

Shellbrook Chronicle

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Willoughby triumphs at Parkside Demolition Derby



Derek Willoughby receives the Parkside Demolition Derby trophy from Parkside Community Club president Jeff Ledding, after bashing his way to victory in the derby's championship heat.

Conditions were ideal for automotive mayhem on Saturday afternoon, when the Parkside Community Club invited nearly 3,000 people to take in its annual Parkside Demolition Derby.

A mainstay in the small community of about 100 people over the past 37 years, the Parkside Demolition Derby has become a summer checklist item for many in the area, and even for those from much further afield (this year's audience included guests from Australia, New Zealand, France, and Germany, to name

a few places).

Organized and run each year by a small corps of dedicated volunteers – as well as some folks who just decide to pitch in the day of – the Parkside Derby has raised some major funds for some important local and provincial causes. And this year's derby certainly continued to build upon that legacy.

"We're very pleased with the turnout and the community support from surrounding businesses and volunteers, and everyone who helped out," said Jeff Ledding, president of

the Parkside Community Club.

"It's so good to see all the volunteers coming together, and working and helping out to make this happen. Without the volunteers, there would be nothing there."

While Ledding says that the take at the gate was pretty much on par with previous years, he did note that there seemed to be a large number of first timers, as well as more people from outside of the area.

What's more, although the final total won't be known for a few days yet, there's already

one metric by which the derby was an immense success: the auction of the 2019 charity car.

The charity car was first introduced at the 2017 Parkside Demolition Derby, and, in its first year, it brought in \$3,900 for the Jim Pattison Children's Foundation. In 2018, meanwhile, a Joker-themed charity car raked in \$6,700 for STARS Air Ambulance.

This year's charity car, a replica of the General Lee from the TV show *The Dukes of Hazzard*, dwarfed the first two years, selling for \$15,000 to Rob Forbes.

Those proceeds will stay with the Parkside Community Club, and, along with the other profits from the derby, will be donated to a number of local and regional causes.

Of course, though everyone loves to help out a good cause, the main attraction on the day was the vehicles, starting with the barrel races.

There, with Brett Skarpinsky behind the wheel, the General Lee showed that it was no slouch as it took first place with an impressive time of 18.72 seconds.

Continued on page 2

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Willoughby triumphs at Parkside Demolition Derby



By the time he was finished winning both truck heats in his first derby appearance, Austin Ferster didn't have much truck left. Still, he was at least \$800 richer.



The General Lee, this year's charity car, goes for a ride on Carl Sand's hood after delivering a back-end blow.

Continued from 1

Joel Beam was close behind in his truck, finishing with a time of 19.94 seconds, while Kyle Simmonds finished third in his truck with a time of 20.47 seconds.

On the growing truck derby side of the auction, the first time proved to

be the charm for Austin Ferster, who went the distance in both heats to take home \$800 in prize money. Long-time derby competitor Ryan Peake earned second place honours, and \$200, in heat one, with Joel Beam taking third place and a \$100 pot.

In heat two, Tyler Davis took the second place finish, with Kyle Simmonds finishing third.

Moving on to the main event, this year's derby saw 19 drivers compete across three separate qualifier heats. Employing last man standing rules, the first heat saw Jamie Dumais outlast Matt McNeice to punch his ticket to the final.

In heat two, meanwhile, Brett Skarpinsky took no prisoners in the General Lee, out-smashing Cody Sommerfeld to make it to the finals. And, in what was an impressive display of driving skill, Derek Willoughby managed to outmanoeuvre Ethan Skauge in the

longest heat of the afternoon.

After the drivers were given some time to salvage what remained of their vehicles, it was time for a pair of consolation heats. Here, John Martin, Matt McNeice, Nola Ferster, Dawson Doucette, Ethan Skauge, and a student-built vehicle being shared by Tyson Crawford and Jake Feige, managed to smash and crash their way into the finals.

With the sun slowly starting to set, the flag was waved to begin the nine-car championship heat. Ethan Skauge and Nolan Ferster were among the first to go down, with Jamie Dumais and Crawford following shortly after.

Despite a strong run throughout the day, Skarpinsky was forced to pull the flag on the General Lee to signal his surrender. Then, John Martin was eliminated just shy of the top three.

After suffering what was perhaps the biggest hit of the day, perennial Parkside Demolition Derby runner-up Matt McNeice was left with a smoking wreck and had to bow out in third place, leaving only Doucette and Willoughby.

In the end, Willoughby managed to hold on and

take home the winner's pot, the bragging rights, and the 2019 trophy.

Aside from the thrilling hits to be seen at the derby grounds there were even more hits of a different kind dished out over the weekend, during the two-day mixed slo-pitch tournament. Here, the team of Balls Deep took the top prize, with Tippy Canoe finishing in second place.

And, as always, the derby was capped off with a dance and concert, headlined this year by The Dirt Rich Band.



Dawson Doucette rams into the rear of Matt McNeice's car during the championship heat.



Eventual derby winner Derek Willoughby slams into Ethan Skauge's vehicle.



Even with this little truck remaining, Kyle Simmonds managed to hold on and take third place in the second truck heat.

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Willoughby triumphs at Parkside Demolition Derby



Brad Stewart takes a trip around a barrel, kicking up dirt the whole way round.



Despite finishing second in the second truck heat, Tyler Davis was just happy to have taken part.



Nolan Ferster slams into Aiden Frank's car, just to make sure it's out of commission.



This year's slo-pitch tourney winners, Balls Deep.



Derek Olson delivers a hard driver's side hit to Jamie Dumais. After winning both the truck and car derbies in 2018, Olson failed to go the distance in either this time around.



This year's charity car, bought by Rob Forbes, raised a record-setting \$15,000. That money will stay with the Parkside Community Club, until it gets donated to a good cause.



After a fast and furious start to their heat, these three drivers apparently decided to take a breather and practice their parking.



After what had the makings of a decent barrel race run, Derek Olson sent the end barrel flying to earn himself a five-second penalty.

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“Day 2”

Can there be anything as peaceful as the sight of three sleeping granddaughters, aged 7, 4, and 13? We took a moment drinking in the scene before turning out the light and dragging our exhausted selves into our own bed.

Fear not. The three of them were in a king-sized bed, so individual space wasn't an issue. Even so, Junebug and Marchbug were close together, foreheads touching, a gentle reminder of just how close these two are in the waking hours. The Boss was clinging to the edge of the bed – by choice – having minutes before finished browsing her cellphone for the day.

We were in our room at the Hilltop Inn in Salmon Arm, and the three had played themselves out in the swimming pool, located within whispering distance from our room.



DAVE
HYNDMAN
~
Columnist

It was great for Junebug, as she was able to touch bottom anywhere except where the water drained, so she didn't require a lifejacket or swimming vest. Marchbug, however, being somewhat shorter, needed a vest in order to stay afloat. It worked perfectly, except for when she wanted to do a duck dive. She could get her face in the water, but nothing else.

She cried twice on this trip, both times issuing a plaintive “I want to be five”, presumably because then she wouldn't need a vest and she would be able to dive and swim like her big sister.

She was eight months away from five, but I felt her hope was to be magically awarded five because she wanted it so badly.

She was the last to fall asleep, thus giving us the scene I related at the top of the column.

She was also the first to wake up. Early. Very early. We had gained an hour heading from the Mountain Daylight time zone to the Pacific Daylight time zone, but she wasn't about to let us enjoy that hour asleep.

Breakfast was included with the room, and going to the dining room each morning to eat accomplished two things: (1) It killed a crucial period of time waiting until the pool opened for the day; and (2) It gave Grandma some very important quiet time.

The pool opened at nine. The three were in it by 9:01. Grandpa took a little longer to get into it, but eventually it happened. I'm not sure why older people find water so cold when they first get into it. Maybe it's because their blood is closer to the surface and the warm blood is shocked. I tried not to think about it, but with each step, I was reminded.

Eventually, though, you have to get out of the pool so that you can get back into the pool a little later. In the meantime, it's lunch and a shoe-buying excursion to Sportchek.

There was a severe thunderstorm watch on our first full day in the Shuswap, so boating was put on hold. Instead, we went to Scotch Creek for a visit and supper, and then back to the hotel to the pool.

We closed down the pool that night, and it didn't take long before we had three sleeping angels once they found their way back to the room.

And there we were, at the end of Day 2, enjoying the peaceful sight of three sleeping granddaughters, aged 7, 4, and 13. We took a moment to enjoy the scene before turning out the light and dragging our exhausted selves into our own bed.



Charity Car controversy vastly overblown

Living in a small town, one never expects to make the news, unless, of course, it's in the pages of local community newspaper.

But with everyone from premiers, to national Indigenous leaders, to prime ministerial hopefuls having made stops in this area just in the past month, Shellbrook and the surrounding communities in this region have had an opportunity to take the national media spotlight in a way they seldom do.

For the most part, this has been a positive thing. But then came July 22, the day when Premier Scott Moe drew all the self-righteous indignation of the internet just by posting a simple tweet.

The Twitter post, featuring a picture of this year's charity car, and a blurb about the Parkside Community Club and all the good it's done over the past nearly 40 years through the Parkside Demolition Derby, certainly seemed innocuous enough.

However, eagle eyed Twitter users soon found something to be offended by – in this case the fact that the car, which was designed to be a replica of the General Lee from the famous TV show *The Dukes of Hazzard*, maintained the Confederate flag that adorned the roof of the vehicle from the series.

“Read the room Mr. Premier. This has long now been recognized as a symbol of hate,” wrote one Twitter user. “The fact that this tweet hasn't been deleted or appropriately been responded to speaks volumes.”

“I can't believe I have to remind the premier of Saskatchewan that the confederate flag is a universal symbol of racism, but here we are,” wrote another.

What these stalwart denouncers of racism seem to have forgotten, or perhaps just conveniently ignored, in their apoplectic fits, is that everything has its proper context.

And, as we all have seen in recent years, even something as wholesome as a Christmas song (see the controversy around “Baby it's Cold Outside”) can be demonized if examined completely out of its proper context.

For starters, there's the previously mentioned fact that the charity car for the Parkside Demolition is intended to be a replica of a vehicle from a popular TV series. In that show, the Duke brothers who drove the now-infamous vehicle were certainly never associated with racism.

That said, one supposes that the charity car could have been painted with the Saskatchewan flag, or virtually any flag other than the Confederate flag, and still looked a great deal like the original General Lee.

But then it wouldn't have been *the* General Lee that those



JORDAN
TWISS
~
News Editor

who typically watch or participate in the Parkside Derby remembered growing up wanting to drive. And, without that added nostalgic tug on the heartstrings, it might not have brought in the whopping \$15,000 that it reeled in on Saturday (thanks to an exceedingly generous bid from Rob Forbes).

This brings us to the second vital piece of context surrounding Mr. Moe's maligned tweet, which is that this was, at the end of a day, a vehicle that was meant to raise important funds for the Parkside Community Club. (Originally the Canadian Mental Health Association of Saskatchewan was to be the beneficiary, but it distanced itself from the cause after the controversy. Still wanting the organization to benefit, local donors provided another \$20,000 to the cause)

Of course, these same funds could have been raised for this worthy cause without a symbol of racism being part of the derby. But, again, it mustn't be forgotten that the amazing crew of volunteers responsible for creating the charity car had nothing other than good intentions in mind when they recreated the General Lee.

By that same token, it must be conceded that the good that the charity car accomplished doesn't undo all of the bad that is associated with the Confederate flag and its history.

And now that another successful derby is in the books, this whole overblown scenario brings to mind an important debate that we as Canadians have been having in recent years regarding some of the less-than-flattering pieces of our national history.

In this age in which nuance seems to be a foreign concept and everything is either black or white, there are those who believe that we will be better off as a nation if we relegate our past shames to the dustbin of history, and erase all memory of them.

Rather than having frank, educational discussions about controversial historical subjects, such as the legacy of Canada's first prime minister, Sir John A. MacDonald, these people would rather see all statues of him destroyed or removed from the public eye, and all buildings bearing his name renamed to something more palatable.

The trouble with this, as opposed to, say, adding a plaque to such statues and buildings that better explains MacDonald's legacy in the proper context, is that it doesn't undo the bad that has happened. It simply makes people forget it.

And, as 19th century Spanish philosopher George Santayana famously posited, those who forget the past are doomed to repeat it.

Report from the Legislature

July has been a busy month with Saskatchewan playing host to the Council of the Federation, an annual summer gathering of Canada's Premiers, as well as the 29th Pacific North-West Economic Region (PNWER) Annual Summit in Saskatoon.

The Council of the Federation was an opportunity to work on removing barriers to internal trade, advance access to international markets, labour mobility and immigration. Priorities at this gathering also included strategic infrastructure investment, climate change policy, health-care sustainability, and mental health and addiction services.

PNWER, a non-partisan, private/public non-profit organiza-



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tion created to advance common interests of its member jurisdictions, brought over 400 provincial and state legislators and private sector representatives to Saskatchewan to address a range of issues impacting and of interest to the regional cross-border economy.

Trade, transporta-

tion and a fair tax and regulatory environment were key themes at both of these events. These are the 3 Ts Saskatchewan industries require to succeed.

The U.S. is Saskatchewan's most important trading partner with 84 per cent of our imports coming from the United States. This includes consumer items but also bringing products to operate our key industries like mining, energy, manufacturing and agriculture – industries that in turn produce an exportable product that often times will head south again to have value added to it before it's headed off to the world.

While Saskatchewan's economy continues to grow and evolve, our fortunes depend on



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market access and our market relationships around the world.

As it stands now, Saskatchewan trades \$30 billion worth of goods and does business with about 150 different countries each year. We need to work to maintain and build upon those relationships, and we need a tax and

regulatory environment that's competitive. We need transportation ability to move the goods that we produce, harvest and manufacture, and we need trade agreements with countries around the world.

Since the United States is one of Saskatchewan's biggest trading partners, PNWER's work on trade is critical to our province's economic success. Many of PNWER's current initiatives, such as its work on energy and the United States-Mexico-Canada Agreement (USMCA), align with Saskatchewan's goals and priorities.

Leaders at the summit discussed the USMCA, Indigenous economic development in the Northwest, climate pol-

icy, energy innovation and resilience, water policy, invasive species and advances in agriculture technology and livestock health planning.

Hosting both the Council of the Federation and PNWER, provided Saskatchewan with a tremendous opportunity to showcase our competitive business climate and diverse resource sectors, advance our shared interests, and to continue to build strong relationships with our partners.

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form small favors, take their friend shopping, for coffee in or out of the hospital, and recognize birthdays, Christmas, & special occasions.

Shifts: Flexible, once or twice per week.

Activity Programs – Big River Health Centre (306) 469-2220

Volunteers will assist the staff with activities and set up for such. Depending on the needs of the facility, duties may include assisting with crafts, shopping trips, birthday parties, special functions, music therapy, exercise programs, bowling groups, horticulture, painting, baking, etc.

Shifts: 9 a.m. – 12 p.m. or 12:45 p.m. – 4 p.m., Monday - Friday

If you are interested in this or any other Volunteer service position, or if you have a particular skill or talent you would like to share with the patients, residents or clients, please call your

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U14 Heat show grit hosting New Zealand



Ava Ledding attempts to slide into home plate, but meets a wall in the form of New Zealand's Jayah Lee.



Shellbrook heat pitcher Abby Ledding winds up and delivers a pitch during game two of a double-header against New Zealand.

In what has been a summer filled with international softball, the ladies of the U14 Shellbrook Heat got in on the action Friday evening, hosting the U14 ISA New Zealand girls squad in a 2019 Super 8 Inter-

national Softball Series double-header.

Like the U19 and U14 boys before them, the New Zealand U14 ladies have been touring North America, competing against teams from big cities and small towns.

When they rolled into Shellbrook Friday evening, they met a strong match in the U14 girls Heat.

In fact, that teams were so evenly matched that they finished game one of the double-header with a

6-6 tie, and kept things knotted up through the first inning of game 2.

On the sticks first, Abby Ledding kicked off the top of the second inning for the Heat with a solid hit and some even more impressive base running to beat a good throw to first.

Up next at the plate, Ava Ledding would hang tough for a walk. Meanwhile, Abby would eventually move on to third base, only to be sent home on a wild pitch to put the Heat up 2-1. Ava tried to follow on the same play, but was tagged out sliding into home.

Looking to keep the game close, Paige Jackson was up first for New Zealand and delivered a

hard triple deep into the outfield. She was then sent home on a fielder's choice, knotting the game back up at 2-2.

In the third inning, the Shellbrook bats went quiet. Josee Schatkoske was the only base runner for the Heat (hit by a pitch), but she was eventually tagged out attempting to steal second, and the Shellbrook batters were sent back to the dugout.

Taking advantage of Shellbrook's offensive lull, New Zealand's Jolie McMillan got on base quickly with a single to shallow right field. Two batters later, she would be sent home on another big triple to the fence, this one courtesy of Jayah Lee.

Shellbrook managed to stop the bleeding by forcing a groundout, then bounced back in the top of the fourth inning, which began with a patient at bat for Shelby Woytiuk. After earning a walk, Woytiuk moved to second on a textbook sacrifice bunt from Emry Price.

Keeping the offence alive, Kara Thiessen sent Woytiuk home with a clutch two-out double, tying things back up at 3-3.

Buoyed by strong at bats New Zealand would come out swinging in the bottom of the fourth, this time with a triple to the outfield by Joan Sutcliffe. Thanks to an errant pitch, Sutcliffe was quickly sent home to put New Zealand back on top 4-3.

Back-to-back two-out singles would push in another run for New Zealand, leaving Shellbrook acing a 5-3 deficit heading into the last inning.

Starting things strong for the Heat, Abby Ledding hit another hard single and showed more hustle beating the throw to first. She would gradually make her way around the bases, coming home on a wild pitch to close the gap to 5-4.

With two outs, Anna Gosselin showed patience at the plate, earning a walk for her efforts, and a chance to move to second on a wild pitch. Unfortunately, the Heat would come up just short, with Megan Cameron ending the comeback effort on a pop out to first base.

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Elmy offers new way of thinking about production

It is always interesting to meet up with Kevin Elmy of Friendly Acres Seed Farm at Saltcoats.

In the world of agriculture today most producers march down a rather straight road with a single goal in mind, to maximize production.

While that seems to be the obvious goal for farming, Elmy is taking what poet Robert Frost once termed 'the road less traveled'.

Elmy looks less at bulk production numbers, and instead says

he wants to increase the net return of each acre on his farm.

On the surface it might sound like the same goal, but it doesn't always work out that way.

Going after maximum production comes with a cost, one that is typically high, and is trending higher.

Such production means pouring the fertilizer to crops, and that comes with a cost.

Elmy wants to use crop rotations to produce nutrient needs for future crops, nitrogen



CALVIN DANIELS

fixed by legumes an example, or to allow natural soil processes to unlock existing nutrients, such as phosphate, rather than simply adding more. He says the effort is working and

today he applies no additional fertilizers.

Gross production also typically means continuous cropping, and that can have long term impact on soil health.

Elmy is fine with a third of his land growing crops for green manure, or simply soil health, so his crop mix includes grass and chicory and field radish. It's a mind shift for farmers today to grow a crop not meant to be harvested in the fall to be sold, but Elmy said long term he feels his soils will be the better for it.

Soils naturally have living organisms as part of its natural systems too. Spraying herbicides and pesticides and using fungicides can kill off good 'bugs' in the soil system, so Elmy looks to control weeds through rotation, and avoid applying chemicals.

In the process, Elmy has reduced his cost of production. There is no line on the ledger for fertilizers and a generally smaller one for chemicals. He points out that by reducing costs significantly, he

has reduced the risk he faces each year too.

A near crop failure because of severe weather still hurts but he doesn't have a big fertilizer or chemical bill to pay at least.

It all means he can produce less than a high input neighbour and have a stronger net return with less risk.

Elmy is not unique in his approach, there are others treading the same less taken path, but his apparent success does provide food for thought for the broader industry.

Western Canadian wheat commissions invest in research

The prairie wheat commissions – Alberta Wheat Commission, Saskatchewan Wheat Development Commission and Manitoba Wheat and Barley Growers Association – are pleased to announce a combined investment of more than \$1.9 million over four years in cutting edge research that will accelerate the future development of higher yielding, stress resistant wheat varieties for Canadian farmers.

This producer funding is part of a larger investment of \$11.2 million which Genome Canada announced earlier today. Along with Genome Canada's investment, funding partners also include Agriculture and Agri-Food Canada, the Western Grains Research Foundation and a number of industry partners. Funding for this project is being administered by Genome Prairie.

Led by Drs. Curtis Pozniak and Sylvie Cloutier and known as 4D Wheat: Diversity, Domestication, Discovery and Delivery, this research will utilize wild-wheat relatives and elite germplasm along with industry-leading genomic techniques to better understand wheat's genetic potential. The study will also examine the economics and policies of using wild-wheat germplasm sources and germplasm from in-

ternational sources.

Pozniak and Cloutier's work will be based out of the Crop Development Centre at the University of Saskatchewan and Agriculture and Agri-Food Canada's Ottawa Research & Development Centre respectively.

"The outcomes of Dr. Pozniak's work will result in diversified resources available to wheat breeders," said Janine Paly, Alberta Wheat Commission research chair. "By delivering new and useful genetic material for breeders to work with, this project could be the catalyst for subsequent high yielding and stress resistant varieties to come into the marketplace, in-turn improving farm-gate profitability."

"The ground-breaking research that saw the sequencing of the wheat genome will now take the next steps in developing wheat varieties that are genetically superior, adapted to delivering higher yields and able to thrive in the stresses of the Canadian environment," said Laura

Reiter, Sask Wheat Chair. "Sask Wheat is excited to invest \$1 million of producer money in this project, as it is cutting-edge research that will bring higher returns for producers."

"Canadian growers are continually challenged to produce quality wheat under highly variable weather conditions," said Fred Greig, Manitoba Wheat and Barley Growers Association chair. "Using their knowledge of

the wheat genome and Canadian wheat variety development, Drs. Pozniak and Cloutier will design and test systems that can more quickly move new high yield and climate resilience traits into agronomically adapted varieties to benefit wheat producers."

As this work continues to progress, the prairie wheat commissions look forward to communicating results to farmers.

THE Classifieds

small ads

BIG deals

20 words for only
\$16.00 plus GST

\$8.00 for each additional week

• Additional words 20¢

• Includes 2 papers and website

Shellbrook Chronicle

306-747-2442

chads@sbchron.com



Spruceside Arena would like to send out a big **thank you** to Canwood Cargill for sponsoring Hoodies for the English Riding Camp.

Spruceside Arena is located 25km north of Canwood, owned and operated by Melissa Stieb. This 3 day camp was designed to introduce the basics of English riding.

Riders from left to right: Reese Fisher, Anna Gosselin, Kiara Deagnon, Jenna Wood, and Jolynn Amyotte.



Spiritwood

306-883-2992

ON AND OFF ROAD WELDING UNITS



Lilies in Bloom brings buzz of activity to Honeywood

**Submitted by
Lorna Mattock**

We started off with rain most of the week, and come Sunday it turned out to be a beautiful day for Lilies in Bloom.

Between 11 a.m. and 4 p.m. we had 514 people come through the gate. Honeywood was a busy little place with a golf cart going from the parking lot, picking up people with their lawn chairs and delivering them up to the log house area.

We had another golf cart going back and forth to the field with people either ordering lily bulbs for the fall, or just simply wanting to enjoy the view. Some chose to walk and enjoy the beautiful day. There was no stopping this cart till 5:30.

Under the shaded trees the line-ups for the wag-



The name Lilies in Bloom was certainly fitting for Honeywood's annual summer event. Among the array of colourful lilies on display was this Beverly Ann lily.

on rides never quit. The wagon holds 12 people and it did not stop till the end of the day.

People enjoyed sitting under the tent and listening to the great Mu-

sic of Bruce Isbister & The Midnight Ramblers. What a great job they did.

Appreciation goes to the Artisans under the tent and out by the picnic tables for helping make our day. Artisans included:

- Connie Sanche - Water Colors,
- Gord & Sharon Mutch - Jewellery, Knitted items & more,
- Vi Thiesen - Quilting,
- Murray & Ruby Hanigan - Hanigan's Honey,
- Honeywood Gift Shop - Our homemade jams, jellies & relish, fresh Saskatoon's, cookbooks and Japanese Hand Hoes,
- Walter Willoughby Horticulture Society - Sold tickets on a Quilt,
- Barb Grimm - Bees Wax Candles and as always her great tasting fudge,
- Art Jones - Woodwork - showing up every time to all fundraisers

for many, many years,

- Richard & Vi Stieb - Antler Jewellery,

- Marilyn & Thom MacNeil - Joined us from Brandon, Manitoba with their homemade wind chimes and jewellery,

- Louise Diehl - Watkins, Vernel Moore - Aromatherapy, bracelets, earrings, dishcloths and tea towels,

- Lucille Scott - Painted feather bookmarks, painted pennies and more,

- Andrea Goudhawke - Wood signs, coffee mugs, wine glasses and more,

- Dann's Wood Crafts - All kinds of neat wood items,

- Ken & Cathy Tickner - Photography,

- Cheryl Tiesen - Thirty-One and Jewellery

The men were kept busy barbecuing burgers for the ladies in the kitchen, who were very, very, busy with a two hour line up at one time. That kitchen was hop-

ping with everyone enjoying the burgers, potato salad, baked beans, refreshments and of course their famous Apple or Rhubarb Crisp.

Ice cream was sold at the 50/50 table with flavors of Smarties, Cookie Dough and Oreo, always a hit on a warm day. Debbie Larson was the winner of the \$350 50/50 pot, but she generously donated \$100 of her winnings back to Honeywood.

Lilies and Perennials were sold, with people picking out their favorite colors to take home. Wrapping up the day there were bouquets made of wild flowers and lilies to take home with a donation. Doug from Edmonton was unable to be here this year to do the bouquets, so Mindy and Shelly stepped in to make them. Their efforts were very much ap-

preciated.

Much appreciation goes to all our volunteers from the bottom of our hearts, you are so important to us, this could not happen without you. We're also grateful to the staff, including Mark and Kent, for having the Nursery look so good.

We still have a lot to do before our final fundraiser for the year. This is our time to get things ready for then and for next spring, and there is always plenty to do.

A round of gratitude to everyone who came out and enjoyed the day with us. We hope to see you Sept. 15 at our "Touch of Autumn" even from 1 to 4 p.m.

We will still have lilies and perennials for sale, artisan booths, music, refreshments and Apple or Rhubarb Pie with Ice cream in the log house.

See you there.



Gale's Favourite lilies added yet another touch of colour to the day.



There was plenty to take in underneath the big tent, from artisan's wares to great music.

Test Your Survival Skills in Saskatchewan Provincial Parks

The Survival Services is a fun and educational program designed to help visitors explore parks and learn survival skills. Interested participants can visit www.saskparks.com to find when the Survival Series programs are taking place and in which parks.



Nadine Wilson

MLA for Saskatchewan Rivers
saskrivers@sasktel.net

Hon. Jeremy Harrison

MLA for Meadow Lake
jharrisonmla@sasktel.net

Hon. Scott Moe, Premier

MLA for Rosthern-Shellbrook
scottmoe.mla@sasktel.net

7 tips to prevent Computer Vision Syndrome

Computer Vision Syndrome (CVS) is a condition caused by prolonged exposure to computer screens. It's characterized by symptoms such as dry eyes, eye strain, blurred vision, headaches and pain in your neck and shoulders. Here are seven tips that can help prevent or mitigate CVS symptoms.

1. Place your screen at arm's length and 15 to 20 degrees below eye level. This will allow your head to maintain a natural position, reducing strain

on your neck and shoulders.

2. Make sure light sources don't cause glare on the screen.

3. Match your screen's brightness to the ambient light to minimize stark contrasts that can increase eyestrain.

4. Blinking is your body's way to keep your eyes moist and to clear away irritants. Studies show that staring at a screen makes us blink half as often as we normally do. If necessary, put a note on your screen to remind yourself to blink from time to time.

5. Follow the 20-20-20 rule: every 20 minutes, look at something 20 feet away from you for 20 seconds.

6. If you wear glasses, make sure they have an anti-reflective coating. You can also get glasses specifically designed to reduce eye strain due to prolonged screen time.

7. Use eye drops to keep your eyes moist.

CVS symptoms aren't permanent, but they can sometimes be exacerbated by an undiagnosed vision problem.



Minutes of a Village of Leask council meeting

(Where necessary, the following minutes have been edited for clarity or brevity)

The Minutes of the Regular Meeting of the Council of the Village of Leask which was held in the Leask Village Office on Wednesday, May 15, 2019 commencing at 7 p.m., with Mayor Arthur Spriggs, Deputy Mayor Gordon Harris, Councillors Thomas Spriggs, and JoAnne Lapierre, and Administrator DeAnne Robblee present.

The Meeting on May 15 was called to order by Mayor Arthur Spriggs at 6.40 p.m.

A. Spriggs: That the Council approved the minutes of the Regular Meeting of Council on April 17, 2019. Carried

A. Spriggs: That the Council approve the minutes of the Special Meeting on April 18, 2019. Carried

Business arising: For the administrator to look into what to do with abandoned health records.

J. Lapierre: That the council approve the proposed accounts for payment.

(6:45 p.m.: Councillor Harris removed himself from council chambers declaring a pecuniary interest for the purposes of approving Councillor Harris' reimbursements Cheque No. 8158 totalling \$19,939.22). Carried

(6:48 p.m.: Councillor Harris rejoined the meeting.)

J. Lapierre: That the council approve the financial statements presented for:

- Village of Leask Financials: March 2019

- Village of Leask Financials: April 2019

- Village of Leask Hardware Store Financials: April 2019. Carried

G. Harris: 7 p.m. Fire Chief: Devon Donohue present the Fire Department Report. Carried

T. Spriggs: That the following reports be accepted and approved by council: Foreman Report, Water Treatment Plant Report, Employee Timesheets, Leask Sports Center: Minutes April 2, 2019, Wapiti Regional Library, RCMP, Golf Course Annual Report, Administrators Report. Carried

T. Spriggs: Leask Hardware Store: That the council receive the corporation document submitted by Robert McHanson regarding the hardware store. And now title can be ob-

tained to the store. Tabled, until complete

J. Lapierre: Lagoon: Waiting for a Report from Pinter & Associates.

J. Lapierre: Resolution to give the First Reading to Bylaw No. 01/2019 "A Bylaw to Authorize A Special Tax for a Donation to the Leask Rink Committee. Carried

T. Spriggs: Resolution to give the Second Reading to Bylaw No. 01/2019 "A Bylaw to Authorize A Special Tax for a Donation to the Leask Rink Committee. Carried

G. Harris: Resolution to give the Third and Final Reading to Bylaw No. 01/2019 "A Bylaw to Authorize A Special Tax for a Donation to the Leask Rink Committee. Carried

J. Lapierre: Resolution to declare DeAnne Robblee as Returning Officer

for the 2019 By-Election for the Office of Councillor. Carried

G. Harris: Resolution for DeAnne Robblee, Returning Office to hire a Deputy Returning Officer for the 2019 By-Election for the Office of Councillor. Carried

T. Spriggs: Resolution to have the Returning Officer post Form H, Notice of Call for Nominations for the July 3, 2019 By-Election for the Office of Councillor in the Shellbrook Chronicle and the Village of Leask Website. Carried

J. Lapierre: Resolution to hold the Advanced Poll for the 2019 By-Election for the Office of Councillor on June 26, 2019 unless an Abandonment of Poll occurs. Carried

G. Harris: Resolution to hold the Election for the 2019 By-Election for

the Office of Councillor on July 3, 2019 unless an Abandonment of Poll occurs. Carried

T. Spriggs: Resolution to abandon a Voter's List for the 2019 By-Election and use Form R "Voter's Registration Form and Poll Book" instead. Carried

G. Harris: Resolution that the following properties be exempt from the \$50 Rink levy (list omitted). Carried

G. Harris: Resolution to accept the Education Property Tax Mill Rate. (No change from last year). Carried

J. Lapierre: Resolution to have Misty Ridge Farm spray the rail line with round up (residual) for \$100.00 per mile / 40 ft wide.

(T. Spriggs excused himself from the meeting de-

claring pecuniary interest at 8:45 p.m. and returned once the resolution was decided on at 8:47 p.m.) Carried

G. Harris: Resolution to install a Three-Way Stop on the intersection of 2nd Avenue & Duncan Drive. Carried

J. Lapierre: Resolution to accept the correspondence:

a. Letter from the Government of Saskatchewan re: Single Engine Aircraft Tanker Program

b. Letter from Resident re: Public Garbage Cans. Carried

A. Spriggs: The next meeting of council be held on Wednesday, June 19, 2019 at 6:30 p.m. at the Village Office.

A. Spriggs: 9:30 p.m.: That this meeting of council be adjourned. Carried

PUBLIC NOTICE R.M. OF SHELLBROOK NO. 493

Public Notice is hereby given that the Council of the R.M. of Shellbrook No. 493, pursuant to Section 207 of *The Planning and Development Act, 2007* to amend Bylaw No. 08/1981, known as the Zoning Bylaw by rezoning the proposed parcels as shown on the hatched section of the map below.

REASON

This amendment is to change the zoning of said lands from Agricultural Residential (AR) to Country Residential (CR); this land is located NW-21-49-03-W3.

PUBLIC INSPECTION

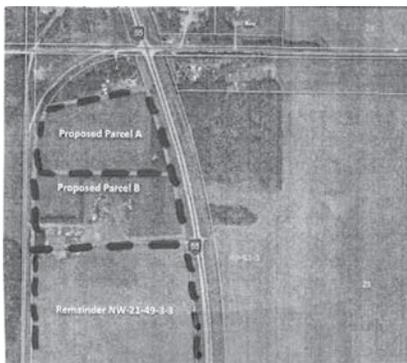
Any person may inspect the bylaw at the R.M. Office at 71 Main Street, in the Town of Shellbrook between the hours of 8:30 a.m. and 4:00 p.m. Monday to Friday excluding statutory holidays. A copy of the proposed bylaw is available at the R.M. Office.

PUBLIC HEARING

Council will hold a Public Meeting on August 7, 2019 at 10:30 a.m. at the R.M. Municipal Office located in the Town of Shellbrook to hear any person or group that wants to comment on the proposed bylaw. Council will also consider written comments received at the hearing or delivered to the undersigned at the R.M. of Shellbrook Office by 4:00 p.m. August 2/2019.

Issued at the Town of Shellbrook this 8th day of July, 2019.

Donna Goertzen
Administrator



PUBLIC NOTICE

R.M. OF SHELLBROOK NO. 493

Public notice is hereby given that the Council of the R.M. of Shellbrook No. 493 intends to adopt a bylaw to amend Bylaw No. 08/1981, known as the Zoning Bylaw.

INTENT

The proposed zoning bylaw amendment will be amended by adding:

- Section 1 (AR) Agricultural Residential District; 1.2.7 Discretionary Use is amended as follows (o) Distilleries, Wineries and Breweries AND
- Section 8 (M) Industrial District, 8.1.1 Permitted Uses (e) Distilleries, Wineries and Breweries.

REASON

The reason for the amendment is to accommodate the operations of Distilleries, Wineries and Breweries within the municipality.

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Issued at the Town of Shellbrook this 8th day of July, 2019

Donna Goertzen
Administrator

Wilson faces assault charges, remains in Caucus

Saskatchewan Rivers MLA Nadine Wilson has stepped down from her role as provincial secretary, after being charged with assault.

According to the Saskatoon Police Service, Wilson was arrested Thursday, July 25 when she turned herself into police in Prince Albert. The Saskatoon Police Service added that, following an investigation and consultations with Crown prosecutors, two charges of assault were laid against Wilson.

In his only comments on the matter, Premier Scott Moe said that the charges were related to a "private family matter." He added that Wilson, who has maintained her innocence, will remain in the Sask. Party caucus, as the charges have yet to be proven in court.

In a release issued shortly after Wilson's arrest, Saskatchewan NDP leader Ryan Meili said that an MLA facing criminal charges should resign from caucus until the matter is resolved.

"By failing to enforce that standard, the premier is sending the wrong message about how seriously he takes this charge," Meili said Friday in a statement.

Nicole Sarauer, deputy NDP leader and justice critic, said Premier Moe needs to show leadership.

"Ms. Wilson cannot represent the govt while this is ongoing," Sarauer said in a tweet.

According to official documents, Wilson was first interviewed by the Saskatoon Police Service after complaints were made against her by 87-year-old Lorraine

Kingsley Helbig — who was married to Wilson's father, Walter Helbig, until his death on April 30 of this year — and her son, Eric Hocknes.

In their complaint, Helbig and Hocknes allege that the incident, which occurred in Helbig's Saskatoon apartment on March 21, stemmed from a "bitter

family estate dispute."

On the day of the alleged assault, Helbig says she was watching TV when she heard a knock at the door. She says she couldn't see anyone through the peep hole, and got no response when she asked who it was.

Helbig further claims that when she opened the door slightly, Wilson

"whammed the door" open, injuring her arm and scratching her chest. Soon thereafter, Helbig says she called her son, who rushed over from his home, and told Wilson to leave.

When Wilson refused, Hocknes alleges, he threw her purse into the hall intending to lock the door behind her when

she retrieved it. Instead, he claims, Wilson kicked and punched him repeatedly, knocking out and breaking his hearing aid, then left after Helbig phoned the police.

None of these allegations have been proven in court.

Wilson is scheduled to appear in Saskatoon provincial court Sept. 6.

Surviving the family road trip

(NC) Looking to take the family on an exciting road trip this summer? Here are four easy tips from parenting expert Maureen Dennis to help you not just survive the trek, but also ensure everyone has a great time and makes incredible memories together.

1. Plan perfect. Planning

can be as simple or complicated as you like. Try a destination-based plan, meaning that each day you pick a target destination. On the first day, everyone is fresh, energized and very excited about getting away. Use this energy to get as far as you can on day one.

2. Explore your own backyard. If you've never done a family road trip, start small. Choose a destination two to four hours away and give your family a chance to

get used to being in the car for extended periods of time. This is especially important if you have young children.

3. Give the whole family a heads up. Speak to your children ahead of your trip and let them know what to expect. You can talk about what you will see along the way, what they can do in the car to stay busy and about managing their liquids to limit the number of bathroom breaks.

4. Fully charged fun.

Though road trips are tons of fun, it can be challenging to keep the littlest members of the family entertained in the car between stops. With the new Hyundai Palisade, parents no longer need to mitigate arguments about device chargers. The SUV houses seven USB chargers so the whole family can be plugged in for the entire road trip. Plus, three rows of seating means that everyone can comfortably spread out and enjoy the ride.

COMMUNITY CALENDAR

BLAINE LAKE: Wapiti Library - Books, Movies, Magazines, Children's Section, Internet, Printing, Study/Meeting Space, Proctor Service, Community Programming. Hours: Wednesday 12 pm - 6 pm; Friday 1 pm - 5 pm; Saturday 12 pm - 4 pm. Contact us for more info 306-497-3130, www.wapitilibrary.ca.

CANWOOD: Canwood Branch of Wapiti Regional Library. Regular Library Hours - Tues. 1 - 5 p.m., Thurs. 10:00 a.m. - 4 pm & Friday 1 - 5 pm. Storytime: Fridays 2 pm. Play cards the 1st & 3rd Wednesday of the month at 2 pm. Crafter's Choice the 2nd & 4th Tuesday of the month at 10 am.

DEBDEN: Wapiti Library hours: Monday 3 pm - 7 pm; Tuesday 11 am - 4 pm. Librarian: Aline Hannon

LEASK: Wapiti Library & Legacy Gallery Hours: Tuesday 1 pm - 5:30 pm; Friday 10:30 am - 5 pm; Saturday 1 pm - 5 pm.

MARCELIN: Wapiti Library is open Tues. 2 pm - 6 pm; Thur. 2 pm - 8 pm; Sat. 10 am - 2 pm. For information on all your library needs, please contact 306-226-2110.

SHELLBROOK: Shellbrook Branch of the Wapiti Library located at 105 Railway Ave., West (Provincial building). Library Hours: Mon. 2 - 6:30 pm; Tues. 2 - 8 pm; Wed. 2 - 8 pm; Thur. 2 - 6:30 pm; Fri. 9 - 4 pm. Children's Story Time: Fri. 10:30 am (Sept - June).

LEASK: Walter Willoughby Horticultural Society's 57th Annual Horticulture Show. Thurs., Aug. 15th @ Leask Community Hall. Doors open 2 pm - Awards 4 pm. Entries taken Wed., Aug. 14, 5 - 8 pm and Thurs., Aug. 15, 7:30 - 9 am, Judging starts at 10 am. Children's & Adult's Exhibit Categories: Vegetables - Flowers - Plants - Flower Arranging - Fruits - Crafts - Baking - Photography. For more info call 306-747-3301/306-466-2026/306-468-2841. ~Everyone welcome to enter~

BIG RIVER: Northern Light Bluegrass & Old Time, Ness Creek Site, Big River, SK. Save the date... 14th Annual Music Festival - Aug. 16 - 18, 2019; Music Camp - Aug. 12 - 16, 2019. northernlightsbluegrass.ca

SHELLBROOK: Shellbrook Summer Fair. Saturday August 24th, Shellbrook Sports Grounds. 65" TV Draw plus four additional 42" TV Draws during the Rider game, Beef On a Bun @ 4:30 pm, Rider Game @ 5 pm, Kids football under the lights, Family Dance w/DJ @ 9 pm and much more! See posters & advertisement in the August 15 *Shellbrook Chronicle* for details!

TRIPLE YOUR ADVERTISING

We'll advertise your important community event in our Community Calendar FREE for two weeks prior to the event with purchase of a 2 column x 2" Display ad for only:

\$60.00 plus G.S.T. - A savings of over 30%

Available to Non-Profit & Community Organizations Only

Call Now For Further Details

"Don't miss out on letting your Community and others know of your event!"

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PRAISE & WORSHIP

Regular services, Sunday school and special services will be listed.

LUTHERAN CHURCH

Zion - Canwood
Sunday School,
Worship Sunday, 9 a.m.
St. John's - Shellbrook
Sunday School,
Worship Sunday, 11 a.m.
Rev. Emmanuel Aristide

IMMANUEL LUTHERAN

Parkside
11 a.m. - Worship
Pastor Chris Dean

PENTECOSTAL CHURCH

Parkside
10:30 a.m. - Worship
Pastor Doug Hope
306-747-3572
Shellbrook
Sun., 10:30 a.m. - Worship
Pastor David Bodvarson
306-747-7235
Canwood
10:30 a.m. - Worship
Pastor Glenn Blazosek
306-468-2138
Leask Gospel Tabernacle
Sunday 11 a.m. & 6:30 p.m.
Pastor Lorne Valuck

SOVEREIGN GRACE BAPTIST CHURCH

Currently meeting in homes on Sunday morning & Wednesday evenings
Parkside 306-747-2309
Leask 306-466-4498
Marcelin 306-226-4615

EVANGELICAL FREE

Big River
11:00 a.m. - Worship
Bible Classes 9:45 a.m.
Summer: 10:30 a.m. - 12
306-469-2258
Youth Nite: Fridays
Mont Nebo
Bible Study & Prayer
Sun., 11:00 a.m. - Worship
Pastor Bill Klumpenhower

CATHOLIC CHURCH

Debden
Sun. Mass - 9:30 a.m.
Fr. Michael Fahlman
Big River - Sacred Heart
Sun., 11:30 a.m. - Mass
Whitefish
Sun., 2:30 p.m. - Mass.
Victoire
Sat., 7:30 p.m. - Mass.
Fr. Michael Fahlman
Eucharist Celebrations
Muskeg
Sunday, 3 p.m.
St. Agatha's - Shellbrook
Mass - Saturday - 5 p.m.
St. Henry's - Leask
Mass - Sunday - 9 a.m.
St. Joseph's - Marcelin
Mass - Sunday - 11 a.m.
Mistawasis
2nd & 4th Sundays, 1:30 p.m.
Fr. Phong Tran

PRESBYTERIAN

Mistawasis
Sunday worship
11:00 a.m.
Rev. Katherine Bretzlaff

SEVENTH DAY ADVENTIST

407-2nd Ave E, Shellbrook
Sat., 9:45 a.m. - Sabbath School
Sat., 11:00 am - Worship
Broadcast on
VOAR 92.1 FM
Pastor Scott Manly
306-747-3305

ANGLICAN CHURCH

Leask - All Saint's
Sunday, 9 a.m. - Service
St. Andrew's - Shellbrook
Sunday, 11 a.m. Service
Canwood - Christ Church
Sunday, 11 a.m. - Service
2 p.m. Service 2nd Sunday
of the month
Rev'd Eyad Ajji
306-980-5916

UNITED CHURCH

Shellbrook - Knox United
Sun., 10 am - Worship
306-747-3434
Big River
Sundays
10 a.m. - Worship
at Anglican Church
Rev. Dave Whalley
306-747-2804

MENNONITE

BRETHREN CHURCH
Blaine Lake Gospel Chapel
109 Railway Ave. W.
Blaine Lake
306-497-3316
Pastor: Rick Schellenberg
Sunday, 10:30 a.m.
Worship

Dodgers vs. Yanks could be a real classic

The Fall Classic might really live up to its name this year.

If the Yankees vs. the Dodgers in the World Series isn't a 'classic' then no matchup rates that adjective.

First-half success does not necessarily carry over through the rest of the regular season, but a quick observation of the Major League Baseball standings heading into August show that the Yankees and Dodgers — especially the Dodgers — are the best teams in their respective leagues.

While the East Division-leading Yankees were a game or two ahead of Houston and Minnesota in the overall American League standings, the Dodgers were running away from the rest of their National League foes.

It would be an end-of-season award rarity, but the Dodgers might have the NL's Most Valuable Player, Cody Bellinger, and the Cy Young (pitching) award winner, Hyun-Jin Ryu. Bellinger

and last year's NL MVP, Christian Yelich of Milwaukee, are having the two best offensive years of anyone and are likely to be neck and neck in year-end voting. Bellinger is having a career year (on pace for 55 homers) and has great backup support from Max Muncy and Joc Pederson, both of whom are on target for 30-plus home runs. Ryu, meanwhile, has little competition for the Cy Young honour, thanks to his late-July 11-2 won-lost record and 1.76 earned-run average, the only sub-.200 pitcher in the game. Clayton Kershaw, Rich Hill and Walker Beuhler round out an outstanding staff, although Hill is out for a few more weeks.

The Yankees, meanwhile, have eight players with home runs in double figures, and that number does not include slugger Giancarlo Stanton, who will easily reach that level by the time Game No. 162 comes around. Aaron Judge and Stanton, who hit 27 and 36 homers respectively last year, both



BRUCE
PENTON

missed a large chunk of the first half this season due to injuries. To fill the power void when Stanton and Judge were on the shelf, the Yanks — leading the majors in home runs by a wide margin — swung a deal for former Jays' slugger Edwin Encarnacion.

The 2019 version of Dodgers may be their best team in decades. Their last World Series title came in 1988, 31 years ago, while the most recent Yankees-Dodgers matchup came in 1981. Through the years however, Yankees vs. Dodgers has happened 11 times, the most frequent

matchup in MLB history. Come October, the Yankees' bats vs. the Dodgers' pitching should provide baseball fans with a World Series that's... well, let's call it a classic.

• Dwight Perry of the Seattle Times: "Greenland is the least densely populated nation in the world, according to 24/7 Wall Street, with only 0.4 people per square mile. In other words, it's the Marlins Park of countries."

• Comedy writer Alex Kaseberg, via Twitter, on the Running of the Bulls: "Or as the bulls call it, 'The Goring of the Drunk Idiots.'"

• Golf Digest's Ryan Herrington in an Open Championship blog, on Tiger Woods' enthusiasm on the range prior to the second round following a tournament-killing 78: "He has a resigned 'Alright, I'm here' look of a man whose girlfriend signed the couple up for neighbourhood leaf cleaning during a playoff game."

• Vancouver's Torben Rolfsen on TSN's Rolfsen

Report: "I couldn't steal a point off Serena Williams if she was blindfolded."

• Comedy guy Brad Dickson on Twitter, on Illinois football coach Lovie Smith's appearance at a Big Ten media day. "His new beard makes Smith look like a cross between the Unabomber and the bassist for ZZ Top."

• Dickson again, from the same media day event: "(Maryland coach Mike) Locksley becomes about the fifth coach of the day to say he looks for 'good citizens, good people; to fill his roster. When, in fact, you know most of these coaches would sign an escaped convict who could run a 4.3 40."

• Greg Cote of the Miami Herald: "Ice Cube's Big3 basketball league is underway. That's where old former players try to show a disinterested NBA they've still got it. It's called the Big3 because 'Has-Beens On Parade' sounded a bit harsh."

• Comedy writer Jim Barach: "Charles Bark-

ley says Zion Williamson is 'out of shape.' Barkley calling someone out for being fat is like being told you have a drinking problem by David Hasselhoff."

• From fark.com after NHL star Artemi Panarin criticized Russian president Vladimir Putin, saying it was time for him to resign: "New York Rangers free agent signing Artemi Panarin expected to miss a big chunk of next season due to ...*checks notes*... Polonium-210 poisoning."

• Headline at TheOnion.com: "Russell Westbrook quietly asks Rockets team doctor if he needs to make free throw to pass physical."

• Dwight Perry again: "Among the twosomes playing in the LPGA Tour's Dow Great Lakes Invitational team event: Pajaree Anannarukarn and Pannarat Thanapolboonyaras. The Society of One-Column Headline Writers immediately filed a grievance."

Care to comment?
Email brucepenton2003@yahoo.ca

Northern Lights 2019 promises something different

Though she concedes that she may be biased, Mona Godwin maintains that the Northern Lights Bluegrass and Old Tyme Music Festival and Music Camp is the best (albeit, not the biggest or most popular) festival hosted at the Ness Creek Campsite over the course of the summer.

"What I love most about the festival is that it's intergenerational. You can bring your parents, your grandparents, your kids, and your grandkids, and everybody's going to have fun," she said.

As the festival's entertainment director, Goodwin says that putting together a festival that can appeal to anyone and everyone has been one of the primary aims of the event's organizers since its beginnings 14 years ago.

Naturally, she adds, devising a line-up that has mass appeal requires a great deal of consid-

eration and careful planning.

For starters, Goodwin explains, organizers prioritize music that represents what the festival purports to promote, namely bluegrass and old tyme music.

Comparing putting together a festival line-up to organizing a book shelf, Goodwin calls these two main genres the bookends of the entire festival, and says organizers try to fill up the middle of the "shelf" with an eclectic mix, rather than just more of the same.

"In the middle, between those bookends, we fill up with local acts, because we don't necessarily have a lot of local bluegrass and old tyme music acts, and we also make it interesting," she said. "We want to have music that complements bluegrass and old tyme music."

The challenge, of course, comes in offering something

different, but no less interesting, year after year after year.

This year, at least, Goodwin says the festival's organizers have managed to do just that, by calling on Louisiana-based Cajun band T'Monde to headline the festival.

She adds, too, that this approach has paid dividends, helping the festival grow its audience over the years.

"We started out as primarily an old folks festival, because bluegrass and old tyme had, back then, a reputation for being music that old people liked," she explained.

"But we've done a lot of educating over our 14 years, and people in Saskatchewan are understanding more about what bluegrass and old tyme music are," she added, noting that more young people and young families are making the trip out to the festival each year.



While unique line-ups are one key element of the festival, Goodwin says Northern Lights also sets itself apart through its music camp. Regularly attracting more than 100 students each year, the music camp offers classes and workshops — led by some of the festival performers — for a wide selection of instruments in various genres.

"It's such a fun time. It's such an intimate and fabulous event," Goodwin said.

Sticking with the theme of offering something different each year, Goodwin says this year's new offering is dances and a bar at the end of the main stage on the festival's Friday and Saturday evenings.

Goodwin says she's really looking forward to this new addition.

For more information on the Northern Lights Bluegrass and Old Tyme Music Festival and Music Camp, visit www.northernlightsbluegrass.com.

What to do if your pet goes missing

Up to 10 million pets go missing in North America every year. While you can hope that your cat or dog won't be one of them, it's important to know what to do if it does happen. Here are some steps

you can take to safely bring home a lost pet.

- Notify the right people. Contact local veterinary clinics, animal shelters, rescue groups and animal control centres. Provide them with a de-

scription of your pet, the location where they were last seen and a recent photo.

- Make posters. Include your pet's photo, name and breed as well as your phone number and any

other relevant information. Post your notices on public bulletin boards at the library, community centre and grocery stores, and on utility poles in your neighbourhood. It's also a good idea to share your poster on social media networks and groups.

- Canvas the area. Walk around your neighbourhood calling your pet's name and any phrases

you typically use to call them. Knock on doors and ask your neighbours if they've seen your pet. Leave them with copies of your poster if they haven't. Search a few times a day. Your pet could be scared and may not respond to your calls right away.

Don't give up! Many pets are reunited with their owners weeks or

even months after they go missing.



OBITUARY

Richard Bonik



BONIK – Richard Herman Bonik, late of Winnipeg, MB and formerly of Shellbrook, SK, passed away on July 24, 2019 at the age of 69 years. Richard will be lovingly remembered by: his partner: Regilee Atagootak; his daughter: Carrie Bonik-Fehr

(Roger) and children, Taylor Humm (Emily) and Finn, Jordan Humm, Shandy Fehr (Donna) and children, Elijah, Hannah, Meikah, and Violet, and Shalyn Fehr; his son: Cameron Bonik (Lisa) and children, Devon Smith (Erin) and Layla, William Smith, Shelby May, Cal Henderson and Jeremiah and Gordon; and his son: Rick Bonik (Kim) and children, Bria and Ava; his siblings: Irene Abraham, Kenneth Bonik (Peggy), Janet Hartman (Neil), Alfred Bonik, Sylvia Kisiloski (Len), and Carol Markling (Dave). Richard was predeceased by: his parents: Gustav and Stella Bonik, his grandparents: Gottlieb and Karoline Bonik and Jacob and Mary Tenz; his uncles: Fred Tenz and Wil-

liam Parker; and his brother-in-law: Robert Abraham. The Memorial Service for Richard will be held at 11:00 a.m. on Saturday, August 10, 2019, at Shellbrook Seniors Hall, Shellbrook SK, with Pastor Emmanuel Aristide officiating. Interment will follow in Brightholme Cemetery. In lieu of other tributes, donations in memory of Richard may be made to the Canadian Cancer Society, 54 11th St. E, Prince Albert, SK, S6V 0Z9. Family and friends wishing to send online condolences are invited to visit www.beaulacfuneralhome.com. Funeral arrangements have been entrusted to Beau "Lac" Funeral Home, Prince Albert, Tracy-Lynn Lenchuk, Funeral Director (306-763-3322).

CELEBRATION OF LIFE

Vivian Willick



Vivian Willick (nee King) passed away unexpectedly but peacefully in her sleep on Saturday July 13, 2019 at her home in Saskatoon, SK. Please join us for the Funeral Mass and celebration of her life on Monday August 5, 2019 at 3:00 p.m. at the St. Joseph Catholic Church in Marcelin, SK. Fellowship and lunch to

follow at the Marcelin Community Hall. In lieu of flowers, please donate to the Alzheimer's Society of Saskatchewan or the Heart and Stroke Foundation. Funeral arrangements have been entrusted to Beau Lac Funeral Home (beaulacfuneralhome.com), Mark Muir Funeral Director, Leask, SK (306) 466 - 4822.

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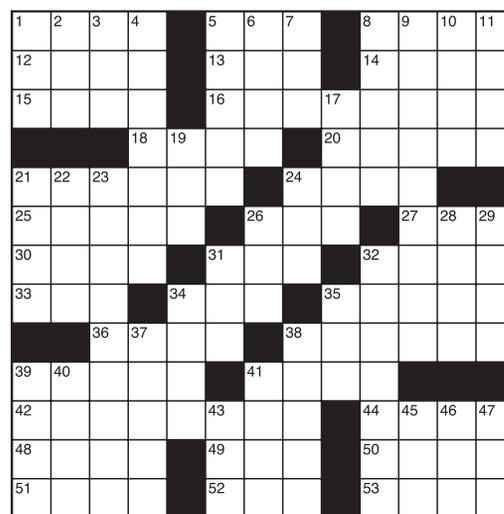
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- 11. Large quantity
- 17. Footfall
- 19. Kooky
- 21. Scoop out water
- 22. Former Italian currency
- 23. Full of feeling
- 24. Thumbs-down vote
- 26. Bawl
- 28. Desire
- 29. Changed hue
- 31. Golf goal
- 32. Old
- 34. Angler's tool
- 35. Moral misdeed
- 37. Walk noisily
- 38. Lure
- 39. Do in, as a dragon
- 40. Ocean cycle
- 41. Hawaiian feast
- 43. Breakfast food
- 45. Shy
- 46. Tend the garden
- 47. "Howards"

- ACROSS**
- 1. Smear
 - 5. Sleuth
 - 8. Small carpets
 - 12. Monster in a fairy tale
 - 13. "___ Life to Live"
 - 14. Milky gemstone
 - 15. Lady's man
 - 16. Ocean scene
 - 18. Misfortunes
 - 20. Hurlled
 - 21. Seeps out
 - 24. Tidy
 - 25. Aspired
 - 26. Beret or beanie
 - 27. Wet earth
 - 30. Branding
 - 31. Jimmy
 - 32. Extremely
 - 33. Permit
 - 34. Manta
 - 35. Burn slightly
 - 36. Cake froster
 - 38. Colored
 - 39. Swiped
 - 41. Advanced, as money
 - 42. Floor covering
 - 44. Tooth pain
 - 48. Abel's father
 - 49. Breach
 - 50. Hoodlum
 - 51. Howl
 - 52. Stomach
 - 53. Viewed
- DOWN**
- 1. Boxer or dachshund
 - 2. Length of life
 - 3. Coffee server
 - 4. In the middle of
 - 5. Medicinal portions
 - 6. Lab suffixes
 - 7. Herbal beverage
 - 8. Frosting flavor
 - 9. Rental housing
 - 10. Package sealer

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Notice is hereby given that Town of Shellbrook has applied to the Saskatchewan Liquor and Gaming Authority (SLGA) for a Special Use - Sports Facility Other permit to sell alcohol in the premises known as Shellbrook Recreation Center at 111 Main Street, Shellbrook, SK, S0J 2E0.

Written objections to the granting of the permit may be filed with SLGA not more than two weeks from the date of publication of this notice.

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NDP, advocate call for action on gangs and meth

The NDP is calling on the Sask. Party government to address the factors fueling crime in our province, which is leaving many people feeling unsafe in their communities. The latest crime severity statistics highlight the seriousness of the problem, including a dramatic increase in meth-related incidents. Saskatoon and Regina both place in the worst four Canadian cities for crime severity, with an increase in shootings in Regina and several recent homicides in Saskatoon. NDP Leader Ryan Meili joined

Shane Partridge, safety coordinator for the Pleasant Hill Community Association and a member of the Okihtcitawak Patrol Group, in calling on the government to introduce a province-wide gang strategy.

"It's hard to think of anything worse than not feeling safe in your own home, but that's how many people are feeling seeing these crime severity and meth-related incident numbers," said Meili. "If we want to provide a safer community for everyone, we need to address the root causes

of crime, like poverty and addiction. This government needs to stop dragging its feet and put together a provincial gang strategy that addresses the causes of crime, not just the symptoms."

Saskatchewan received \$11.9 million from the federal government earlier this year to address gangs and gun violence in the province, but has shared few details of how that money would be spent.

Meanwhile, Saskatchewan's meth crisis continues to fuel crime across the prov-

ince. Saskatoon had 249 meth incidents reported in 2018, a 500 per cent increase from 2014. In Regina, the increase was even worse. There were 106 methamphetamine-related incidents reported in 2018 compared to just seven in 2014, an increase of more than 1,400 per cent.

On July 8, Mental Health Critic Danielle Chartier sent a letter to the Minister of Corrections and Policing to raise her concerns and call for a comprehensive provincial gang

strategy that goes beyond enforcement and criminalization, but Chartier has yet to receive a response.

"This government has been letting people down, and letting the addiction crisis in Saskatchewan get out of control," said Meili. "This inaction plays a huge role in these crime numbers. People are suffering and it's long past time serious action was taken."

Shane Partridge, safety coordinator for the Pleasant Hill Community Association

and a member of the Okihtcitawak Patrol Group, has seen firsthand the need for a gang strategy in Saskatchewan.

"The province isn't doing enough to help those who are trying to turn their lives around," said Partridge. "We need a comprehensive strategy to address the uncertainty, stress and lack of opportunity that leave people turning to gangs. A gang strategy would give us the roadmap we need to make a change in so many lives."

The Parkside & District Community Club

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- Cervus John Deere
- Chilliak Hail Insurance
- Farm World
- Full Line Ag
- Glenmor Equipment
- J & H Electric
- J & R Meats
- Jeff Ledding Custom Spraying
- KDM Enterprise
- KerbSide Convenience
- Lake Country Co-op
- Lakeland Cabinetry
- Misty Ridge Farms - Keith & Heather Ranger
- Mumm's Sprouting Seeds Ltd.
- Naber Ford Sales Ltd.
- Nutrien
- OK Tire (DNA Tire & Auto)
- Parkside Welding
- Pine Ridge Cottages
- Pursuit Plumbing & Heating
- Redhead Equipment
- Richardson Pioneer
- Riverside Dodge
- Russ' Autobody
- Shellbrook Bigway
- Shellbrook Chev Olds
- Shellbrook Hotel
- Shellbrook Pharmacy
- Shellbrook Sales & Service
- Shellview Sod Farms
- Smokey's Auto Service
- Sterling Concrete
- Stochmanski Livestock Trucking
- Sunlife - Trevor Miller & Colin Muller
- Tait Insurance
- TMK Eavestrouthing Ltd.
- Tradex
- Triple Cee Jay Tire
- Triple S Transport
- Trisonic Sound
- Viterra
- Woodland Pharmacy

Donations in Kind:

- Applebee Signs
- Blaine Lake Ambulance
- Brandt Tractor
- Curtis Bloom
- Glenmor Equipment
- Helm Helicopters
- KQS Excavating & Brush Mowing
- KRT Ventures
- Leask Fire Department
- Live Wire Electric
- Naber Powersports
- Parkside General Store
- Sandhill Honey
- Shell River Towing
- TJ Disposals
- Village of Parkside

Names too numerous to mention were all the volunteers who worked long hours before, during and after the Derby; your efforts are greatly appreciated.

Charity Car



Sponsors:

- Shellbrook Sales & Service
- ESKE Family Racing
- Skarpinsky Automotive
- Parkside Welding & Repair
- Marc's Tool Sales (MAC Tools)
- Wreckless Recreation

Thank you to Rob Forbes with Forbes Bros Construction for purchasing our charity car for \$15,000

6 tips to protect your mental health at work



Work is an important part of our lives and can impart a sense of purpose and accomplishment. However, according to the Mental Health Commission of Canada, one in five Canadians struggles with mental health issues, and workplace stress is often reported as the primary cause. Among Canadian employees, depression and anxiety are noted as the top two issues.

The result of all this is that absenteeism, loss of productivity and resignations are increasingly common in the workplace. Notable causes of work-related mental health issues are work overload, lack of recognition, precarious employment situations and interpersonal tensions. Here are six things you can do to avoid or lessen the effects of these problems.

1. Take a break. You're entitled to your break times, so take advantage of every minute.

2. Delegate tasks. If you have a

heavy workload, don't be afraid to unload some of your tasks to your colleagues.

3. Connect with co-workers. Make time in your schedule to socialize with your colleagues.

4. Drink sensibly. Avoid using drugs and alcohol to manage work-related stress.

5. Use workplace resources. Take advantage of any well-being or time management resources offered by your employer.

6. Resolve interpersonal tensions. Speak to your employer, or someone you trust, about interpersonal issues like intimidation or harassment.

Outside of work, make sure to eat well, get enough sleep and exercise regularly. In addition, remember that maintaining a supportive social network can be an effective way to prevent or mitigate mental health issues. And if you need to, don't hesitate to talk to a doctor or other health care professional in your community.