

# Shellbrook Chronicle & Spiritwood Herald

VOL. 109 NO. 4 PMR #40007604

Thursday, January 28, 2021

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## Shellbrook exploring idea of water pipeline



**After delaying plans to upgrade the water treatment plant, the Town of Shellbrook is now exploring the idea of building a water pipeline in partnership with the Prince Albert Rural Water Utility.**

Five months after it hit the pause button on its nearly \$7 million plan to upgrade the Town of Shellbrook's water treatment plant, town council has switched its focus to another possible solution to its watery woes.

While the town still plans to complete phase one of the original project, which carries a price tag of \$1 million and includes the installation of a third greensand filter, servicing of the existing filters and upgrades to piping, this spring, it now has grander ambitions.

Brought forward by councillor Brent Miller, following conversation on coffee row, the new idea is to enter into talks with the Prince Albert Rural

Water Utility (PARWU) and the Rural Municipality of Shellbrook about establishing an inter-municipal water pipeline.

"I've long had this idea that on something like this, we need to explore absolutely every option and idea to make sure we're getting good value," Miller said. "We have a \$7 million plan on the books. That was one of things I wanted to look into, and make sure it was money value-added when I came onto council."

The proposed partnership would see PARWU resurrect abandoned plans to build its own water treatment plant on the north side of the Saskatchewan

River, near the confluence of the North Saskatchewan and Shell rivers, approximately three miles west of Prince Albert.

The conceptual design PARWU commissioned in 2018 would be revised to include tie-ins to the pipeline to Shellbrook, providing service to as many as 350 households and acreages along the connection corridor.

The idea was met with interest from both PARWU and the R.M. of Shellbrook, when Miller met with representatives from both parties last week. But before they declare it a done deal, Miller is committed to making sure all the bases are covered.

To this end, he sought, and received, approval from town council, PARWU, and the R.M. of Shellbrook to establish a steering committee comprised of representatives from multiple stakeholder parties.

The committee's first task will be to commission Atana Management to complete a commercial viability and feasibility study to see if the project can work to the benefit all stakeholders. This study carries an approximate price tag of \$60,000, with PARWU covering \$39,000, the Town of Shellbrook paying \$15,000, and the R.M. of Shellbrook ponying up \$6,000.

*Continued on page 2*

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# Shellbrook exploring idea of water pipeline

## Continued from 1

"One of the feasibility aspects of this will be... to work with the town to break out our costs in a very detailed way that shows how much it costs us to produce our water and what are all the components of that," Miller said.

"We'll know at that point how much we can pay PARWU for water so that we're in a range where we're happy that our costs aren't going to increase."

Miller says he's optimistic that a slew of federal and provincial stimulus funding, which is said to be coming post-COVID, could help make the project a reality, especially given all the potential spin-off benefits for all involved parties.

For PARWU, the project would nearly double its current consumer base, spreading out its costs for delivering water. Additionally, the independence provided by having its own water treatment plant would open doors for it to provide water to communities like Little Red and the Rural Municipality of Lakeland.

The Town of Shellbrook, meanwhile, would see some reductions to operational costs, as it would just be buying water from PARWU. At the same time, it would retain the ability to produce from its existing wells, giving it added security and, Miller hopes, satisfying the Water Security Agency's supply requirements for fire protection without having to expand storage capacity.

"We're producing well water. We've got maintenance, we've got a treating process that's very expensive with lots of chemicals, there's manpower issues, and lots of things that are there," Miller said.

"What will be our savings for not having to do a lot of that?"

One thing he's confident of is that the pipeline will deliver better quality water and also prove more cost effective than the town's original plan to switch to a partial reverse osmosis system. While this piece of the original plan was expected to cost as much as \$1.5 million, Miller says the installation costs of such a system are only the beginning.

"The reverse osmosis system has filters and membranes that have to be replaced," he said. "It will also add a lot to our operating costs because there's

wastewater that comes off of it. The flush water would go into the sewer system and have to go through the sewage lagoon. It would increase costs there and our throughputs."

Though the steering committee is just getting started, and a complete commercial viability and feasibility study is still a ways off, Miller remains confident that the project could be completed quickly once it gets the green light.

With governments eager to dole funding, and work-starved contractors champing at the bit for work in the new reality created by the COVID-19

pandemic, Miller says the project, once started, could be completed in anywhere from 24 to 42 months (two to three-and-a-half years).

However, he reiterates that the project's fate will hinge entirely on the economics.

"How much can we afford to pay for water? And Can PARWU make money selling us water at that rate? That's basically what it will come down to," he said.

"We won't be going ahead with the project if it means it's going to be an increase in water rates or costs to our rate-payers."

## Debden recreation hit hard by COVID

Unsurprisingly, it's been a tough year for recreation committees in the area, thanks almost entirely to the COVID-19 pandemic.

This is certainly the takeaway from the Debden Recreation Board's 2019-2020 year in review report, which it shared via Facebook last Thursday afternoon.

The impact of the pandemic was keenly felt in local hockey registrations, which dipped to just 36 in 2019-2020 from 71 the year prior. While last year saw the community ice teams in the Initiation, atom bantam (shared with Big River) and midget age groups, this year it had teams in the U7, U9, U11 and U13 categories.

Similarly, the Midget, Bantam, Novice and Atom

teams all made it to the playoffs before having their seasons ended by losses or COVID-related shutdowns. This hockey season, however, saw the U11 team play just one home and one away game, before action was suspended with the exception of practices with eight or fewer players.

"It is understating the fact to say that everyone is very sad and disappointed with how this season has turned out," the Debden Recreation Board said in its report.

On the broomball front, local teams the Speedballs and the Road Runners also had their registrations impacted by the COVID-19 pandemic, with the former dipping to 30 members from 34,

and the latter seeing just 10 players registered compared to 29 the year prior. As an additional effect

of the pandemic, the Road Runners also proved unable to find a coach.

Debden has typically been a broomball powerhouse. Last year saw the U16 boys, and the U14, U16 and U20 girls bring home gold from provincials, while the U14 boys earned silver medals. Unfortunately, Nationals were cancelled by the pandemic. This year, teams have only been able to practice, due to a ban on tournaments and intercommunity play.

With this past summer's ball season a no-go, all the recreation board had to report was that the ball diamonds were still maintained. The board hopes play will be permitted this summer.

Finally, swimming lessons were able to be held at Morin Lake over the summer, with sessions held in July and August to limit the size of gatherings and keep within provincial guidelines at the time. This year saw 123 kids come out for lessons (124 in July and 99 in August), compared to 216 in 2019.

In light of the positive response to the split dates, the recreation board says it's considering making the change permanent.

While the effect of COVID-19 on recreation is clear to see in the numbers, the pandemic also had an effect on the recreation board's infrastructure plans, which included a project to resurface the arena with tin.

"A contractor was hired and we were ready to go, but tin shortages due to COVID delayed the project into bad weather. It will be done in the spring as soon as weather and supplies allow."

Despite this, the arena did still receive a new coat of paint and a deep clean over the summer. Additionally, "a significant amount of funds" were spent on bringing the arena into compliance with COVID guidelines and on continuous sanitizing and cleaning.

With all these extra costs, and the lack of recreation activities due to COVID restrictions, the board is estimating a total revenue loss of about \$65,000. Nonetheless, it says it could have been worse.

"In addition to the increased costs due to COVID cleaning and sanitizing requirements, number reduction, and activity and fundraiser cancellation, the support of this community has been beyond appreciated by the Rec Board," the board said.

"Your support is always essential to us, and we do not take you for granted."

## Administrator, Village of Leask

The Village of Leask is currently accepting applications for the position of Administrator. The ideal candidate will possess an Urban Standard Certificate or a willingness to learn and obtain a Standard Certificate from the Urban Board of Examiners is necessary.

- Experience in Microsoft Office and general computer applications is essential with knowledge of Munisoft municipal software considered an asset.
- Must possess strong leadership and communication skills

### Compensation/Benefits:

- Salary will be based on UMAAS salary schedule &/or qualifications and experience
- The Village offers a full benefit package through SUMA and an excellent pension package through MEPP,

Applicants should submit a cover letter and detailed resume including references (3) and salary expectations by email to: [village.leask@sasktel.net](mailto:village.leask@sasktel.net) Box 40, Leask Sask S0J 1M0 prior to 4:30pm on February 15, 2021.



**The Town of Shellbrook is now accepting applications for the following summer positions:**

- Headguard (full time)
- Lifeguard/Instructors (full & part time)
- Parks Staff (full time)
- Playground Programs Coordinators (full time)

Submit resumes by March 26, 2021 at 4pm to the Town Office at 71 Main Street, or by mail: Box 40, Shellbrook, SK S0J 2E0 email: [redirector@townofshellbrook.ca](mailto:redirector@townofshellbrook.ca) fax: (306) 747-3111

For more information contact Jessica Kernohan at 306-747-4949 or [redirector@townofshellbrook.ca](mailto:redirector@townofshellbrook.ca)

## PUBLIC NOTICE R.M. of Canwood No. 494

Public notice is hereby given that the Council of the R.M. of Canwood No. 494 intends to adopt a bylaw under *The Planning and Development Act, 2007*, to amend Bylaw No. 2003-7, known as the Zoning Bylaw.

**INTENT:** The proposed zoning bylaw amendment will add regulations for sand and gravel operations and setbacks required for all structures, shelterbelts, earth piles, dugouts, gravel pits, and machinery storage in the Agricultural Residential District.

**AFFECTED LAND:** The affected lands are those zoned in the Agricultural Residential District.

**REASON:** The reason for the amendment is to add regulations for sand and gravel operations and provide setbacks for several types of development not currently regulated in the Agricultural Residential District.

**PUBLIC INSPECTION** Any person may inspect the bylaw by contacting the R.M. of Canwood No. 494 office during regular office hours. Copies of the bylaw will be made available by regular mail or electronically.

**PUBLIC HEARING** Council will hold a public hearing on February 16, 2021, at 10:00 a.m. The RM will be implementing an alternative format for this public hearing in response to COVID-19. Any person or group that wants to comment on the proposed bylaw is encouraged to submit written comments prior to the meeting. Written submissions may be sent by email to [rm494@sasktel.net](mailto:rm494@sasktel.net), by Canada Post a minimum of 4 business days in advance of the hearing or dropped off at the RM office during regular office hours. For anyone wanting to submit verbal comments, please contact the RM office by February 10, 2021, to make arrangements. Verbal submissions will be accommodated through pre-scheduled teleconference times.

Issued at the R.M. of Canwood No. 494 on January 28, 2021.  
Lorna Benson  
Rural Municipal Administrator

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# Local senior relieved to receive COVID vaccine

Less than a week after expressing concerns about the short notice given to Shellbrook and area seniors about COVID-19 vaccination clinics, Shellbrook resident Adeline Fossey says that she and a number of other seniors who missed out on the local clinic have received their first dose.

Fossey informed the *Chronicle* of the development on Friday morning.

The Saskatchewan Health Authority (SHA) announced the appointment-only clinics, which are providing the Pfizer BioNTech variant of the vaccine, in a press release sent out at around 1 p.m. on Thursday, Jan. 14. By 6:45 p.m. that same day all the vaccination appointment slots had been filled.

In an interview with CTV News, Fossey, who serves as secretary of the Shellbrook Senior's Association, said many local seniors were initially left frustrated to be left waiting.

Fossey says she was contacted by a home care worker and asked to let other seniors know about the vaccination clinics. Working closely with her fellow Senior's Association members, she contacted about 55 seniors.

In the end, though, not even she was successful in booking an appointment to get the vaccine.

"It's very frustrating for seniors, particularly those who aren't on the internet," Fossey told CTV News, adding that she doesn't know one person who called that got in.

COVID-19 vaccine clinics were completed in Big River the same day the notice went out, in Canwood on Jan. 15, and in Shellbrook on Jan. 15 and 16. Clinics in Debden and Blaine Lake, meanwhile, were held on Tuesday, Jan. 19.

Fossey's concerns about the short notice given to seniors came around the same time as rumours that a number of people who successfully booked appointments in the clinics

failed to show up for those appointments.

While there's been no official confirmation that any appointments were missed, SHA spokesperson Doug Dahl did stress the importance of people making sure they show up, or letting someone know they are unable to make their appointment.

"The vaccine vial/doses are thawed and prepared according to pre-scheduled appointments," he said.

"Individuals are encouraged to phone their local booking contact as soon as possible and inform them they are not able to make their appointment so the clinic can ensure the dose is still used. The individuals who can't make their appointment will then have to wait till the next open clinic to book their spot again."

Despite the possibility of missed appointments resulting in vaccine

spoilage, Dahl said the SHA won't be penalizing those who fail to provide adequate notice.

"At this time there are no repercussions if individuals do not keep their booked appointments, but the Saskatchewan Health Authority will be monitoring any instances of missed appointments," he said.

"The SHA is taking steps to ensure that the risk of vaccine wastage

is minimized. With restricted amounts of vaccine and intense demand to ensure our priority populations are immunized, every dose needs to go to a resident."

While no further clinics have been announced for the area, Dahl said further information would be provided to the public when dates are confirmed, and as vaccine supply becomes available.



Muriel Sheldon, a resident of Herb Bassett Home, receives her first dose of the COVID-19 vaccine from LPN Charmain McKnight.



**Dr. Romashnee Moodliar, a practicing Physician working at Prince Albert's COVID-19 Testing & Assessment site, receives her first dose of vaccine from RN Danielle Sande in early January.**

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## R.M. OF MEDSTEAD NO. 497

### SEASONAL MAINTENANCE/EQUIPMENT OPERATOR POSITION

The R.M. of Medstead No. 497 invites applications for an experienced full time Seasonal Maintenance/Equipment Operator. The Seasonal Maintenance/Equipment Operator will be responsible for mowing this municipality's ditches, rock picking, mulching in conjunction with the grader operators, installing and repairing signs and other jobs as directed by the Reeve. Opportunity may be present in the future to move into a grader operator position. Pay rates depending on experience.

The R.M. of Medstead No. 497 is located in central Saskatchewan located approximately forty five minutes north of North Battleford.

Applicants must possess a valid Class 5 driver's license and have skill and experience in maintenance and operation of equipment including tractor, mower, rock picker and mulcher.

Submit written resumes stating experience, expected wage, two references and a current driver's abstract by 4:00 p.m. on February 8<sup>th</sup>, 2021. All resumes shall be marked "Seasonal Maintenance/Equipment Operator Position" and dropped off at the RM Office, mailed to the address below or emailed to [rm497@sasktel.net](mailto:rm497@sasktel.net).

R.M. of Medstead No. 497  
Box 12  
Medstead, SK S0M 1W0

Council thanks all applicants for their interest in this position but only persons selected for interviews will be contacted.

The R.M. of Medstead No. 497 reserves the right to reject and refuse any or all expressions of interest.

## R.M. OF MEDSTEAD NO. 497

### SEASONAL GRADER/EQUIPMENT OPERATOR POSITION

The R.M. of Medstead No. 497 invites applications for an experienced full time Seasonal Grader/Equipment Operator. The Seasonal Grader/Equipment Operator will be responsible for public works operations, organizing their own schedule and work duties, have good communication skills and be able to prepare and maintain reports as directed by the Council. Pay rates depending on experience.

The R.M. of Medstead No. 497 is located in central Saskatchewan located approximately forty five minutes north of North Battleford.

Applicants must possess a valid Class 5 driver's license and have skill and experience in maintenance and operation of heavy equipment including grader, dozer, buggy, tractor, mower, rock picker and mulcher.

Submit written resumes stating experience, expected wage, two references and a current driver's abstract by 4:00 p.m. on February 8<sup>th</sup>, 2021. All resumes shall be marked "Seasonal Grader/Equipment Operator Position" and mailed, dropped off at the address below or emailed to [rm497@sasktel.net](mailto:rm497@sasktel.net).

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# OPINION

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January 28, 2021

## Biden presidency comes with no guarantees for Canada

It's over.

After four long, strange, and at times frightening years, the great toddler in chief, former United States President Donald Trump, skulked out of the White House – hopefully to recede into obscurity where he rightfully belongs.

Mr. Trump's residency in the Oval Office ended last Wednesday, not with the apocalyptic bout of violence and fire as some were expecting from his loyal followers, but (thankfully) with relative peace and quiet.

And so begins the presidency of Joe Biden, which, if his first week was anything to go by, will be focused on undoing much of what Mr. Trump did during his four years in office.

Not everything Mr. Trump did was bad, of course, even if his accomplishments in combatting China's rise to global prominence, in boosting the American economy and cre-



JORDAN  
TWISS  
~  
News Editor

ating jobs, and in managing of the COVID-19 pandemic, were frequently overstated.

But while some Canadians were saddened to see Mr. Trump ousted from office, there's no doubt he was a problematic, often unpredictable, friend to Canada.

With his boastful swagger, Mr. Trump was often like the friend who drinks too much at the bar and ends up dragging the rest of his friends into a bar room brawl.

Such, in some ways, was the case when Canadian authorities arrested Huawei executive Meng Wanzhou at the U.S.'s request, triggering retaliatory measures that did grievous harm to our agriculture sector.

Did this episode serve to strengthen the bonds between Canada and the United States?

Perhaps. But it certainly didn't do anything to prevent

Mr. Trump from continuing his policy of slapping unfair tariffs on Canadians goods such as steel and softwood lumber.

No, Mr. Trump wasn't a friend to Canada in any real or meaningful sense. And four more years of his presidency wouldn't have changed that.

But none of this means that a Biden presidency will automatically be better for Canada.

In a flurry of presidential ink, Mr. Biden signed 17 executive orders on his first day in office, almost all of them reversals of Mr. Trump's sometimes controversial policies.

On immigration, Mr. Biden officially ended Mr. Trump's ban on immigrants from predominantly Muslim and African countries.

He also called for a stop to the construction of Mr. Trump's wall along the Mexican border, which, by the way, Mexico still hasn't paid for.

Signalling an administrative about-face on climate change, Mr. Biden pledged to rejoin the Paris Climate Accord, and undid a number of Mr. Trump's



regulatory rollbacks.

However, in his first blow to Canada, and Saskatchewan and Alberta in particular, he also revoked the permit for the Keystone XL pipeline, effectively cancelling the project.

In a statement following the cancellation, Premier Scott Moe called the decision a "devastating blow to North America's energy sector."

He also urged Prime Minister Justin Trudeau to stand by Canadian energy sector work-

ers and challenge Mr. Biden's unilateral decision on the project, and asked for clarification regarding the future prospects of other cross-border pipeline projects.

Whether Mr. Trudeau will heed these words, and push for a more collaborative relationship with Mr. Biden's administration, remains to be seen.

What's clear, though, is that a Biden presidency comes with no guarantee of economic benefits for Canada.

## Regina MPs blast Singh's response to Keystone XL cancellation

It is shameful that NDP leader Jagmeet Singh celebrated the news that the incoming US administration will cancel the Keystone XL pipeline. Political leaders in Canada should focus on creating jobs, not cheerleading the loss of them.

The NDP has a long history of attacking Canadian energy projects. In 2011, two NDP MPs traveled to Washington, D.C. to convince American officials not to support Keystone XL. Singh's recent remarks also come in the wake of several other major project cancellations and layoffs, including 591 steelworkers who lost their jobs at EVRAZ in Regina.

Warren Steinley, MP for Regina-Lewvan, said, "After

talking to USW 5890 members from Regina's EVRAZ steel plant over the Christmas holidays, I heard the frustration in their voice and saw the uncertainty in their eyes. The failure of the Trudeau's Liberals and their NDP allies to support Canada's energy sector has caused this situation. Jagmeet Singh's callous and cold-hearted response to this news proves how out of touch the NDP are with Canadians."

Andrew Scheer, MP for Regina-Qu'Appelle, added, "I was absolutely disgusted by Jagmeet Singh's celebration of the planned Keystone XL cancellation. This is a slap in the face to the thousands of workers in Western Canada who have lost their jobs in the en-

ergy sector. While the NDP were popping champagne corks, laid off workers at companies like EVRAZ were cashing their severance cheques. The NDP used to be on the side of workers, now they are beholden to anti-energy activists."

Michael Kram, MP for Regina-Wascana, concluded by saying, "During the last election I campaigned on three things: pipelines, lower debt, and an end to the Carbon Tax. The people of Regina-Wascana sent me to Ottawa to champion these policies. That's an important lesson for Mr. Singh. It's a shame that the NDP, who used to support working Canadians, have now turned their back on them."

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A Division of Pepperfram Limited Publications  
Mail Registration #07621

Published Every Thursday Morning

P.O. Box 10, Shellbrook, Sask. S0J 2E0  
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# VIEWPOINT

January 28, 2021

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## Report from the Legislature

Saskatchewan people continue to show strength and resilience through the hardships of the COVID-19 pandemic. I want to sincerely thank those who are adhering to public health orders and doing their best to keep themselves and their communities safe. While the rollout of vaccine gives us hope for a return to normal, we must all do our part to reduce transmission by following masking and distancing requirements as well as respecting public health guidelines.

Phase 1 of Saskatchewan's Vaccine Delivery Plan continues with a focus on long-term and personal care home residents and staff; prioritized health care workers; residents in the 80+ 70-79 age brackets, as well as those 50+ in remote and northern community populations. As expected, there are challenges. Delivering to high-risk populations in remote locations can at times slow the pace of administering the vaccine, and adverse winter weather may cause transportation issues. Recently, our province was notified that Canada will see delays in receiving the Pfizer vaccine. We are now short 50 per cent of doses that were promised by the federal government. Despite this, the Saskatchewan Health Authority continues to work on preparedness and efficiency in delivering the vaccine and will continue to ensure Phase 1 is completed in both a safe and timely manner.

For the most up to date information on the vaccine and its delivery, please visit [www.saskhealthauthority.ca/news/releases](http://www.saskhealthauthority.ca/news/releases).

The Re-Open Saskatchewan Training Subsidy (RSTS) program has been an important tool to support businesses through the challenging circumstances brought on by COVID-19. This subsidy serves to tempo-



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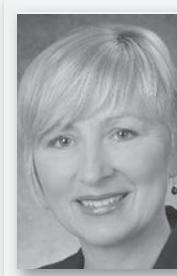
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Prior to the pandemic, our government introduced a 10-year Growth Plan to build a stronger Saskatchewan. This is a road map that outlines our goals and the actions we will take to achieve them. Part of the plan is attracting further investment in the province's world-class mining sector. I am encouraged to see that the 2020 edition of the Mining Journal Intelligence World Risk Report ranks Saskatchewan among the very top jurisdictions globally for doing business in the mining sector. This ranking reaffirms that our stable policy and regulation has fostered one of the strongest investments climates throughout the world.

With significant uptake to date, we have extended the RSTS program deadline to March 31, 2021. For more information, employers can visit [www.saskatchewan.ca/training-subsidy](http://www.saskatchewan.ca/training-subsidy), or

rarily assist with financial support, and train employees as businesses adjust to the impacts of the pandemic. The RSTS reimburses eligible private-sector employers 100% of their training costs up to a maximum of \$10,000 per business.

Export development is another area of focus in our government's Growth Plan. Saskatchewan has what the world needs and that was reaffirmed



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in the latest merchandise export numbers. Statistics for November 2020 show these exports were up by 12.6 per cent compared to November 2019. This is the highest percentage increase among provinces, and more than doubles the percentage increases of the second closest province.

Growth and expansion of our export sector will be made possible through continued investment in agriculture. Recently, \$9.8 million in federal and provincial funding was announced for 39 crop-related research projects through the Saskatchewan Agriculture Development Fund (ADF). This funding will increase our ability to move forward with important research, increase innovation and

deliver the most efficient and sustainable products we can.

I am disappointed to learn that U.S. President Joe Biden is cancelling the Keystone XL Pipeline expansion. This project is critical for our North American energy sector and has already employed a significant number of workers on both sides of the border. In addition to its positive economic impact, it would also reach net-zero emissions when it first turns on and would be powered 100% by renewable energy by 2030.

While decision to cancel this project has been welcomed by the NDP, your Saskatchewan Party government is taking a different approach. We

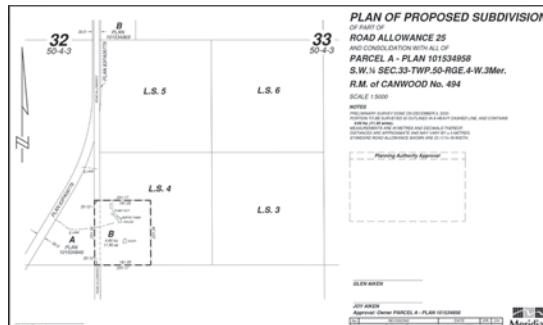


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are urging the Prime Minister to leverage his relationship with the new U.S. President, and we will continue exercising our contacts in Washington D.C. to advocate for its continuation which clearly benefits both of our nations.

### R.M. OF CANWOOD NO. 494 PUBLIC NOTICE

In the matter of Section 13 of *The Municipalities Act*, being a statute of the Province of Saskatchewan and pursuant to the Public Notice Bylaw No. 2005-10 of the R.M. of Canwood No. 494, notice is hereby given that the Council will consider at their Council Meeting on February 16, 2021, the matter of permanently closing the road allowance, described as all those portions of the original road allowance lying east of Block A, Plan 101534958 Ext 4 of the SW 33-50-04 W3, extending from the south west corner of Block A to halfway north along the boundary of Block A, on the Plan of Proposed Subdivision prepared by Meridian Surveys Ltd. dated January 4, 2021, as shown on the map below.



Council will hold a public hearing on February 16, 2021, at 10:30 a.m. The RM will be implementing an alternative format for this public hearing in response to COVID-19. Any person or group that wants to comment on the proposed bylaw is encouraged to submit written comments prior to the meeting. Written submissions may be sent by email to [rm494@sasktel.net](mailto:rm494@sasktel.net), by Canada Post a minimum of 4 business days in advance of the hearing or dropped off at the RM office during regular office hours. For anyone wanting to submit verbal comments, please contact the RM office by February 10, 2021, to make arrangements. Verbal submissions will be accommodated through pre-scheduled teleconference times.

Dated in the Village of Canwood, in the Province of Saskatchewan, this 28<sup>th</sup> day of January, 2021.

Lorna Benson  
Rural Municipal Administrator

### Town of Blaine Lake FOR SALE BY TENDER

2005 Chev Silverado 1500 Series  
White in Colour, Single Cab, 4 Wheel Drive  
Terms of Sale – “As Is” Condition

Interested parties are invited to submit their tenders prior to 4pm on Thursday, February 18, 2021

All tenders must be submitted in a SEALED envelope marked “Town Truck”

Town of Blaine Lake  
Box 10  
Blaine Lake SK S0J 0J0

Highest or only Tender not necessarily accepted.

For more information contact Town of Blaine Lake at (306) 497-2531 or by e-mail [blainelake@sasktel.net](mailto:blainelake@sasktel.net)

### R.M. OF LEASK NO. 464 PUBLIC NOTICE

Public notice is hereby given that the Council of the Rural Municipality of Leask No. 464 intends to adopt a bylaw under *The Planning and Development Act, 2007* to amend Bylaw No. 2/20, known as the Zoning Bylaw.

#### INTENT

The proposed bylaw will rezone the land from Lakeshore Development District to Resort Commercial District.

#### AFFECTED LAND

The affected land is legally described as Parcel G Plan 92B06722 of NE 03-46-08 W3 Lac La Peché as shown on the following map.

#### REASON

The reason for the amendment is to allow for the development of campsites.

#### PUBLIC INSPECTION

Any person may inspect the bylaw at the municipal office between 9:00 a.m. and 4:00 p.m. on Monday through Friday excluding statutory holidays. Copies are available at cost.

#### PUBLIC HEARING

Council will hold a public hearing on February 11<sup>th</sup>, 2021, at 1:00 p.m. at the Leask Community Hall to hear any person or group that wants to comment on the proposed bylaw. Council will also consider written comments received at the hearing (or delivered to the undersigned at the municipal office before the hearing).

Issued at Rural Municipality of Leask No 464 this 15<sup>th</sup> day of January, 2021.  
Riannon Nelson  
Administrator



# Police seek suspect in Big River FN assault

The Big River RCMP is seeking the public's assistance in locating an adult male who is wanted in relation to a sexual assault on the Big River First Nation.

According to an RCMP press release, police received reports of the incident,



**Skylar Lachance, 22, is wanted in connection with a sexual assault on the Big River First Nation.**

which occurred at a home in the community, just before midnight on Monday, Jan. 18.

Police say the male suspect fled the residence after an altercation with the female victim, who was then able to contact police. The female was treated on scene by medical personnel for injuries sustained during the assault.

No further information about the victim will be provided.

Following police investigation, the suspect has been identified as 22-year-old Skylar Blaze Lachance from the Big River First Nation. In relation to the incident, Lachance is charged with one count of sexual assault, one count of assault causing bodily harm, and one count of uttering threats.

There is a warrant for Lachance's arrest.

Police say he may be in the commu-

nity of Big River First Nation or Ahtahkakoop Cree Nation, but this has not been confirmed.

Lachance should not be approached. If you see him, please contact police immediately by calling 911 in emergencies or 310-RCMP. You can report anonymously through Crime Stoppers by calling 1-800-222-8477 or report a tip on the Crime Stoppers Saskatchewan website.

## COVID case identified at Medstead School

The Living Sky School Division has identified one case of COVID-19 at Medstead Central School.

The case was diagnosed on Thursday, Jan. 25 and announced in a press release on Monday evening, and the school division says it is working closely with Public Health to ensure measures are in place to keep students and staff safe going forward.

According to the school division, any individuals who were in close contact have been notified by Public Health with directions. Additionally, following the division's health and safety protocols, the school has received a deep cleaning/sanitizing.

The school remains open for in-class learning.

The school division says its school plans contain many im-

portant measures to decrease the risk of COVID-19 entering schools, including promoting proper hygiene, implementing mask wearing, maintaining cohorts, and asking students and staff to stay home when experiencing any COVID-19 symptoms.

It reminds everyone entering schools to monitor for any signs or symptoms of COVID-19. If you/your child has any symptoms of COVID-19, please call HealthLine at 811 and remain at home. For further information regarding COVID-19, please call Health Line at 811, and/or visit the Saskatchewan Ministry of Health website at [www.saskatchewan.ca/covid19](http://www.saskatchewan.ca/covid19).

To protect the privacy of the individual, no further details are being shared at this time.

## Do your part to slow the spread of COVID-19

- ✓ Stay home if you're sick.
- ✓ Wear a mask when appropriate.
- ✓ Wash your hands often.
- ✓ Keep your distance from others.
- ✓ Stay up to date on the latest public health measures by visiting [www.saskatchewan.ca/covid19-measures](http://www.saskatchewan.ca/covid19-measures)

Thank you for keeping your family, friends and community safe!



# AGRICULTURE

January 28, 2021

[www.shellbrookchronicle.com](http://www.shellbrookchronicle.com) | [www.spiritwoodherald.com](http://www.spiritwoodherald.com)

Shellbrook Chronicle & Spiritwood Herald 7

## Fly protein? It's not as sci-fi as it sounds

Two things that have always caught my eye in terms of agriculture is innovation and quirkiness.

So when Enterra Feed Corp., a company producing animal feed from black soldier flies, announced it was expanding production from British Columbia into Alberta with expectations to eventually build across Canada, I was immediately intrigued.

For some context Enterra Feed was the first company in Canada to obtain regulatory approval to use flies in animal feed ingredients.

The feeding of flies seems rather sci-fi in nature, but the process is really a rather environmentally interesting one which creates a steady supply of protein while dealing with something we humans produce a lot of -- waste.

The Alberta plant uses 130 tonnes of food waste per day to make 10 tonnes of ingredients, reports a story at [www.producer.com](http://www.producer.com)

The story noted company chief executive officer Keith Driver said the flies convert pre-consumer food waste and other agricultural



CALVIN  
DANIELS

residue into high-value proteins. The resulting products are fed to poultry, fish, pets, wild birds and some to swine.

From egg to fully-grown

larvae, the black soldier fly grows about one million per cent in just a few weeks, he said.

As a byproduct the manure produced by the larvae, another 10 to 15 tonnes, is sold as an organic fertilizer.

Imagine on a world-wide basis how much food waste is generated. It has to be in the millions of pounds.

While much of it may be compostable waste, feeding it to flies generates a protein source for livestock.

There is certainly some debate of course taking place whether growing grain

for livestock is sustainable when the human population continues to grow and will need food.

It is conceivable fly protein could be consumed in human food, although the marketing needed to make that an accepted human food ingredient would be daunting.

Certainly bugs in general are a largely untapped protein source especially in Europe and North America with almost no history of consuming bugs for food.

The potential to raise bugs -- on a largely garbage diet

in some cases -- can deal with the mounting issue of garbage, and can be an important protein source.

It seems a bit creepy on its surface, but innovative solutions to dealing with waste and feeding livestock and humans will require some bold initiatives moving forward.

It will take innovation of course, and work to deal with the reaction that we might be eating bugs, or even feeding our stock a bug protein, but the potential is far too large not to head down that road.

## Fixing AgriStability needs Saskatchewan's participation

By Ralph Goodale

Canada's federal, provincial and territorial Agriculture Ministers meet every year to coordinate their respective farm policies and programs, many of which are paid for jointly -- with 60% of the funding coming from the Government of Canada.

Following the Ministers' annual meeting back in 2012, I remember provincial spokespersons for Saskatchewan expressing serious misgivings about what Stephen Harper's Conservative government was planning to do, back then, to cut vital farm support programs like AgriStability. Mr. Harper was exclusively focused on slashing federal spending to create the illusion of a balanced budget before the election in 2015.

Saskatchewan's worries were justified. The Conservatives made AgriStability harder to access and much less generous, reducing payouts to Canadian farmers by hundreds of millions of dollars, just as subsidies to farmers in the U.S. and Europe were escalating.

Farm organizations are calling for this damage to be repaired. Most recently, that message came loud and clear from the Agricultural Producers Association of Saskatchewan (APAS), the Canadian Federation of Agriculture, the Cattlemen's Association, the Pork Council and the Grain Growers. They all support improvements proposed by federal Agriculture Minister Marie-Claude Bibeau that would boost AgriStability payouts to farmers by about 50%. The biggest benefits

would flow into Saskatchewan.

Since this is a jointly funded program, the federal Minister cannot make these improvements all by herself. The provinces have a veto -- especially major producing provinces like Saskatchewan. Will the Sask-Party contribute their fair share, or will they exercise their veto and prevent AgriStability from being fixed?

While farmers wait for an answer, here are three key points to remember:

- The federal government will always pay the lion's share (60%);
- The provincial Treasury's portion is smaller (40%) -- that amounts to about \$22 million, which is less than 0.15% of Saskatchewan's total annual budget;

• While this past year has been difficult because of COVID-19, most of the extra cost burden has been offset by new transfer payments from Ottawa to Saskatchewan totaling more than \$500 million, plus \$400 million for local oil and gas jobs, plus close to \$300 million to increase the Canada Child Benefit for Saskatchewan families, plus about \$3 billion for emergency payments to maintain the wages and subsidize the incomes of hundreds of thousands of individual Saskatchewan citizens.

If Saskatchewan says "yes" quickly to fixing AgriStability as proposed by Minister Bibeau, the corrections can be made retroactive to cover 2020. Let's hope this important job gets done.

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Presorted Internet Calf Sale 11:00 a.m.

**Fri., Feb. 5, 2021**

Bred Cow & Heifer Sale 1:00 p.m.

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**Office 306-236-3411 ~ Fax 306-236-3412**

Email: [mlstockyards@sasktel.net](mailto:mlstockyards@sasktel.net) ~ market info visit: [www.mlstockyards.com](http://www.mlstockyards.com)

PRINCE ALBERT LIVESTOCK SALES

A division of Northern Livestock Sales



To consign cattle or  
for on-farm appraisals  
please contact Brent,  
Glen, Boyd or Frederick

**Mon., Feb. 1, 2021**

Presort Sale 9:30 a.m.; Regular Sale 1:30 p.m.

**Fri., Feb. 12, 2021**

Bred Cow/Heifer & Pair Sale 1:00 p.m.



Producers wishing to market cattle prior  
to sale day please contact the  
office 306-763-8463 for delivery.



Your independently owned & operated livestock marketing facility - working with the producers' best interest in mind

FEEDER FINANCE PROGRAM AVAILABLE - Please contact Glen

Brent 306-240-5340 • Glen 306-960-4732 • Boyd 306-841-7998 • Frederick 306-227-9505

**Office 306-763-8463 ~ Fax 306-763-4620**

For market info visit: [www.northernlivestocksales.ca](http://www.northernlivestocksales.ca)

# Kinsmen, Kinettes move to online auction to raise funds for Telemiracle

Add another one to the list.

As the COVID-19 pandemic wears on, fast approaching the one-year mark in Saskatchewan, yet another important annual event has had to undergo a significant change to keep within public health guidelines.

Normally around this time of year, members of the Shellbrook Kinsmen and Shellbrook Kinettes would be braving frigid conditions during their town canvas to raise funds for Kinsmen Telemiracle. With the need as great as ever, the community groups will still be looking to raise the \$10,000+ the community contributes to the cause each year.

This year, however, they'll be asking the community to support them via an online auction.

"With all the restrictions and rules to take into consideration, in regards to local, provincial and Kin Canada, we could not find a way to run our annual town canvas," Kinette Tasha Cyr said, noting that the groups began brainstorming alternative ideas back in the fall.

"This canvas is huge. It helps our community raise between \$9,000 and \$11,000 every year, with the schools, business donations and helping hands

contributing as well."

The online auction is being hosted on the website 32auctions.com, and is scheduled to run from Feb. 8 to 14.

While members of the Kinsmen and Kinettes will be donating some items of their own, they're hopeful that members of the community and local businesses will step up as they have in previous years and help make the auction a true success.

Indeed, the event already seems to be well on its way, with Cyr noting that the organizations have collected a lot of donations from the community and local businesses.

"We know so many people who have benefitted from Telemiracle funds in the past. Our own little community has the Telemiracle van that they use quite a bit to transport those in need around," Kinette Melissa Moe said. "COVID has affected so many things and we just didn't want Telemiracle to be added to the list."

The deadline for auction items is Feb. 1, and the organizations are open to just about any item, new or used, be it home items, tools, children's toys, or gift cards.

Anyone with questions is encouraged to contact Moe at 306 747 7085, or any

other Kinsmen or Kinette member they know.

The site for the auction is [www.32auctions.com/KinTelemiracle-auction](http://www.32auctions.com/KinTelemiracle-auction).

While the auction will be the primary fundraiser for the Kinsmen and Kinettes, the groups remain open to monetary donations as well. Cheques, addressed to Kinsmen Telemiracle, can be mailed to: Shellbrook Kinettes, Box 147, Shellbrook, SK, S0J 2E0

This year's Telemiracle will be held on Feb. 27 and 28.

The money raised throughout the year and during the TeleMiracle telethon benefits the Kinsmen Foundation, which provides funding Saskatchewan residents requiring special needs equipment to maintain or improve their quality of life, as well as travel assistance to those needing to leave their community to access life-saving medical treatment.

Funding is also provided to institutions and health foundations to purchase specialized, new or innovative equipment to improve health care.

## Sask records 87 vehicle crash deaths in 2020

There were 87 road collision fatalities in Saskatchewan in 2020, according to preliminary data reported by SGI.

While higher than 2019's total of 71 deaths, which is the lowest number ever recorded in Saskatchewan, the total of road fatalities is still the second lowest for a single year in the past six decades. It's also markedly lower than 2010-2019's 10-year average of 131.5 road fatalities per year.

"Nearly all fatal collisions are preventable; Saskatchewan roads have gotten significant-

ly safer in the last few years, but we must not become complacent or satisfied with these improvements," said Minister Responsible for SGI Don Morgan.

"We all can — and must — do more. I applaud everyone who is committed to driving safely. I also want to thank law enforcement who are diligently working to reduce collision deaths and injuries by enforcing traffic laws and contributing to public awareness."

While Saskatchewan has made important strides in reducing col-

lision deaths and injuries, SGI says no number of deaths is acceptable as every life lost represents a real person who leaves behind a family and friends to mourn the loss.

Drivers have many choices to make when they get behind the wheel, and SGI urges drivers to make those choices carefully.

"Put your phone away, drive sober, follow the speed limit, put on your seatbelt and follow the rules of the road. As always, take care out there."

### COMMUNITY CALENDAR

**SPIRITWOOD:** Wapiti Regional Library - Limited Capacity. Tuesday 9 am - 5 pm; Wednesday 9 am - 5 pm; Friday 9 am - 5 pm

**LEOVILLE:** Wapiti Regional Library - Appointment only. Wednesday 10 am - 4 pm; Thursday 10 am - 2 pm

**SHELL LAKE:** Wapiti Regional Library - Curb Side Pickup. Tuesday 12 pm - 4 pm; Wednesday 12 pm - 4 pm

**BLAINE LAKE:** Wapiti Library - Appointment only. Wednesday 11 am - 6 pm; Friday 11 am - 5 pm; Saturday 10 am - 4 pm. Contact us for more info 306-497-3130, [www.wapitilibrary.ca](http://www.wapitilibrary.ca).

**BIG RIVER:** Wapiti Library - Curb Side Pickup. Monday 12:30 pm - 4:30 pm; Wednesday 12:30 pm - 4:30 pm; Friday 12:30 pm - 4:30 pm

**CANWOOD:** Canwood Branch of Wapiti Regional Library. Appointment only. Tuesday 10 am - 4 pm; Thursday 10 am - 4 pm; Friday 12 pm - 4 pm. Call 306-468-2501 to book a slot.

**DEBDEN:** Wapiti Library hours: Appointment only. Monday 2 pm - 7 pm; Tuesday 10 am - 4 pm. Librarian: Aline Hannon

**LEASK:** Wapiti Library & Legacy Gallery Hours - Limited Capacity. Tuesday 10:30 am - 5 pm; Friday 10:30 am - 5 pm; Saturday 1 pm - 4 pm

**MARCELIN:** Wapiti Library - Appointment only. Tuesday 2 pm - 7 pm; Thursday 2 pm - 8 pm; Saturday 9 am - 2 pm. For information on all your library needs, please contact 306-226-2110.

**SHELLBROOK:** Shellbrook Branch of the Wapiti Library located at 105 Railway Ave., West (Provincial building). Library Hours: Limited capacity - Monday 2 pm - 6 pm; Tuesday 12 pm - 8 pm; Wednesday 2 pm - 8 pm; Thursday 12 pm - 6 pm; Friday 9 am - 4 pm.

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# Minutes of a Town of Spiritwood regular meeting

(Where necessary, the following minutes may have been edited for clarity or brevity)

The regular meeting of the Council of the Town of Spiritwood was held via Sasktel Teleconference on Dec. 15, 2020 at 7 p.m.

In attendance were Mayor Gary von Holwede, Councillor Bryan Wingerter, Councillor Shannon Beaulac, Councillor George Pretli, Councillor Kiera Andres, Councillor James Bedi, Councillor Brad Nemish, and CAO Rhonda Saam.

A quorum being present, Mayor Gary von Holwede called the meeting to order at 7 p.m.

Bryan Wingerter: That the Accounts for Ratification, Cheque No. 31167 to 31179 & CAFT Payments 202 to 229 in the amount of \$68,090.93 be approved as presented. Seconded by Brad Nemish. Carried.

Jim Bedi: That the Accounts for Approval, Cheque No. 31180 to 31207 in the amount of \$105,853.36 be approved as presented. Seconded by Shannon Beaulac. Carried.

Bryan Wingerter: That the Bank Reconciliation for the months of September, October, and November 2020 be approved as presented. Seconded by Jim Bedi. Carried.

Bryan Wingerter: That the Financial Statement for the month of September, October, and November 2020 be approved as presented. Seconded by Shannon Beaulac. Carried.

Shannon Beaulac: That we transfer 2020 budgeted funds from GL 580-285-150 Water Line Repairs in the amount of \$85,000 from the General Chequing Account to the Reserves Chequing Account; and, that we transfer 2020 budgeted funds from GL 585-285-120 Sewer Line Repairs in the amount of \$45,000 from the Gen-

eral Chequing Account to the Reserves Chequing Account. Seconded by Brad Nemish. Carried.

Shannon Beaulac: That the following remuneration be made for 2021, effective Jan. 1, 2021: Mayor and Councilors: Mayor - \$250/month, regular meetings- \$85/meeting, special meetings- \$85/meeting, committee meetings- \$45/meeting, away for town business- \$105/day; meals are as follows: breakfast- \$10/day, lunch- \$15/day, supper- \$20/day; mileage- \$0.45/km; fire department: fire chief- \$250/month, deputy fire chief- \$250/month, fire members (fire call-outs)- \$20/hr with min 3 hour call out, fire members (training)- \$20/hr plus mileage if applicable, fire members- \$10/meeting; pest control: dog catcher- \$350/month. Seconded by George Pretli. Carried.

Jim Bedi: That the 2021 regular meetings of council shall be held on the 2nd and 4th Tuesday of each month commencing at 7 p.m. at the Town Office which may be held via teleconference call with the following exceptions: July will be on the 27th only, August will be on the 24th only, and December will be on the 14th only. The 2021 regular council meeting schedule will form part of the minutes and be posted at the town office. Seconded by Bryan Wingerter. Carried.

Jim Bedi: That we approve the 2021 Transfer Site Schedule as presented to form part of the minutes and be posted at the town office, with Transfer Site Hours set as follows: Summer Hours - April 1 through Sept. 30, Wednesdays 5 p.m. to 8 p.m. and Saturdays 11 a.m. to 4 p.m.; Winter Hours - Oct. 1 through March 31, 1st and 3rd Saturdays of every month, 11 a.m. to 4 p.m.

George Pretli: That we provide a discounted dump day to Town Ratepayers on May 15, 2021 with a 50% discount

on Tipping Fees with the exception of shingles. Seconded by Shannon Beaulac. Carried.

Brad Nemish: That in 2021 we continue with the appointment of Gord Krismer & Associates Ltd. as our Board of Revision for assessment appeals and as our Development Appeals Board for appeals under the Planning & Developments Act. Seconded by Jim Bedi. Carried.

Bryan Wingerter: That we postpone our decision on the 2021 Extra Hour Purchase Request and the 2021 Grant Request until we receive a letter from the Spiritwood Public Library in regards to their post COVID-19 operational plan. Seconded by Brad Nemish. Carried.

Jim Bedi: That we approve forwarding the outstanding utility accounts past due 90 days to the Tax Roll as attached to form part of the minutes. Seconded by George Pretli. Carried.

Bryan Wingerter: That we provide budgeted funds to SARCS for their general operations in the amount of \$34,000. Seconded by Shannon Beaulac. Carried.

George Pretli: That Jim Bedi, Brad Nemish, George Pretli, and Rhonda Saam register for the Municipalities of Saskatchewan Virtual Tradeshow & Convention on Feb. 7-10, 2021. Jim Bedi and Brad Nemish will be appointed as the Town of Spiritwood voting delegates, and Neil Gaboury will be registered as a Virtual Tradeshow Observer. Seconded by Bryan Wingerter. Carried.

Bryan Wingerter: That we ratify the decision to approve Building Permit #16-2020SW to construct a cold storage addition on the principal building on Lot 1 Block 6 Plan BH2038, with the condition of approval from the building inspector. Seconded by Jim Bedi.

Carried.

Jim Bedi: That Bylaw No. 534/20, a bylaw to provide for the retention and disposal of records, be read a first time. Seconded by Shannon Beaulac. Carried.

Brad Nemish: That Bylaw No. 534/20, a bylaw to provide for the retention and disposal of records, be read a second time. Seconded by George Pretli. Carried.

George Pretli: That Bylaw No. 534/20, a bylaw to provide for the retention and disposal of records, be given three readings at this meeting. Seconded by Bryan Wingerter. Carried unanimously.

Shannon Beaulac: That Bylaw No. 534/20, a bylaw to provide for the retention and disposal of records, be read a third time and finally adopted. Seconded by George Pretli. Carried.

Jim Bedi: That notice be given as in accordance with the Public Notice Bylaw No. 444/08 adopted by Town of Spiritwood in the Province of Saskatchewan, that the following items will be discussed by the Council in the Town of Spiritwood at a Special meeting to be held Dec. 22nd, 2020 via Sasktel Teleconference Call at 6:30 p.m.; Borrowing money to purchase an office building. Seconded by Bryan Wingerter. Carried.

Shannon Beaulac: That this meeting be adjourned at 8:30 p.m. Carried.

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Friday  
4:00 p.m.**

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**Workmaster 75**

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**Workmaster 120**

Heat, AC Cab, 120 HP, 84" 632TL front loader, 3200 lbs. of 3-PT lift capacity, 16.9 gpm implement pump, 540 RPM rear PTO



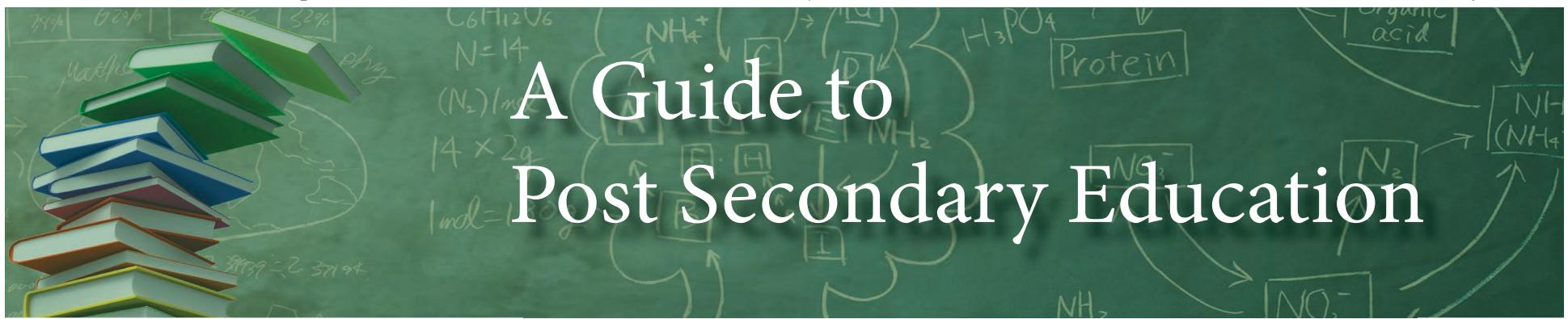
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Deluxe cab, w/ heat and AC, 120 HP, 4WD, 84" 800TL front loader, 16.9 gpm implement pump, 5620 lbs. of 3-PT lift capacity, 540/1000 RPM rear PTO.



**T5.120**

Deluxe ComfortRide cab, w/ instructor seat, heat and AC, 120 HP, 4WD, 84" 800TL front loader, 16.9 gpm implement pump, 8084 lbs. of 3-PT lift capacity, 540/1000 RPM rear PTO.



# A Guide to Post Secondary Education

## MHC adds Agroecology to program mix

*Written by the Medicine Hat College*

An exciting new program has been added to Medicine Hat College's academic offering, giving students interested in sustainable agriculture an opportunity to become a registered technologist in Agrology (RTAg), while staying close to home in the southern Prairies.

The two year Agroecology Technician diploma program provides students with the competencies required for producing food, forage, fiber, and fuel using sustainable methods, as well as a range of knowledge in the three E's: environment, economics, and energy using systems theory.

Learners will engage in experiential learning opportunities to gain real-world experience in designing, monitoring and assessing sustainable agroecological systems, meeting the knowledge, technical skills, and performance competencies required for certification with the Alberta Institute of Agrologists.

"Medicine Hat College is excited to bring this opportunity to learners in southern Alberta and Saskatchewan as the program is well-aligned and serves the needs of our region and communities in terms of offering new streams of employment and alternative ways of doing agriculture," explains the program's coordinator, Brent Smith.

This program uniquely teaches a systems-thinking approach to sustainable agriculture and will equip learners with the knowledge and skills required for protecting and conserving natural ecosystems, as well as maximizing production systems that mimic natural systems such as perennial crops, diversity, rotations, limited/no till grazing, and many more.

"Agriculture is one of southern Alberta's leading industries, and there is always going to be resources and demand for agriculture because everyone needs to eat," adds Smith. "This program leverages an important part of our re-

gion's economic sector and prepares students to find meaningful, long-term employment and a future income stream that's not going to be subject to market forces."

Employment opportunities that stem from the completion of the Agroecology Technician diploma include agricultural research technician, urban agriculture designer or landscaper, range management consultant or professional, and an environmental consultant.

Graduates will also be equipped with the entrepreneurial knowledge needed to start a business in sustainable agriculture or greenhouse horticulture, or support the takeover of a family agriculture business as a crop or livestock producer.

"An exciting aspect to this program is the innovative and creative opportunities in diversifying current practices and products that will emerge. Students will learn about free food production design systems, low input parks and community spaces, and drought-proofing and water harvesting that all have a profoundly positive impact on the fu-

**ture of our communities and our environment.**

"Additionally, there are all kinds of agricultural products that our region is well-suited to produce that we are currently not taking advantage of, and this program can be influential in creating new industry and bringing subsequent jobs in our region," remarks Smith.

Upon completion of the diploma, the opportunity further exists for students to transfer to universities offering sustainable agriculture programs.

Applications are now open for this program, with the first intake of students to begin their studies in Fall 2021.

For more information on MHC's Agroecology Technician program or to apply, visit [www.mhc.ab.ca](http://www.mhc.ab.ca). To schedule an appointment with a career specialist or academic advisor, call 1-866-282-8394.



**Photo courtesy of the Medicine Hat College**

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 MEDICINE HAT COLLEGE

## Creative passion becomes profession

*Written by the Medicine Hat College*

From small town Saskatchewan to beautiful British Columbia, education at Medicine Hat College (MHC) helped pave the way to a career of joy and fulfillment for Myron Campbell.

Campbell is a thriving artist and a professor in the division of Visual Arts at the University of British Columbia Okanagan (UBCO). His creative journey began in the Visual Communications diploma program at MHC, which has since become Bachelor of Applied Arts – Art and Design.

"Medicine Hat College is a little gem. I first heard about the institution from my junior high art teacher and after high school, I went to the city to visit a friend who was taking the program. I absolutely loved it there," remarks Campbell.

"Medicine Hat was the perfect size and not too big which was desirable to me having grown up in Weyburn, Saskatchewan. The facility had high end equipment and 24 hour access - both were unprecedented at the time. The program was well rounded in that I could pursue my own personal art, as well as client-based work at the same time. I knew it was the perfect fit for me."

Campbell acknowledges the program as being influential in shaping him into the

artist he is today, crediting the vast array of modalities, skills, and techniques he was exposed to during his time at the college.

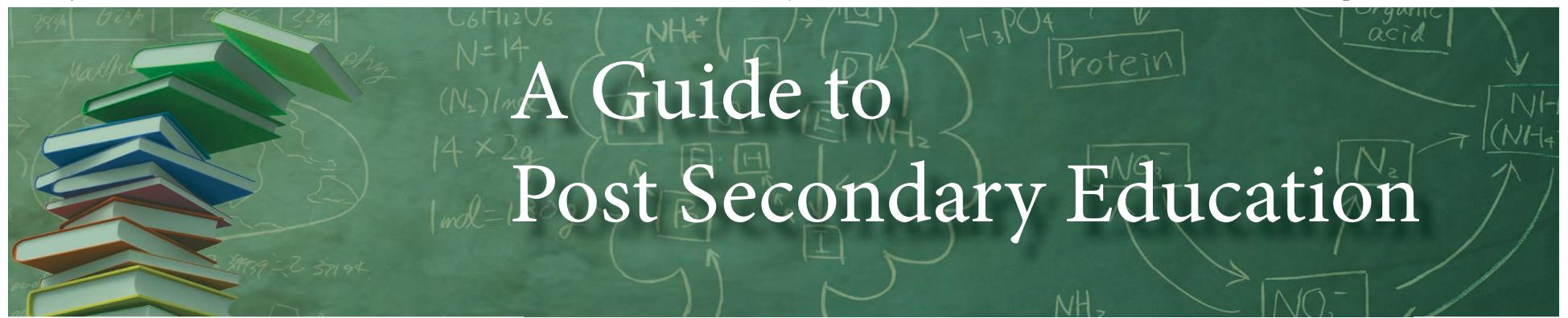
"MHC's program is unique in that it offers a real balance of both fine arts training and design training. It's pretty rare to get that balance in a program, and the college does a great job of it," explains Campbell.

"It's an ideal academic pathway for someone like me who can't decide what type of artist I am on any given day. I was introduced to every medium possible and then built up my practice to what suited me. I received a real broad training which was so awesome."

Campbell praises a professor he had at MHC as a huge inspiration and driving force behind where he is today, a role he strives to fill for the students he now teaches.

"Teaching creative studies is where I belong. My passion for art and creativity has lead me to a place where I'm forever being fulfilled, inspired, and growing as an artist, designer and practitioner."

Learn more about Art & Design and all of the programs Medicine Hat College has to offer at [www.mhc.ab.ca](http://www.mhc.ab.ca). To schedule an appointment with a career specialist or academic advisor, call 1-866-282-8394.



# A Guide to Post Secondary Education

## Team effort enhances student experience

Sask Polytech Simulation Centre teams up with Addictions Counselling to give students real world experience.

*Written by Saskatchewan Polytechnic*

Ask alumni about their time at Saskatchewan Polytechnic and they'll probably have a story about one special class. For current students in the Addictions Counselling diploma program, that one class may very well be COUN 155- Addictions Counselling Practice.

"Individual counselling is the cornerstone of an addiction counsellor's work, and Addictions Counselling Practice gives students the skills they will need in the workplace," says instructor Joy Friesen. "It's a lab class where students practice the counselling model with each other, but we thought providing them with simulated clients would be an outstanding experience."

Simulated clients? Friesen is referring to actors hired by Sask Polytech's Simulation Centre to portray different clients. Each client had a different presenting problem, level of motivation and way of sharing their story.

"It's difficult to simulate the dynamic that happens in real life between a client and a counsellor. When students are practicing with their peers or instructors, there's a degree of comfort because you know it's not a real client," Friesen says.

Using live actors to simulate the client-counsellor interaction was designed to give students an opportunity to work through the

first stage of the counselling model, while at the same time adapting each client's defense mechanisms, types of storytelling and process of building rapport. Students also practiced building cultural safety and being culturally responsive with clients.

COVID-19 prevented students' from having face-to-face interactions, so Benn Hart and Wendy Wilson, both simulation technicians at Sask Polytech, stepped up to help develop an experience that was as real as possible.

"With COVID, Sask Polytech had to move a lot of things to virtual platforms very quickly, so it's been really busy in the Simulation Centre," Hart says. "What we do often looks easy, but there's a lot we have to do in the background to make it happen."

The first step was meeting with Friesen to discuss her goals. "This was our first time working with the Addictions Counselling program, so we had a Zoom meeting with Joy to get a clear understanding of what she was looking for," says Wilson. "We hired actors to fit her scenarios and brought them to our simulation centre in Saskatoon, where we could ensure contact and social distancing guidelines were followed. We worked with the actors on their roles and set up the rooms."

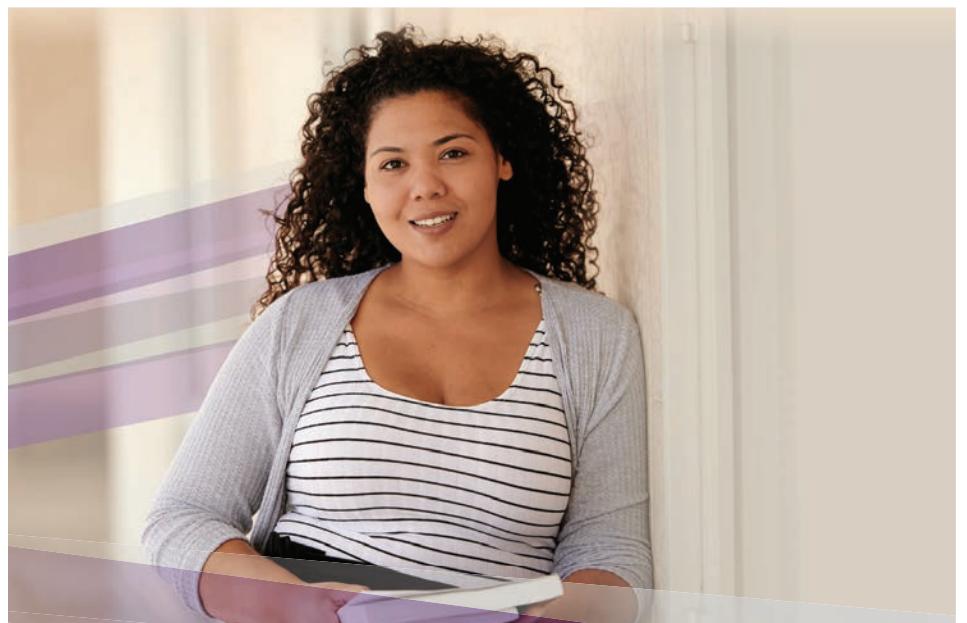
Friesen met with the actors to brief them on the counselling model and the goals of the clinical lab. "I also encouraged them to ad lib. I wanted our students to learn to trust themselves, because a counsellor never knows what a client will say or how they will act," she says.

The simulation rooms were equipped with cameras and the necessary technology to allow remote log in to the virtual counselling sessions. Wilson and Hart provided onsite technical support, while Friesen and her students logged in from their homes. Each student completed a 30 to 40-minute simulated counselling session, followed by feedback from observing students and the actor. Friesen was able to view

each session as it happened.

Based on student feedback, the virtual counselling sessions were a big success. "Our students loved having this opportunity," Friesen says. "They say it really helped

them understand the importance of staying grounded, of building the therapeutic alliance and of meeting the client where they are at. The whole simulation experience was rich in learning and really built their confidence."



## Shape your tomorrow.

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**Photo courtesy of Saskatchewan Polytechnic**

The Saskatchewan Government is committed to ensuring students have the tools and resources to excel in their studies and their careers right here in Saskatchewan.

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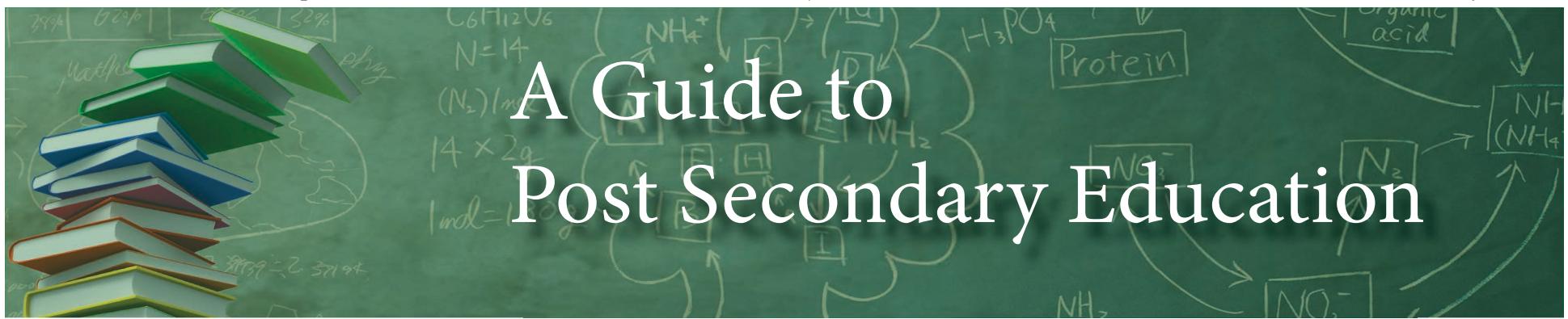
For more information visit [Saskatchewan.ca](http://Saskatchewan.ca).

**Nadine Wilson**  
MLA for Saskatchewan Rivers  
[saskrivers@sasktel.net](mailto:saskrivers@sasktel.net)

**Hon. Jeremy Harrison**  
MLA for Meadow Lake  
[jharrisonmla@sasktel.net](mailto:jharrisonmla@sasktel.net)

**Hon. Scott Moe, Premier**  
MLA for Rosthern-Shellbrook  
[scottmoe.mla@sasktel.net](mailto:scottmoe.mla@sasktel.net)





# A Guide to Post Secondary Education

## Building connections at Brandon University

*Written by the Brandon University*

BRANDON, Man. — The past year has shown us how important it is to stay connected with families, friends and our community. Helping students build those strong connections is something that Brandon University does best.



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# Minutes of an R.M. of Blaine Lake meeting

*(Where necessary, the following minutes may have been edited for clarity or brevity)*

The Minutes of the Regular Meeting of the Council of the Rural Municipality of Blaine Lake #434 which was held in the RM's Municipal Office, at 118 Main Street, on Tuesday, Dec. 8, 2020.

Present: Gerry Strelloff - Reeve, Michael Chudskov - Division 1, John Serhienko - Division 2, Courtney Swystun - Division 3, Alan Lavoie - Division 4, Robert Dagenais - Division 6, Jennifer Guknecht - Administrator.

Absent: John Priestley - Division 5.

The meeting was called to order by Reeve Strelloff at 8:04 a.m.

Chudskov: That the Council of the RM of Blaine Lake #434 approves the Nov. 17, 2020 regular meeting minutes as presented. Carried

Chudskov: That the Council of the RM of Blaine Lake #434 rescind resolution 562/20. Carried (This was a motion directing Administration to provide council with a complete cost on what the shop truck is costing to maintain.)

Lavoie: That the Council of the RM of Blaine Lake #434 accepts the Financial Statements as information only. Carried

Councillor Priestley arrived at 8:15 a.m.

Dagenais: That the Council of the RM of Blaine Lake #434 approves the List of Accounts for Approval, including cheques 4956 through 4987 with the total payable amount being \$67,754.83. Carried

Lavoie: That the Council of the RM of Blaine Lake #434 approves the Additional Accounts for payment as presented by Administration, totalling \$9148.21:

- Brandt \$336.07
- Brandt \$329.84
- Lake Country CO-OP \$2279.68
- Munisoft \$71.49
- Munisoft \$2241.96
- Riverlot Holdings Inc. \$79.60
- SARM \$171.50
- Alan Tanchak \$1397.28
- Triod Supply \$265.29
- Brian Verbonac \$1975.50

Chudskov: That the Council of the RM of Blaine Lake #434 approves the presented Council Indemnities for payment: Councillor Dagenais \$258.00 (Nov. 2020), Councillor Priestley \$150.00 (Nov. 2020). Carried

Lavoie: That the Council of the RM of Blaine Lake #434 adopts the Snow Removal Technique as presented, for the use of the Snow Wing for implementation by Public Works, and is to be added to the Winter Maintenance Policy. Carried

Lavoie: That the Council of the RM of Blaine Lake #434 move in camera to discuss Personnel matters, compliant with s. 120(2) of The Municipalities Act, and on the basis that the discussions that take place during that meeting apply to s. 16(1) (b) and (d) of The Local Authority Freedom of Information and Protection of Privacy Act., the time being 9:05 a.m. Carried

Dagenais: That the Council of the RM of Blaine Lake #434 move out of camera, the time being 9:17 a.m. Carried

Dagenais: That the Council of the RM of Blaine Lake #434 authorizes the Reeve and Administrator to sign the Letter of

Understanding with the Union as presented. Carried

Swystun: That the Council of the RM of Blaine Lake #434 acknowledges the receipt of all Elected Officials Public Disclosure Statements. Carried

Swystun: That the Council of the RM of Blaine Lake #434 awards the Asset Management Plan project to Urban Systems as per their Proposal submitted. Carried

Councillor Serhienko left the meeting at 9:31 a.m.

Reeve Strelloff left the room at 9:33 a.m.; he returned to the room at 9:35 a.m.

Council: That the Council of the RM of Blaine Lake #434 appoints Councillor Swystun to research for GPS options for the use of the RM graders. Carried

Dagenais: That the Council of the RM of Blaine Lake #434 approves the Customer Acknowledgement and Consent to Email Delivery form as presented by Administration for implementation. Carried

Council: That the Council of the RM of Blaine Lake #434 confirms the municipality meets the eligibility requirements to receive the Municipal Revenue Sharing grant.

That we understand if any requirements are not met, our Municipal Revenue Sharing Grant may be withheld until all requirements are met;

and That we authorize the Chief Administrative Officer to sign the Declaration of Eligibility and submit it to the Ministry of Government Relations. Carried

Council: That the Council of the RM of Blaine Lake #434 grants permission to Administration to register for the Munisoft Year End Webinars. Carried

Council: That the Council of the RM of Blaine Lake #434 sets the rate for Road Leases in the amount of \$1.00/road; and that any current road leases that have been overcharged be refunded for the difference. Carried

Delegation: Sheldon O'Fukany & Spencer McNie of Water Security Agency RE: Ducks Unlimited/Makaraoff/Boulanoff Complex; Fencing the RM Shop; Thickwood Hills Membership; arrived 10 a.m., departed 11 a.m.

Councillor Serhienko returned to the meeting at 10:14 a.m.

Councillor Lavoie left the room at 10:45 a.m.; he returned to the room at 10:47 a.m.

Reeve Strelloff left the room at 10:47 a.m.; he returned to the room at 10:48 a.m.

Chudskov: That the Council of the RM of Blaine Lake #434 approves the quote from Munisoft for Custom Work. Carried

Council Tabled the following proposed Bylaws: Council Procedures; Council Code of Ethics; Public Notice Policy; Anti-Harassment Policy.

Council: That the Council of the RM of Blaine Lake #434 amends Bylaw 05-2020 being a Bylaw to Authorize the Administrator to Issue Cheques and Pay Accounts Pursuant to Section 111(2)(j) of the Municipalities Act, to include "and a second signor" to all clauses in the Bylaw, following "The Administrator." Councillor Serhienko was absent during this resolution/vote. Carried

Councillor Chudskov left the room at 11:27 a.m.; he returned to the room at 11:28 a.m.

Lavoie: That the Council of the RM of Blaine Lake #434 performs a second reading of Bylaw 05-2020. Carried

Councillor Swystun left the room at 11:30 a.m.; he returned to the room at 11:31 a.m.

Lavoie: That the Council of the RM of Blaine Lake #434 has reviewed the Progressive Disciplinary Policy and approves it for continuation of use, without any changes necessary. Councillor Serhienko was absent during this resolution/vote. Carried

Councillor Serhienko left the meeting at 11:35 a.m.

Council: That the Council of the RM of Blaine Lake #434 approves the Custom Work Waiver as presented by Administration. Carried

Councillor Lavoie gave a verbal update of the Library Committee current events.

Chudskov: That the Council of the RM of Blaine Lake #434 authorizes the Administrator to sign the Brandt (loaner) Rental Agreement. Carried

Swystun: That the Council of the RM of Blaine Lake #434 directs Administration to complete the Clearing the Path Corridor Statutory Declaration. Carried

Dagenais: That the Council of the RM of Blaine Lake #434 accepts the counter offer from the Town of Blaine Lake, however, the transfer of titles shall not take place until the five-year period for payment has been completed and the payment has been made in full. Carried

Lavoie: That the Council of the RM of Blaine Lake #434 acknowledges all correspondence presented to Council and di-

rects Administration to file all except the following:

- A \$205.00 donation to the Royal Canadian Legion
- Administration responds to Will Chalmers complaint
- Future consideration of submitting a SARM Resolution regarding the deer population

Dagenais: That the Council of the RM of Blaine Lake #434 move in camera to discuss Personnel matters, compliant with s. 120(2) of The Municipalities Act, and on the basis that the discussions that take place during that meeting apply to s. 16(1) (b) and (d) of The Local Authority Freedom of Information and Protection of Privacy Act., the time being 2:10 p.m. Carried

Council: That the Council of the RM of Blaine Lake #434 move out of camera, the time being 2:18 p.m. Carried

Council: That the Council of the RM of Blaine Lake #434 amends the 2021 Regular Council Meeting Schedule to meet the third Tuesday of every month: Jan. 19, Feb. 16, March 16, April 20, May 18, June 15, July 20, Aug. 17, Sept. 21, Oct. 19, Nov. 16, Dec. 21.

Meetings from May through September will start at 8 a.m.; during the months of seeding and harvest, meetings will start at 7 a.m.; for the rest of the months of the year, meetings will start at 9 a.m. Carried

Council: That the Council of the RM of Blaine Lake #434 adds the new employee to the SARM Employee Benefits as single status. Carried

Council: That the Council of the RM of Blaine Lake #434 adjourns, the time being 2:25 p.m. Carried

## PRAISE & WORSHIP

Regular services, Sunday school and special services will be listed.

### PARTNERS IN FAITH

Lutheran/United/  
Christchurch Anglican,  
137-2nd St. W.  
Spiritwood  
Worship 11:00 a.m.  
Rev. Sarah Urano

### UNITED / ANGLICAN

Worship Services  
Glaslyn  
Time is on the sign  
Rev. Kun Kim  
Rev. Don Skinner

### CATHOLIC SUNDAY

Spiritwood - 11:15 a.m.  
Leoville - 9:30 a.m.  
Chitek Lake - Closed for  
the Season

Everyone Welcome  
SATURDAY  
Shell Lake - 2:00 p.m.  
Medstead - 6 p.m.

Father Ramel Macapeia

### PARTNERS IN WORSHIP

Shell Lake  
Online Worship  
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Pastor Sarah Urano

### SEVENTH DAY ADVENTIST

407 - 2nd Ave. E.  
Shellbrook  
Sat., 9:45 am -  
Sabbath School

Sat., 11:00 am - Worship

Broadcast on  
VOAR 92.1 FM  
Pastor Liviu Tilihoi  
306-747-3398

### MENNONTIE BRETHREN

Glenbush  
10:00 am - Sunday School  
Worship 10:50 am

### FIELDS OF HOPE (HOFFNUNGSFELDER)

MENNONTIE CHURCH  
Glenbush  
Worship - 11:00 am

### BETHEL

Medstead  
1st Sunday, 10 am -  
Worship  
Pastor David Jensen  
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Sun., 10:30 am - Worship  
Pastor Bill Klumpenhower

### LAKELAND COMMUNITY CHURCH

Spiritwood  
Sun., 11 am - Worship  
Service & Sunday School  
Pastor Gerry Zak

### BELBUTTE FULL GOSPEL

11 am Worship Service  
1st Sun., 7:30 pm  
- Hymn Sing  
Pastor Floyd Berg

### COWBOY CHURCH

Spiritwood  
Every Wednesday Night  
7 pm  
Spiritwood Legion Hall  
Pastor Rick Martin

# Underutilized perennials for the garden: Part 2

**By Sara Williams and Jackie Bantle**

Last week we discussed several early blooming spring perennials that are completely hardy but under-utilized in the Prairie garden. This week we continue with three more later spring blooming perennials that are dependable and noteworthy.

#### **Spring adonis (*Adonis vernalis*)**

One of the hardest and most lovely and dependable perennials, spring Adonis is also one of the least seen. According to Greek mythology, it was named after Adonis the Greek god of plants. The word *vernalis* means spring, the time when it blooms.

It forms a mound about 50 cm high of light green, finely dissected, almost ferny foliage. The single flowers, on 30 cm stems, are waxy yellow and buttercup-like. They are about 6 cm in diameter with 10 to 20 petals that open flat in early spring.

Spring adonis does best in evenly moist, well-drained soil well amended

with organic matter. Plant spring adonis in the front of a border, a shade garden or a rock garden as it flourishes in both full sun and full shade.

#### *Propagation*

Spring adonis seeds need at least six weeks of temperatures below 5°C to initiate germination: it is best to sow seed directly outdoors in fall or very early spring. Seeds are available from Plant World Seeds ([www.plant-world-seeds.com](http://www.plant-world-seeds.com)). Wrightman Alpine Nursery in New Brunswick sells plants. ([www.wrightmanalpines.com](http://www.wrightmanalpines.com))

#### **Fernleaf clematis (*Clematis hirsutissima*)**

Most prairie gardeners are familiar with clematis as a vine, but the herbaceous, non-climbing clematis are less well known. Hairy or fern-leaved clematis (*C. hirsutissima*) is native to the Great Plains states and was first collected by John Scott in 1872 in Colorado. The species name means hairy and describes the long silky hairs on its foliage which is much divided and almost fern-like. The blue flowers appear in spring on 60 cm (2 ft) stems and are followed by feathery seed heads. It's a truly hardy, lovely and rare plant.

Grow plants in full sun or light shade in soil with average moisture that has been well amended with organic matter. Plants are well suited to the front or mid-range of a perennial border. Fernleaf clematis tolerates rabbits, deer and drought.

#### *Propagation*

They may be increased from seed or early spring division or propagated by cuttings in late spring before flowering. Plants are difficult to source but check with Honeywood Nursery in Parkside, Saskatchewan or Skinner's Nursery in Roblin, Manitoba as possible suppliers.

#### **Shield-leaf, astilboides**

#### **(*Astilboideatabularis*)**

If you have visited English gardens and marveled at (and had your photo taken with) Gunnera, here is a slightly smaller but much hardier version. Although unrelated, astilboides is the perfect antidote for "Gunnera withdrawal" when prairie garden travelers return home. The species name *tabularis* means table, a reference to the leaves. One of the common names, shield-leaf, describes the shield-like appearance of the foliage. Native to northern China, Manchuria and North Korea, where it grows in moist woodlands and near lakes and streams, *Astilboideatabularis* is much hardier than its classification in many publications suggests. It has been grown for over a decade in a rural Saskatchewan garden (formerly zone 2, now designated as zone 3).

A bold plant of great architectural value, it is nevertheless well behaved, form-

ing a slowly enlarging clump. Its large circular leaves are 30 to 45 cm (12-18 in.) in diameter and about 1 m (3 ft) in height. The leaf stalks are in the center of the leaf blade, giving them an umbrella-like appearance. As the genus name, *astilboides*, suggests, the creamy white flowers, formed on 120 cm (4 ft) stalks in early summer, resemble those of astilbe.

Plant astilboides in full or partial shade in humus rich but well drained soil. It demands even moisture but should not be water-logged. Mulching is beneficial. This is an excellent perennial for a shaded border or a woodland garden alongside ferns and hostas.

#### *Propagation*

If you have a friend with this remarkable plant, it is easily propagated by divisions in early spring. Seeds, available from Plant World Seeds, germinate easily under moist, room temperature conditions. Plants are available from Gardenworks in Burnaby, BC and Fraser Thimble Farms located on Salt Spring Island.

Tune in next week for our final part in this series studying underutilized perennials.

*This column is provided courtesy of the Saskatchewan Perennial Society (SPS; [saskperennial@hotmail.com](mailto:saskperennial@hotmail.com)).*



*Adonis vernalis* blooming in late spring. Photo credit: Sara Williams.



*Astilboideatabularis* mid-summer is a shady moist location. Photo credit: Jackie Bantle.

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# SPORTS

January 28, 2021

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Shellbrook Chronicle & Spiritwood Herald 15

## Quarterbacks dominate NFL spotlight

The state of the National Football League, where the quarterback is king, is in good shape. Almost guaranteed for the Feb. 7 Super Bowl in Tampa, Fla., is a classic quarterback matchup.

The crop of young QBs is strong, and seemingly expanding every year. The crop of old guys, stars destined for the Hall of Fame, is slowly eroding, but their skills remain at a high level.

This year's playoffs featured four quarterbacks among the best the game has known — Tom Brady, Aaron Rodgers, Drew Brees and Phillip Rivers. The latter was the first to be eliminated, as his Indianapolis Colts were beaten by Baltimore Ravens, led by one of the most exciting of the newcomers — Lamar Jackson. Brees, who will retire to a job in a TV broadcast booth, was sidelined the next week, losing to Brady and his Tampa Bay Bucs.

Patrick Mahomes of Kansas City Chiefs is the most prominent member of the new breed. The QB's résumé already includes a Super Bowl title and a league MVP crown, and it's likely more of each

will accumulate before he calls it a career. Jackson, meanwhile, also has an MVP title, and is arguably the most exciting player wearing an NFL uniform today.

This year's playoffs also featured two quarterbacks just beginning to post gold stars on their résumés. One is Buffalo's third-year pro Josh Allen, and the Bills are riding his skills towards becoming an NFL power.

Whether that manifests to a Super Bowl appearance this year or down the road remains to be seen, but if Allen were to guide the Bills to a Super Bowl title, there would be immediate talk of a statue in his honour. The Bills, of course, are known infamously as the team that made it to the Super Bowl four years in a row, from 1991-94 — and lost four years in a row. The second is another third-year player, Baker Mayfield of Cleveland, who led the Browns to their first playoff victory since 1995. The Browns, who beat Pittsburgh 48-37 Jan. 10 in a wildcard game, fell in the next round to Mahomes and the Chiefs. Mayfield

statue plans, however, are



BRUCE  
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~

still in the formative stage on the shores of Lake Erie.

Super Bowl 55 is still more than a week away, but the storylines are guaranteed to be intriguing. Brady on his home field? Rodgers making Green Bay fans forget about Brett Favre? Mahomes cementing his status as today's No. 1? Allen breaking through? No matter how it shakes down, it will be a classic.

• Dwight Perry of the Seattle Times: "Jim Harbaugh has reached an incentive-laced contract extension to coach Michigan football coach through the 2025 season. No truth to the rumour that Ohio State boosters bankrolled the whole thing."

• Janice Hough at left-coastsportsbabe.com., on

the James Harden trade to Brooklyn Nets, coached by Canadian Steve Nash: "Harden, Irving and Durant in the same locker room? I really like Steve Nash. And hope his insurance has good mental health coverage."

• Bob Molinaro of pilotonline.com (Hampton, Va.): "The Nets have brought together an amazing array of star-studded head cases. If I were rookie coach Steve Nash, I'd add two shrinks to my staff — one for the players, one for myself."

• Comedy writer Brad Dickson of Omaha: "Charles Barkley said pro athletes deserve preferential treatment when it comes to getting the vaccine. Personally, I think the vaccine should be distributed based on a person's form when driving a

golf ball."

• Comedy writer Alex Kaseberg: "The Tampa Bay-New Orleans play-off game featured quarterbacks Tom Brady and Drew Brees, aged 43 and 42 respectively. You could have placed a bet in Las Vegas on which one is the first one to walk into the huddle and say, 'Now why did I come in here?'

• Jack Finarelli, at sportscurmudgeon.com, on the James Harden trade to Brooklyn: "We will soon find out if James Harden, Kyrie Irving and Kevin Durant learned their lessons about 'sharing with others' in kindergarten."

• Dwight Perry again: "News alert: This just in: NBA rejects Nets' desperate request to play games using three basketballs."

• Phil Mushnick in the

New York Post: "The practical subtitle for HBO's tell-most documentary on Tiger Woods would have been 'What TV and Other Media Knowingly, Dishonestly Ignored for 25 years.'"

• Former Raiders' exec Amy Trask, in The Athletic, on how nervous she was about becoming a CBS TV contributor: "I went to our producer and I said, 'Look, there is a really, really good chance I'm going to throw up all over myself when we go live. His face just lit up and he said, 'That would be great content.'

• Wizards guard Bradley Beal, to reporters, on his team's floundering start: "At this point, we can't guard a parked car."

Care to comment? Email brucepenton2003@yahoo.ca

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Sunday School,  
Worship Sunday, 11 a.m.  
St. John's - Shellbrook  
Sunday School,  
Live-stream worship service on Facebook,  
Worship Sunday, 9 a.m.  
Rev. Emmanuel Aristide

**PENTECOSTAL CHURCH**  
Parkside  
10:30 a.m. Worship  
Pastor Daniel Mooseley  
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Shellbrook  
Adult Study  
9:30 a.m.

Sun., 11 a.m. - Worship  
Pastor David Bodvarson  
306-747-7235  
Canwood  
11:00 a.m. - Worship  
Pastor Glenn Blazosek  
306-468-2138  
Leask Gospel Tabernacle  
Sunday 11 a.m. & 6:30 p.m.  
Pastor Lorne Valuck

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Sunday worship  
11:00 a.m.  
Rev. Katherine Bretzlaff

**IMMANUEL LUTHERAN**  
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11 a.m. - Worship

**ANGLICAN CHURCH**  
Leask - All Saint's  
Sunday, 9 a.m. - Service  
St. Andrew's - Shellbrook  
Sunday, 11 a.m. Service  
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Sunday, 11 a.m. - Service  
2 p.m. Service 2nd Sunday of the month  
Rev'd Eyad Ajii  
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Big River  
Sundays

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Pastor Bill Klumpenhower

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Fr. Dong Doan  
Big River - Sacred Heart  
Sun., 11:30 a.m. - Mass  
Whitefish  
Sun., 2:30 p.m. - Mass.  
Victoire  
Sat., 7:30 p.m. - Mass.  
Fr. Dong Doan  
St. Agatha's - Shellbrook  
Mass - Sunday 9 a.m.  
St. Henry's - Leask  
Mass - Sunday - 11 a.m.  
Mistawasis  
2<sup>nd</sup> & 4<sup>th</sup> Sundays, 1:30 p.m.  
Fr. Phong Tran

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Be further advised that:

Julie Hagen of Box 214, Medstead, Sask. S0M 1W0 was appointed liquidator.

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Liquidator of the Co-operative

### NOTICE TO CREDITORS

#### NOTICE TO CREDITORS

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NOVUS LAW GROUP  
Barristers & Solicitors  
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Attention: Bill Cannon  
Solicitors for the Estate

2-05

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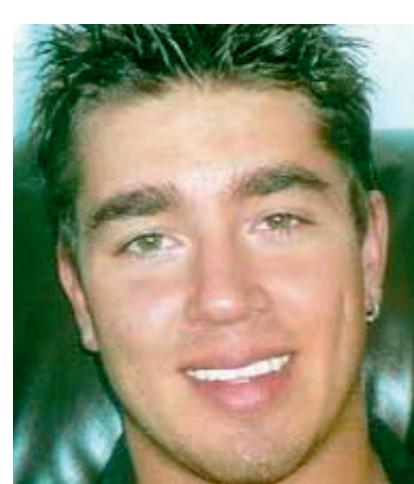
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# “Boil water!” — frontier midwives

**By Norma Galambos**

In the early part of the 20th century, midwives assisted women in giving birth on the Canadian frontier—the lone country doctor was only sent for in cases with complications such as a breech position or pre-term labour. The survival of the mother and baby rested solely in the hands of a midwife.

These unsung heroes supported mothers through their pregnancies and the “watchful waiting” period before the baby was born. The midwife regularly visited after the birth to weigh the baby and check its progress. This support was a lifeline to new mothers. It was considered medically necessary that mothers remain in bed for days after giving birth. If required, the midwife also cared for the other children in the home during the mother’s confinement.

Deliveries were done at the mother’s home or on occasion the birth would take place at the midwives’ house. The new mom and baby could stay and recuperate as long as needed. This was a welcome rest as mothers worked hard right up to their delivery date. They cared for their other children, did laundry, housework, and cooking, plus helped with the field work and farm animals.

When a midwife went to the patient’s house for a birth, they would do whatever had to be done until the mother and baby were alright to be on their

own. This included household tasks and even canning garden produce depending on the season. As a gesture of congratulations and support, neighbours sent gifts of food. This food was a great help to the midwife and the family.

The midwife’s medical bag included: a thermometer, scissors, measuring tape, cord ties, gauze and forceps. A pocket scale was used to weigh the baby by hooking the scale to the baby’s diaper and lifting it in the air. Boiling water was used to sterilize equipment. In years previous to this, the concept of sanitization wasn’t understood. When midwives and doctors started sterilizing instruments with boiling water, people didn’t understand the process, and it became a running joke. In all the old western movies, they always said “boil water” when a baby was coming. No one knew why they needed to boil water, but they did it anyway. Some thought that it was just said to give hovering family members something to do.

It was not custom at the time for fathers to be in the birthing room, and by birthing room, I mean their bedroom. Husbands made themselves scarce during labour and delivery. They stayed close to the house, though, listening anxiously for the sound of that first cry.

Healthcare was considered a commodity on the frontier—something

you paid for in cash, goods or services. Money was often in short supply, so midwives usually did not get paid cash. Other arrangements were made to give the midwife something in exchange for her services. My mom said that midwives often received a food item such as a live chicken as payment. I replied that it must have been nice to receive a big, fat chicken, but Mom said that chickens in those days were tall and skinny and best made into soup. It was better than nothing, though. I can picture a midwife walking home after days of gruelling work with a chicken tucked under her arm.

My husband’s Great-Grandma was born in 1891 in Orsent Miklos, Hungary. She lost her husband in World War I and eventually remarried. The family immigrated to Canada. In the late 1930s, she began serving as a midwife, delivering over 50 babies. At that time, women in their 40s were considered to be “older women.”

Midwives often didn’t have formal medical training. They relied on the knowledge they had gained through their personal childbearing experiences. They provided their services more as a labour of love than for financial gain, a symbol of paying it forward in honour of the women who had helped them in their hour of need.

When a birth was imminent, a family member or friend went on foot or by horse to get the midwife. They did the best they could to get there in time, no matter what the weather.

For the most part, women could not go to the hospital. Even if they could have afforded to pay the bill, it was too far to travel by wagon on poor or at times impassable roads. It was safer to stay at home.

Birthing stories recounted to me from those days include:

A woman in labour sending her older children to fetch the midwife. On the way, the kids spied plump Saskatoon berries and, un hurried, stopped to eat some. Luckily, the distance was only a mile and a half, and the midwife eventually got the message and made it on time.

A couple on their way to stay with family realizing four of the sixteen miles into the journey that their baby was about to be born. They pulled into a nearby farmyard, and the lady of the house delivered the baby.

No medical assistance arrived in time, so the husband delivered the baby. The other children were huddled in the corner of the living room, wide-eyed and fearful, wondering what was going on until they heard a baby cry.

Many of these young women came from cities to remote areas as teachers or war brides. The term war bride refers to women who met and married servicemen from other countries during the war. Following WWII, 48,000 women came to Canada as war brides, mostly from Britain, but a few were also from different European areas: France, Italy, Germany, the Netherlands and Belgium. As a war bride, you

joined a new family and adjusted to life in a different country. Other women became homesteaders when they followed their husbands on an adventure to start a new life.

Nurses also came from countries that had been decimated by the ravages of war. The male to female ratio in many European countries after the war was disproportionate, which was also a contributing factor in their decision. There was nothing left for them there. I had never thought about that before. I guess if your choice was to return to a bombed-out community or immigrate to the promised land, what would you have done?

England had more advanced medical practices, and the nurses who came from there brought valuable medical knowledge. It always created quite a stir when a single lady moved into a rural community. There was, of course, no social media at the time, but the news got around quickly just the same. These young ladies often married local farmers.

Pioneer life was a lonely and frightening experience for these women, many of whom were still teenagers. They left behind family, friends and security and found themselves in a life filled with uncertainty and hardship. Large families were typical, and women accepted that they would have as many children as they were meant to have.

Sadly, some mothers perished during or after childbirth due to various complications. Fathers were left with a newborn baby and other children to care for. With no financial safety net, the youngest children were sent away to be raised by relatives and friends. The sudden loss of their mother and the abrupt removal from their home to live with virtual strangers was a traumatic experience, to say the least.

In developed countries, there have been great leaps and bounds made in medicine over the past century. In underdeveloped, remote areas of the world, women and babies still die from pregnancy and childbirth complications.

Births have gone from home to hospital to back home again. It is a personal choice that mothers have the freedom to make. Midwifery remains a common practice used around the world. These men and women provide support throughout a woman’s pregnancy and childbirth. Their compassion and empathy continue to give comfort to anxious mothers.

Midwives today are trained professionals who deliver babies of low-risk pregnancies at home or in a clinical setting. The profession is highly regulated and licensed. They collaborate with doctors and nurses to provide the best maternal care. In Canada, their salary no longer consists of a long-legged, skinny chicken.

*Norma Galambos is a writer, podcast host and entrepreneur from Leask, Saskatchewan. Visit the Norma Galambos Lifestyle Blog @ <https://grandmag55.blogspot.com>.*

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