 2015-02, known as the Zoning Bylaw.

INTENT

The proposed bylaws will amend:

1. Bylaw 2015-01, the Official Community Plan - Figure 6 and Figure 7 Land Use Designation Plan Maps in order to redesignate Block I, Plan AF21, as shown within the bold line on the map below, from LS - Lakeshore land use area to R1 - Low Density Residential District land use area.
2. Bylaw 2015-02, the Zoning Bylaw Zoning District Map, to rezone Block I, Plan AF21, as shown within the bold line on the map below from LS - Lakeshore land use area to R1 - Low Density Residential District land use area.

AFFECTED LAND

The affected land is legally described as Block I, Plan AF21, which is located at 101 Mill Avenue South as shown within the bold dashed line on the following map.

REASON

The reason for the amendment is to provide for R1 - Low Density Residential District residential purposes.

PUBLIC INSPECTION

Any person may inspect the bylaws at the Town Office in Big River on any judicial day from Monday to Friday between the hours of 8:30 a.m. to 12:00 noon and 1:00 p.m. to 4:30 p.m. Copies are available to persons at a cost of \$1.00 each.

PUBLIC HEARING

Council will hold a public hearing on October 21st, 2019 at 1:30 p.m. in the Board Room at Big River Community Centre, 606 1st Street North, in Big River, Saskatchewan to hear any person or group that wants to comment on the proposed bylaws. Council will also consider written comments received at the hearing (or delivered to the undersigned at the municipal office before the hearing).

Issued at Big River this 26th day of September, 2019.

Noreen Olsen, Administrator



219 - 1061 Central Ave.
PRINCE ALBERT, SK S6V 4V4
Phone: (306) 953-2021

Opportunity to Review Draft Forestry Plans

Sakaw Askiv Management Inc. is holding the following information sessions to seek your comments on a draft Forest Operating Plan for a 5-year period starting in 2020. Draft maps of plans for the local area will be available to discuss with Planners in an open house format. There will also be an opportunity to discuss the 20-year Forest Management Plan for the entire landscape.

| Date: | Community: | Time: | Location: |
|----------------------------|---------------------------------|-------------------|--|
| Monday, September 30, 2019 | Chitek Lake | 12 - 2 p.m. | Chitek Lake Community Hall |
| | Big River | 5 - 8 p.m. | Big River Community Centre, Main Hall |
| Tuesday, October 1, 2019 | Emma/Anglin & Christopher Lakes | 9 - 11 a.m. | Lakeland R.M. Office, Christopher Lake |
| | Little Red River, La Ronge Band | 1 - 3 p.m. | Little Red River Band Office/Arena |
| Wednesday, October 2, 2019 | Candle & White Swan Lake(s) | 1 - 3 p.m. | Candle Lake Hall |
| | Prince Albert | 6 - 8 p.m. | Coronet Hotel, Coronet Room |
| Thursday, October 3, 2019 | Weyakwin | 9 - 11 a.m. | Weyakwin Fire Base (Maintenance Shop) |
| | Montreal Lake | 1 - 3 p.m. | Montreal Lake Arena |
| Friday, October 4, 2019 | Hall Lake | 10 a.m. - 12 p.m. | Hall Lake Band Office |

Sakaw Askiv holds the forest management license for the Prince Albert Forest Management Agreement (FMA) area. The license gives our shareholders access to harvest wood for forest products mills and requires that good forestry practices, including forest renewal, be followed. Our shareholders are Agency Chiefs (AC) Forestry, Carrier Forest Products, Edgewood Forest Products, Meadow Lake Mechanical Pulp, Montreal Lake Business Ventures, NorSask Forest Products, and Tolko Meadow Lake OSB Division.

What are your kids reading online?

(NC) As parents, most of us want our children to be digital wizards who are comfortable and confident on the internet. But while information is more accessible than ever before,

there's no guarantee the content they access is reliable or safe.

This issue continues to be important as schools introduce even more digital tools into classrooms. Educators

and parents have the difficult job of finding a balance between encouraging online research and ensuring that the content is relevant and accurate.

New digital learning

platforms, like Nelson Education's Edwin, are transforming education by giving students a means to explore trustworthy content inside and outside the classroom. The platform provides an in-depth catalogue of dependable content that is tied to the curriculum and searchable by keyword and media type.

Students can now comfortably learn and

explore topics that most interest them in a safe and trusted environment, helping them develop knowledge beyond their grade level.

"With new digital learning ecosystems, parents can trust that the content their children are accessing is safe and relevant to the curriculum," says Steve Brown, CEO of Nelson Education. "From physics to multiplication

tables and simple grammar, the program has something for everyone. It inspires learning through exploration and rewards curiosity by allowing children to challenge themselves and reach levels well beyond the norm."

As kids prepare for the future, digital learning tools offer a smart way to keep up. Find out more at edwin.nelson.com.



RCMP respond to shooting on Big River First Nation

On Sept. 22, at 12:30 a.m., Big River RCMP responded to a complaint of a discharged firearm at a residence located on Big River First Nation.

RCMP and EMS responded to the dispatch address and upon arrival located a 33 year old male suffering from a gunshot wound to his upper body.

The male was conscious and able to

advise police and medical personnel of his condition. The victim was transported by EMS to Parkland Integrated Health Centre in Shellbrook for immediate care.

The victim is reportedly in stable condition.

Sunday, Big River RCMP, along with Prince Albert Forensic Identification Services, conducted a search warrant at a residence on Big River First Nation. Multiple firearms were seized.

As a result of the police investigation, 19-year-old Tristan Whitefish from Big River First Nation was arrested.

Whitefish has been remanded to custody and has been charged with aggravated assault, as well as numerous firearms related offences under the criminal code.

Whitefish will be appearing in Provincial Court in Prince Albert.

COMMUNITY CALENDAR

BLAINE LAKE: Wapiti Library - Books, Movies, Magazines, Children's Section, Internet, Printing, Study/Meeting Space, Proctor Service, Community Programming. Hours: Wednesday 12 pm - 6 pm; Friday 1 pm - 5 pm; Saturday 12 pm - 4 pm. Contact us for more info 306-497-3130, www.wapitilibrary.ca.

CANWOOD: Canwood Branch of Wapiti Regional Library. Regular Library Hours - Tues. 1 - 5 p.m., Thurs. 10:00 a.m. - 4 pm & Friday 1 - 5 pm. Storytime: Fridays 2 pm. Play cards the 1st & 3rd Wednesday of the month at 2 pm. Crafter's Choice the 2nd & 4th Tuesday of the month at 10 am.

DEBDEN: Wapiti Library hours: Monday 3 pm - 7 pm; Tuesday 11 am - 4 pm. Librarian: Aline Hannon

LEASK: Wapiti Library & Legacy Gallery Hours: Tuesday 1 pm - 5:30 pm; Friday 10:30 am - 5 pm; Saturday 1 pm - 5 pm.

MARCELIN: Wapiti Library is open Tues. 2 pm - 6 pm; Thur. 2 pm - 8 pm; Sat. 10 am - 2 pm. For information on all your library needs, please contact 306-226-2110.

SHELLBROOK: Shellbrook Branch of the Wapiti Library located at 105 Railway Ave., West (Provincial building). Library Hours: Mon. 2 - 6:30 pm; Tues. 2 - 8 pm; Wed. 2 - 8 pm; Thur. 2 - 6:30 pm; Fri. 9 - 4 pm. Children's Story Time: Fri. 10:30 am (Sept - June).

SHELLBROOK: Shellbrook Theatre Movie Night, Fri., Oct. 4, Aladdin; Fri., Oct. 18, Toy Story 4. Doors Open 7 p.m. Showtime 7:30 p.m. Cost is \$5

SHELL LAKE: FALL SUPPER - Sunday, October 6 - Shell Lake Lions Hall. Doors Open 4:20 pm, Supper 5 - 7 pm. Adult - \$14; Under 12 - \$5; Under 5 - Free. Sponsored by Our Lady of Smiles & Partners in Worship Churches, Shell Lake

CANWOOD: Canwood Fall Supper - Canwood Elks Hall, Sunday, October 27, 4:30 to 6:30 pm. Adults \$15 • 12 and under \$10 • Preschool Free. Proceeds to maintenance and expenses of Canwood Elks Community Hall. Sponsored by Canwood Elks & Royal Purple Elks

CANWOOD: Canwood Royal Purple Annual Crafts & Home-Based Business Sale, Saturday, November 2 @ Canwood Elks' Community Centre, 10 am - 3 pm. To book a table call Glenda 306-468-7166 or Linda 306-468-2253 ~ \$25/table

SHELLBROOK: Harvest Tea & Bake Sale, Knox United Church, Shellbrook, SK. Saturday, September 28 - 2 to 4 pm. \$5 per person. All are welcome!

SHELLBROOK: To celebrate Seniors Week, Shellbrook Seniors Centre is having a Fall Tea. Dessert & Coffee/Tea. Friday, October 4, 2 - 4 pm. Everyone welcome!

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Curlers eyeing distant Olympic trials

The 2019-20 curling season is under way (does it ever really end??) and competitive curlers across the land have brought out their Sharpies to circle a date on their calendars two years' hence.

Oh, they care about the Grand Slam events and they care about the provincials early next winter, and they care about the Brier and Scotties, to be played in Kingston, Ont., and Moose Jaw respectively, and they care about the world curling championships in late spring, but what they are really concentrating on is qualifying for the Canadian Olympic Curling Trials in Saskatoon starting Nov. 27, 2021.

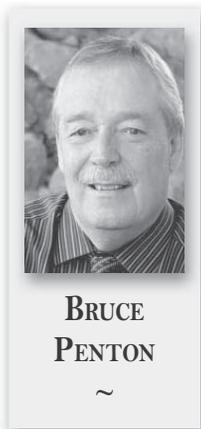
Winners on the men's and women's side in Saskatoon will proudly wear the Maple Leaf at the 2022 Olympic Games in Beijing, and all the shuffling of personnel that took place among rinks within the last 18 months or so was done with the Trials in mind.

The dominos started falling at the end of the

curling season in the spring of 2018. Marc Kennedy, Kevin Koe's vice-skip, decided to retire. Recruited to fill his spot was B.J. Neufeld, who was available after members of the Mike McEwen rink scattered. McEwen joined forces with fellow Manitoba skip Reid Carruthers, which left a number of curlers in the Keystone Province in a 'free agency' situation, so to speak.

Then, this past spring, third Ryan Fry left Brad Jacobs' rink after a controversial winter, and hooked up with the John Epping foursome from Toronto, bumping Craig Savill into involuntary retirement. Fry's spot was immediately filled by Kennedy, who decided one year away from competitive curling was enough to recharge his batteries.

The Pinty's Grand Slam season starts in Chatham, Ont., this week, with the Elite 10, a big money event featuring the world's top 10 men's and women's rinks. World Curling Tour events continue all



BRUCE
PENTON

winter, with the Brier and world championships highlighting the spring curling season. But Canada's best curlers will be merely using 2019-20 as a tuneup for the biggie — 26 months from now in Saskatoon.

For Canadian curlers, Olympic redemption will be on their minds. Koe's Canadian rink finished fourth, out of the medals in PyeongChang, as John Shuster's American foursome shocked the curling world. On the women's side, Ontario's Rachel Homan had a miserable event, finishing out of the playoffs as Sweden's Anna Hasselborg won gold.

• Dwight Perry of the

Seattle Times: "The 'fair-price' payout by the Tooth Fairy has skyrocketed to \$3.70, according to a survey commissioned by Delta Dental. Which is certainly good news if you're an 8-year-old or a hockey player."

• RJ Currie of sports-deke.com: "Historians say the practice of setting figures a penny short of one dollar began roughly a century ago. It continues today with 99-cent stores and Canadian Football League salaries."

• Another one from Perry: "The worst city in the U.S. to drive around in, according to a WalletHub.com survey, is Detroit. Unless, that is, you happen to be at Ford Field driving against the Lions' defence."

• NBC's Al Michaels, after Antonio Brown landed in Rhode Island via private jet en route to suiting up with the Patriots: "Good thing he didn't have to go through baggage claim because he's got a lot of baggage."

• Not funny, but statistically weird: In

mid-September, Major League Baseball tweeted that Giants manager Bruce Bochy, who has been managing in the big leagues from 1995-2019, had a won-lost record of 1,995-2,019. We kid you not.

• Humorist Brad Dickson of Omaha, not a fan of Colorado football mascot Ralphie the Buffalo: "How obnoxious is Ralphie? Even PETA said, 'Go ahead — use him for animal experiments.'"

• Comedy writer Jim Barach: "Cleveland Browns say they are still looking for the fan who dumped a beer on the Titans Logan Ryan. Although the investigation has stalled as no true Browns fan would ever see fit to waste a beer."

• Comedy writer Alex Kaseberg: "Triple Crown winner Justify tested positive for drugs and should not have been allowed to run in the Kentucky Derby. They suspected Justify was on drugs when he asked to be traded from the Raiders to the Patriots."

• Another one from

Kaseberg: "Odell Beckham Jr. said he will keep wearing is \$250,000 watch during games despite the NFL's rule against it. It is a special watch, it tells Odell down to the split second when the Cleveland Browns will lose."

• Headline at TheO-nion.com: "Sam Darnold's mono diagnosis forces Jets to crack down on kissing in huddle."

• Mike Hart of the Milwaukee Journal Sentinel, on Browns receiver Odell Beckham Jr. wearing a \$250,000 watch: "Well, they were losing by 30. He had to make sure he was on time for the team bus."

• Norman Chad of the Washington Post: "I hate to state the obvious, but why wouldn't the NFL consider 'Tuesday Night Football' and 'Wednesday Night Football' as well?"

• Chad again: "The day that synchronized swimming incorporates replay challenges, I'll know it's all but over."

Care to comment? Email brucepenton2003@yahoo.ca

GOOD NEWS

OUR HERITAGE BRINGS OUT DIVERSITY

Dave Whalley DLM

First United Church, Big River

Here in the prairies, for 1000's of years, the Aboriginal people survived the harsh climate and endured many a hardship. The Aboriginal peoples had a connection to the Great Spirit. The First Nations peoples of the plains saw the beauty and had a spirituality in the land. The land was their mother, so there were important places that were regarded as sacred and special.

Beginning in Southern Saskatchewan and heading North, there are a series of places sacred to the Aboriginal peoples. We will begin at the Cypress Hills. These great hills that rise out of the flat plains were a sanctuary, a hunting ground, and a sacred place. No one tribe claimed ownership of those hills and during the winter, many nations would gather in safety and comfort there. Heading north now and just

naming a few of the sacred places for Indigenous spirituality, we come to the Great Sand Hills. These spectacular sand dunes on the flat prairie are one of the places where the spirits dwell. People seeking guidance and enlightenment can still go to these hills today.

A little further north we come to "Bull's Forehead", which is a butte or hill where the Red Deer and South Saskatchewan Rivers join. Early people would go to pray at the top of the butte. Going further North we come to Sounding Lake and Manitou Lake. These lakes are sacred to the Indigenous people. "Manitou" means "God, the Almighty", or a "Great Secret".

Just a short distance North, and a little bit West, we would come to the site of the Iron Creek meteorite, which fell long before the arrival of the Europeans. For many years this was a place of reverence and worship, until Rev. John

McDougall, a Methodist missionary removed it. The meteorite was taken to Winnipeg and later to Victoria college in Toronto. In 1972 the meteorite was taken to Alberta and now sits in a position of prominence in the provincial museum. This meteorite was probably located on a hill that is known as "Strawatach Hill". This meteor was known as the "Manitou Stone" and it showed the clear outline of a man's face.

One last sacred place is Governor Hill and Governor Lake on Red Pheasant Reserve. It was only a mile away from where I grew up and I spent many quiet hours there. On the hill, there were strips of colored cloth tied on the branches of trees, prayers to the spirits. I felt a very spiritual connection to the Creator there. I have taken my life partner there to show her this sacred place.

These are just some of the sacred

places that I have spent time at in my life, and I really felt surrounded and held by the Creator at each one. This is where I learned that God is present with me all the time, guiding my life.

History can be very different depending on who is telling it. Napoleon said that; "History was a group of lies agreed upon." In 1690, Henry Kelsey was the first white man to see the land we call Saskatchewan. He was sent by the Hudson Bay company to increase the fur trade business. Kelsey's expedition was halted at the present site of Nipawin, which means, "a place where they stand and wait." I am told that in Saskatchewan we are blessed with people from over 100 different countries. We are so fortunate that all of us in Saskatchewan are treaty people. We are all living on treaty land and the treaty land provides our living.

Continued on page 12

GOOD NEWS

OUR HERITAGE BRINGS OUT DIVERSITY

Continued from 11

We have such a shared heritage, here in Saskatchewan. We are a province of diverse communities. As foreign immigrants came in larger numbers, starting in about 1890, to take up residence in our province, they began to add to the culture in the area. Immigrants were met with discrimination and suspicion from the locals who were already there, and this caused the newer immigrants to stick together in their own little communities. These "mini communities reflected the native language and culture of those living there. They avoided conflicts with other cultures by staying in their own community. And let us not forget to include the injustices and discrimination that went on toward our Aboriginal brothers and sisters.

Just some examples of ethnic communities are Debden, which is French – Wakaw, which was a Ukrainian community – Hague was a German Mennonite community – Blaine lake was Douk-

hobor – Moose Jaw had a large Chinese community – Humboldt is a German community – and Biggar, which was a large English community. There were two African American communities, one just South of Battleford, near Cando and the other was near Maidstone. All these population groupings attempted to retain their culture, language, and family ties.

I was raised south of Battleford, and I can remember that a mixed marriage was if an Aboriginal, English or Ukrainian person married a Norwegian! After all, they were Lutherans! It was just fine if an Aboriginal married an English person or if a Ukrainian married an English person. Boy, have times changed!

Just in my life time, acceptance and understanding has come a long way. I am sure that the Creator is smiling upon all of us as we keep going forward and understanding that we are all God's children. I am proud that the United Church of Canada was the first

church or organization in Canada to apologize for our role in the residential school system. We are still working on reconciliation and truth on this issue. I am also proud that the United Church established the "All Native Conference" within our structure as suggested by our Aboriginal brothers and sisters. The Rev. Stan McKay was the first Aboriginal leader of an organized church in Canada.

God is working with us to break down barriers that were erected by our forefathers and mothers. We still have so much work to do in our world to bring about true Godly love, peace, hope, and joy to our communities. We all must pray and work on those goals that the Creator has directed us to do.

When we can understand and put into practice God's mission that we are all to be loved, honoured, respected and supported, we will be getting closer to the "new Jerusalem".

Sometimes now, we let issues divide us as a people. And we let opin-

ions alienate us from one another. We lose sight of the fact that we believe in Jesus Christ and are bound together by and in him. And because our interpretation of scripture is viewed as involving more than taking words or sentences out of context into today's world, in order to impose a new law, our struggle to understand the will of God is more complex than it is in literalist tradition.

All that really matters is "What would Jesus have to say?" "What does Jesus say?" "What does Jesus call you and me to do and say?" "How does Jesus inform our thoughts...our opinions...our decisions? How does the will of God impact on our lives, our thoughts, our politics and policies?"

And in all of that, the question for the church is this: How can we establish a church community which holds us together in love? And at the same time, how can we live in

community in which we can name and live with differences that confront us with gentleness, and acceptance, and humility, understanding, and kindness?

First of all, I think we need to recognize the fact that we are different. We are individuals. We come from different backgrounds and have different temperaments and different experiences in life that have shaped us. Our religious experiences are different. Our beliefs are different. We experience God in different ways. Jesus speaks to us in different ways. And each of us has an opinion which is influenced by all those things. That can be cause for joy!

Living joyfully, fully, and responsibly in our community is abundant life as told in the Bible. The best kind of church is where people bring their favourite customs out of their own traditions. That is what will make

us unique. Differences are more than okay. Differences can be wonderful! Only together can we achieve anything. Only listening to the voice of the shepherd, loving each other, and working together, can we be the church.

We are wise if we do not dwell on the shifting theology of our day which, as it always has, moves and changes and grows in response to the issue and problems unique to our times. We are wise if we do not place our trust in anything so fickle and human and changeable as our own opinions. We are wise if we listen to our leader – Jesus, and love each other into the safety and freedom of life in the kingdom of our Creator.

I pray that we all go forward with a new understanding of inclusiveness and acceptance, so that we will be able to build the society that God wants us to build with love and respect for each other.

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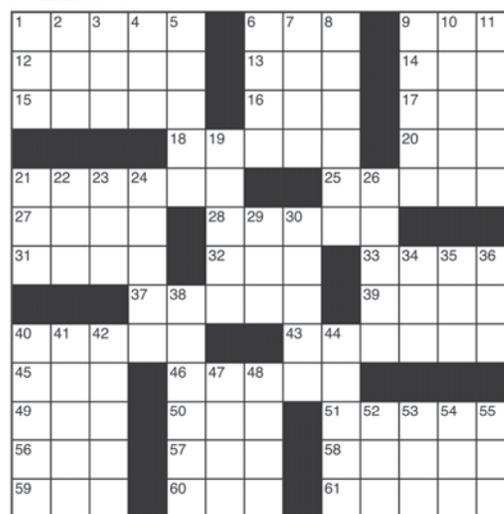
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ACROSS

- 1. Potent particles
- 6. Touch lightly
- 9. Sib
- 12. Airman
- 13. 12th letter
- 14. Upper-body limb
- 15. Church leader
- 16. Be situated
- 17. Also
- 18. Join forces
- 20. Pen's contents
- 21. Suppose
- 25. Firmly packed
- 27. Gather in
- 28. Possessive pronoun

- 31. Broadway hit
- 32. Have brunch
- 33. Bowling path
- 37. Globe
- 39. "Lyn' ____"
- 40. Borders on
- 43. Wading birds
- 45. Clip
- 46. Sharp outgrowth
- 49. Be obliged to pay
- 50. Island drink
- 51. Severe
- 56. Female lobster
- 57. Develop
- 58. Of the country
- 59. Increase
- 60. Hankering

- 61. Gives temporarily
- DOWN**
- 1. Chimpanzee
 - 2. Rock's Tuesday
 - 3. Vintage
 - 4. Larry, Curly, and ____
 - 5. Play a lute
 - 6. Snack place
 - 7. Came to ground
 - 8. Runs, as dye
 - 9. Soft fabric
 - 10. Certain golf clubs
 - 11. Puff away
 - 19. More recent

- 21. Curve
- 22. Baltic or Bering
- 23. Took a load off
- 24. Disturbed
- 26. Moray fisherman
- 29. Bowler or fedora
- 30. "The ____ Side of the Mountain"
- 34. Sailor's consent
- 35. High-wire precaution
- 36. Snakelike curve
- 38. Off the right path
- 40. Island greeting
- 41. Greeted formally
- 42. Capsize
- 44. Knot
- 47. Immense
- 48. Sign of the future
- 52. Ball or card
- 53. Decorative vase
- 54. Little bit
- 55. Subways' cousins

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He is gone, but not
forgotten,
And, as dawns
another year,
In our lonely hours
of thinking,
Thoughts of him
are always near.

Days of sadness
will come o'er us,
Friends may think
the wound is healed,
But they little know
the sorrow
That lies within the
heart concealed.

Sadly missed and
forever remem-
bered,
Mom, Dad, Lorna,
Kelvin, Travis,
Theresa, Sophie,
Tanner, Shane,
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So many will
remember him and
things he used to
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To all he is just
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Love you, Katie
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Sunday 11 a.m. & 6:30 p.m.
Pastor Lorne Valuck

**SOVEREIGN GRACE
BAPTIST CHURCH**
Currently meeting in
homes on Sunday morning
& Wednesday evenings
Parkside 306-747-2309
Leask 306-466-4498
Marcelin 306-226-4615

EVANGELICAL FREE

Big River
11:00 a.m. - Worship
Bible Classes 9:45 a.m.
Summer: 10:30 a.m. - 12
306-469-2258
Youth Nite: Fridays
Mont Nebo
Bible Study & Prayer
Sun., 11:00 a.m. - Worship
Pastor Bill Klumpenhower

CATHOLIC CHURCH

Debden
Sun. Mass - 9:30 a.m.
Fr. Michael Fahlman
Big River - Sacred Heart
Sun., 11:30 a.m. - Mass
Whitefish
Sun., 2:30 p.m. - Mass.
Victoire
Sat., 7:30 p.m. - Mass.
Fr. Michael Fahlman
Eucharist Celebrations
Muskeg
Sunday, 3 p.m.
St. Agatha's - Shellbrook
Mass - Sunday 9 a.m.
St. Henry's - Leask
Mass - Sunday - 11 a.m.
Mistawasis
2nd & 4th Sundays, 1:30 p.m.
Fr. Phong Tran

PRESBYTERIAN

Mistawasis
Sunday worship
11:00 a.m.
Rev. Katherine Bretzlaff

SEVENTH DAY ADVENTIST

407-2nd Ave E, Shellbrook
Sat., 9:45 a.m. - Sabbath School
Sat., 11:00 am -Worship
Broadcast on
VOAR 92.1 FM
Pastor Scott Manly
306-747-3305

ANGLICAN CHURCH

Leask - All Saint's
Sunday, 9 a.m. - Service
St. Andrew's - Shellbrook
Sunday, 11 a.m. Service
Canwood - Christ Church
Sunday, 11 a.m. - Service
2 p.m. Service 2nd Sunday
of the month
Rev'd Eyad Ajji
306-980-5916

UNITED CHURCH

Shellbrook - Knox United
Sun., 10 am - Worship
306-747-3434
Big River
Sundays
10 a.m.. - Worship
at Anglican Church
Rev. Dave Whalley
306-747-2804

MENNONITE

BRETHREN CHURCH
Blaine Lake Gospel Chapel
109 Railway Ave. W.
Blaine Lake
306-497-3316
Pastor: Rick Schellenberg
Sunday, 10:30 a.m.
Worship



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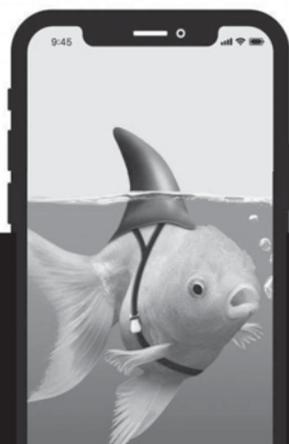
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Youth Mission Trip to Peru 2021



Debbie Helm, Kim Zawislak, Emma Zawislak, and Diedre Tang (guitar).

The Debruijn family.

The Immanuel Lutheran Church choir.

**Submitted by
Kathy Buckingham**

Youth immersed in mission work, mission life, Peruvian culture, and Peruvian food

Our inspiration is

to assist missionaries Nicolas and Shannon Kraft in Monsefu, Peru to forward their mission vision, "Love and Serve."

To do this, we have

a monetary goal of \$13,750 for the five youths trip.

To accomplish our goal, we have been doing a variety of fundraisers since April, 2019, including a bottle drive, ticket sales, a

hamburger sale, and a gospel music jamboree on Sunday, Sept. 15 at Parkside's Immanuel Lutheran Church, with admission by donation.

It was an uplifting musical ministry, presented by talented vol-

unteers: Julia LaMontagne, David Wilson and Jon and Katie Olson, the Debruijn family, the Immanuel Lutheran Church Choir and Quartet, Emma Zawislak, the Ordale Singers, Hubert Smith, Niena Anderson, Ed Peters, John Dodman and Haylie Peters, and the Helm family.

Hosting this event kept group members busy organizing, working the sound system, adjusting microphones and chairs, or making and serving the snacks, coffee and juice. Then, with the clean up, there was a job for each of us.

Your encouragement and monetary support brings the total funds raise to \$2,634 since April.

Thinking ahead to Saturday, Oct. 26, we are planning to have a huge indoor yard sale at Parkside's Immanuel Lutheran Church from 8 a.m. to 4 p.m.

Donations received for this should be new or gently used.

God bless you!
From group members: Hannah Remus, Brett Stene, Teegan Fuller, Haylie Peters, Emma Zawislak, Ed Peters, and Kathy Buckingham

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John Dodman, Haylie Peters, and Ed Peters.



Hubert Smith.