

Shellbrook Chronicle & Spiritwood Herald

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Rivier Elementary School holds Terry Fox Run



Family members were invited to participate in the Terry Fox Run alongside the students.

In 1980, Terry Fox set the bar high for himself when he started his Marathon of Hope, saying, “Nobody is ever going to call me a quitter.”

Embodying the spirit of never quitting, Rivier Elementary School in Spiritwood participated in the 42nd anniversary of the Terry Fox Run on Thursday, Sept. 22, from 12:30 p.m. to 1:30 p.m.

The school said it proudly took part in this year’s Terry Fox Run to continue Terry’s legacy, and to drum up support and raise funds. All told, the school was able to raise \$1,887.15 from donations, all of which will go to the Terry Fox

Foundation to support cancer research.

The staff of Rivier wrangled about 115 kids to participate in the activity, spanning all grades at the school. Families were also welcome to join in the activity and show their support for the cause.

Some students were able to ride their bikes (with helmets on), while others walked or ran. Some wore tags pasted on their chests, bearing the names of the people they were running for.

After their fundraising activity, the students were rewarded with freebies, provided by Spiritwood’s Prairie Centre Credit Union staff members.

Rivier started hosting Terry Fox Runs in the mid 80s, aiming to do its part to raise funds for cancer research alongside schools across Canada.

“Terry’s personal experience and research led him to a simple conclusion – more money was needed for cancer research. And so, in the modest but motivated style that would prove to be his trademark, Terry started training and planning for his cross-Canada run to raise funds for cancer research,” reads the Terry Fox Foundation website.

“He dipped his artificial leg in the Atlantic Ocean on April 12, 1980, and

proceeded to unite Canadians in a way never before, nor since, seen. The only thing that could have stopped Terry from reaching the Pacific Ocean did. Cancer returned in his lungs, and he was forced to stop on September 1, 1980, after having run 5,373 kilometres.”

To date, with the help of 4 million supporters, the Terry Fox Run Foundation has raised over \$850 million for cancer research, and helped fund 1,300 research projects. Over the past 42 years, 10,000 events have been held to honour Fox’s legacy.

More photos on page 2

SPIRITWOOD
PHARMACY GROCERY
306-883-2391 | 120 MAIN STREET

Rivier Elementary School holds Terry Fox Run



Students were given options for how they wished to participate in this year's Terry Fox Run, and some chose to ride their bikes.



Some students wore stickers on their shirts, bearing the names of the people they were running or walking for.



Staff from Spiritwood's Prairie Centre Credit Union handed out freezies to students after the Terry Fox Run.

Sask. NDP holds Saskatoon Meewasin seat

The Saskatchewan NDP was able to hold onto the Saskatoon Meewasin seat Monday evening, as candidate Nathaniel Teed scored a decisive by-election victory for the Official Opposition.

"Nathaniel inspired so many people in the riding with his hard work, dedication, and unbridled enthusiasm. As a business owner, advocate, and former educator, Nathaniel is going to be such a strong voice for the people of Saskatoon Meewasin and deserves every bit of this win," Sask. NDP Leader Carla Beck said in a statement after the by-election results came in.

"This victory is for all the people that are sick of Sask. Party tax hikes and demand action on the high cost of living, good paying jobs, and healthcare that's there when you need it."

All told 4,627 of 12,292 registered voters in the constituency cast ballots in the by-election, just shy of a

38 per cent voter turnout.

With all 53 polls reporting, Teed had received 2,624 votes, or 57 per cent of the vote, earning the largest win for the NDP in the constituency in the past 40 years.

Sask. Party candidate Kim Groff, who ran on giving residents a voice in government, was second with 1,712 votes, 37 per cent. Running in his first election, provincial Liberal Leader Jeff Walters was a distant third with 118 votes. Buffalo Party candidate Mark Friesen was fourth with 112 votes, and Jacklin Andrews of the Green Party was fifth with 56 votes.

The by-election was called on Aug. 29, after former Sask. NDP leader Ryan Meili revealed his plan to step down as the party's leader in February, then announced he was stepping back from politics altogether in May.

Teed will now sit in the provincial legislature on the Opposition bench beside 11 of his NDP colleagues. Meanwhile, the ruling Saskatchewan Party holds 48



Sask. NDP candidate Nathaniel Teed won the Saskatoon Meewasin by-election on Monday evening.

seats, and Saskatchewan Rivers MLA Nadine Wilson sits as a lone independent.

Teed is a former educational assistant and co-owns a furniture and design store in downtown Saskatoon. In addition to being the youngest sitting member of the Official Opposition, he is also the first openly gay MLA to be elected to the legislature in Saskatchewan's 117-year history.

"I think it's a really big win for representation and diverse voices in Saskatchewan," Teed said following his victory. "I think it will continue to open the door to ensure that our legislature is representative of the people it serves."

"The key issues for folks in this election were health care, education, and affordability," he added. "As a former teacher, education is really close to my heart. This election is our build toward 2024."

Woodland Pharmacy
EMPLOYMENT OPPORTUNITY
Front Store Assistant Manager

30 - 40 hours per week, can tailor to fit schedule.
 Duties include - customer service, merchandising, ordering, accounts receivable and shipping/receiving
 Experience an asset but willing to train.

Please drop resume off at Woodland Pharmacy or email to woodlandpharmacy@sasktel.net attention Mark.

Only those selected for an interview will be contacted.

SHELLBROOK SKATING CLUB
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Canskate - 1st day Wed., Oct 26th
 PowerSkate - 1st day Fri., Oct 21st
 and more!

Program info & registration:
 shellbrooksc.uplifterinc.com
 or email
 shellbrookskatingclub@yahoo.ca

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JOIN THE AUCTION-ACTION TEAM
for the Fall Wind-up Consignment Sale
Saturday, October 1, 2022 - 10:00 am
 Medstead Community Hall - Medstead, SK

Vehicles, Jayco 32 ft Camper, Utility Trailers, Tires, Furniture, Household, Drum Set, Lots of New and Used Tools, Collectibles - Coins, Glassware, Vintage Items, Hockey Cards, Blown Glass Collection, Yard and Recreational - Craftsman Snowblower, plus much more

There is something for everyone at this sale.
This is our last sale in 2022 - We will be back again in the Spring of 2023
 Thank you for your support over the Spring and Summer of 2022
 Check our Facebook page for more details
 For all your sale inquiries or to book a sale
 Contact Kelly @ 306-386-7110 or Marlene @ 306-883-8610

BOECHLER-SCHIRA AUCTIONEERING
 Prov. Lic. #335992 Box 552, Spiritwood, SK
 www.boechlerschirauction.com

EMPLOYMENT OPPORTUNITY

HIDDEN HILLS OF SHELLBROOK Golf Course

Hidden Hills is accepting applications for part-time and full-time work for the Golf Pro Shop and lounge for the 2023 golf season.

Employment is from May 1st to Thanksgiving Monday.
 Applicants must be of 19 years of age or older.

Send resume to Len Stener at:
shellbrookgolf@sasktel.net

TOWN OF BLAINE LAKE
Notice of Call for Nominations (Municipal By-Election)

PUBLIC NOTICE is hereby given that nominations of candidates for the office of:

COUNCILLOR: TOWN OF BLAINE LAKE
NUMBER TO BE ELECTED: ONE (1)

Will be received by the undersigned Monday to Thursday, 8:00 am to 4:00 pm from September 26, 2022 until October 12, 2022 at the Blaine Lake Town Office.

Nomination forms may be obtained at the following location(s):

The Town of Blaine Lake Municipal Office
 301 Main Street
 Blaine Lake, SK S0J 0J0

Nomination forms are available on our website:
www.blainelake.ca

Dated this 26th day of September, 2022.
 Louanne Roschuk, *Returning Officer*

Cheveldayoff claims international pageant titles

A decade ago, Brenda Cheveldayoff was pulled into her doctor's office and given the news no one ever truly expects to hear. She had been diagnosed with ovarian cancer, and her doctor suggested that she "get her affairs in order."

"I was freaked out about it all. I made changes and fought really hard for my health and made a complete turnaround with my weight and everything," she said. "Now, I'm super healthy."

While she fought her way through treatment and completely changed her life, Cheveldayoff believes cancer will return one day and doesn't claim to have beaten the disease. But rather than give in and accept her fate, she continues to fight for her life every day.

And her effort is certainly paying off. At 61, Cheveldayoff says she has no medical issues and doesn't take any medication. She attributes this entirely to exercise and diet.

"I can't eat processed food because I'd be sick. My body is too used to eating clean food," she said. "Don't get me wrong, I like cake. That's what I'll go cheat with... and a glass of wine."

Not content to only make changes to her own life after her battle with ovarian cancer, Cheveldayoff sought a means to share her story and inspire others to get healthy as well, and found her opportunity to do so in the world of beauty pageants. She began competing in Saskatchewan seven years ago. Before too long, her story, and her successes on the provincial pageant circuit, began to attract attention. And in 2019, she was approached by the Miss World International team to represent Canada at its pageant in Miami.

Though she was intimidated by the idea of competing against women from around the globe in a much larger pageant, Cheveldayoff committed to the 55+ Division competition and the open fitness competition, and put in all the hard work. But all her preparation proved to be for nothing, as the COVID-19 pandemic saw the competition deferred for two years.

Unable to go anywhere or do anything, just like everyone else, Cheveldayoff says the two years of waiting through the pandemic and its ever-changing restrictions were a test of her resolve and her commitment to her fitness.

"I went out and purchased fitness equipment... and I still worked with my coaches online," she said. "But it's harder to be motivated at home. That was a struggle."

Fast forward to this year, and the relaxing of pandemic-related travel restrictions, and Cheveldayoff finally got her chance to step into the spotlight on the international stage. While an outsider might look at a beauty pageant and wonder what's so hard about looking good, Cheveldayoff says there's a lot of hard work and things that happen behind the scenes.

Indeed, though she loves to travel, Cheveldayoff hardly got to take in any of Miami, as she was too busy putting in 10-hour

days over the course of the week-long competition. Beyond what transpires on the stage when the crowns are handed out, there were red-carpet events and competitors were expected to be on point at all times.

Between the pageantry on and off the stage, Cheveldayoff estimates she had at least 15 outfits for the week, and frequently had to change between them on a moment's notice.

As for the competition itself, the Miss World International pageant included multiple photography categories, each with their own strict rules that competitors had to know by heart to earn top marks from the judges.

Then, there was Cheveldayoff's favourite part of the

competition: the interview selection process, which allowed her to share her story.

"It's not just about what you wear. It's about the work you put into it."

In the end, Cheveldayoff's hard work and dedication to her fitness shone through, earning her the crown in the 55+ Division. While being crowned once was enough of a surprise, Cheveldayoff was in for an even bigger shock when she bested 77 other competitors of all ages to claim the fitness crown as well.

"The fitness crown is about people who've actually made change with their life. It's about being looked at for what you've done with your health and fitness," she said. "That one is the one that is super important for me."

Though still fresh off her pair of crowns, Cheveldayoff was already preparing for, and looking forward to competing in, the Golden Prairie Cup in Saskatoon when the *Chronicle & Herald* spoke with her. More hard work, to be sure, but Cheveldayoff wouldn't have it any other way.

"You have to look at yourself every day and know why you're there."



Blaine Lake's Brenda Cheveldayoff is crowned at the Miss World International pageant in Miami. Cheveldayoff won in the 55+ division, and in the open fitness category.



Brenda Cheveldayoff (red dress) on stage at the Miss World International pageant in Miami.

Recruit • Train • Incentivize • Retain

Health Human Resources Action Plan

Investing in Our Healthcare Workforce

Strengthening our healthcare system is a top priority for our province. Our plan will recruit, train, incentivize and retain healthcare workers in Saskatchewan.



See our full Health Human Resources Action Plan at saskatchewan.ca/hhr



**TOWN OF BIG RIVER
SALE BY TENDER**

- Under the provision of *The Tax Enforcement Act* the Town of Big River offers for sale the following property:
Lot C Block 27 Plan No CA3363, 105 8th Avenue North, Big River, Saskatchewan
- A tender must be submitted in a sealed envelope marked "Property Tender" addressed to the:
Town of Big River
Box 220, Big River, SK S0J 0E0
- Tenders must be postmarked by 4:30 p.m., on October 21, 2022.
- A certified cheque to the municipality for 10% of the amount of the tender must accompany the tender. Tenders submitted without certified funds will not be considered.
- Highest, or any tender, not necessarily accepted.
- Successful bidder will have 30 days to provide the balance of cash to complete the purchase. The deposit will be forfeited if the successful bidder does not finalize the agreement for sale within the required time.
- All legal costs, title transfer fees and applicable taxes are the responsibility of the purchaser and are in addition to the bid price.

Dated the 29th day of September, 2022.
Noreen Olsen
Administrator
Town of Big River

**Nadine Wilson MLA
Saskatchewan
Rivers**

306-763-0615
www.nadinewilson.ca
saskrivers@sasktel.net

MLA Wilson must speak for all her constituents

As COVID-19 continues to slowly recede in the rear-view mirrors of our minds, and most of us have spent the past seven months enjoying a life largely free of pandemic restrictions, there are some who still refuse to give up the fight for the freedoms we've supposedly lost.

These are the same people who said COVID-19 would be a forever pandemic. A pretense to permanently clamp down on society, ahead of the implementation of some nefarious, totalitarian agenda.

What that agenda entailed was anyone's guess.

Perhaps Bill Gates would become our new global overlord, using the mind control chips alleged to be hidden in COVID-19 vaccines.

Or maybe Klaus Schwab and his shadowy cabal at the World Economic Forum would implement the "Great Reset" and achieve the world dominance they'd long been striving for.

Whatever the agenda, the evidence for it was (and still is) clear as day – if only the poor, blind sheeple would open their eyes.

Even when the Sask. Party government lifted all public health mandates in February, effectively "winning" the race to get back to normal, those who coined the term "scamdemic" never admitted they may have been mistaken.

No doubt, they have their own explanation for why we haven't found ourselves crushed beneath the iron fist of our new global government.

No doubt, those explanations rely on evidence of some more nefarious, more totalitarian agenda that only these brave freedom fighters are privy to (despite the best efforts of our evil governments to hide their true intentions).

When they weren't targeting public health mandates, the self-appointed freedom fighters took their fight to COVID-19 vaccines. Now, thanks to information revealed in a Freedom of Information request filed by COVID-sceptic Randy Schiller, vaccines are once again being targeted, and a smoking gun has supposedly been found.



JORDAN TWISS
~
News Editor

The Saskatchewan Health Authority (SHA) documents obtained by Mr. Schiller, and analyzed by an anonymous "Canadian physician with training in virology, public health and data analysis," were compiled into a report that was released in late August.

This report found that seven people have died after receiving a dose of a COVID-19 vaccine, and a further 1,229 have reported adverse reactions, some of them serious.

As of Sept. 18, those numbers had increased to 1,320 adverse reactions (96 of them considered serious), over the course of 2.57 million vaccine doses. This gives you an adverse reaction rate of 0.05 per cent, and a mortality rate of 0.0002 per cent.

This, of course, is irrefutable proof that the vaccines are a half-step removed from biological warfare, and should no longer be administered (as opponents of the vaccines have contended all along).

But where the alleged conspiracy comes in, is in the fact that the Ministry of Health was still reporting no vaccine-related deaths as of Sept. 11.

Admittedly, this does seem odd, and suggests there is some disconnect between the Ministry of Health and the SHA.

However, it could be as simple as drawing a distinction. In the same way a death while infected with COVID is not necessarily a death *due* to COVID, a death following vaccination is not necessarily the same as a death *caused by* the vaccine.

Regardless of this, the seeming discrepancy in vaccine death reporting has been seized upon by vaccine sceptics as proof of yet another government cover up. And Nadine Wilson, the independent MLA for Saskatchewan Rivers, and champion for those who have questioned everything to do with the pandemic, has been all too happy to pounce on the opportunity.

"Is there a disconnect between the government and the Saskatchewan Health Authority? Or are they intentionally trying to hide information that the public has a right to know about?" she asked in



a press release she issued last week.

"It is the duty of government to make sure citizens know what the true risks are. Promoting these shots as 'safe and effective' while people are acquiring and then suffering from life-altering conditions is disingenuous at best, and potentially criminal."

Ms. Wilson concluded by calling on the government to open an independent investigation into all aspects of how COVID-19 was handled in the province (interestingly, a Saskatoon judge recently ruled that the government's outdoor gathering restrictions during the pandemic were justified).

Since she resigned from the Sask. Party in 2021, Ms. Wilson has made challenging the government on its pandemic strategy her sole mission as an MLA. Always, she gives her questions an air of legitimacy by claiming they're based on concerns she's hearing from her constituents.

One can only wonder just how many of these concerned constituents there are, and how they compare to the number of constituents who come to Ms. Wilson with other concerns.

We are still emerging from a once-in-a-lifetime pandemic, and now we find ourselves facing a once-in-a-lifetime healthcare crisis, and a once-in-a-life-

time affordability crisis.

Can Ms. Wilson honestly say she's not hearing concerns about these very real issues?

Why aren't we hearing from her on other important issues, like the Sask. Party government's failure to protect vulnerable seniors in long-term care throughout the pandemic?

What about the government's healthcare recruitment plan, which doesn't offer any immediate solutions and will still leave critical vacancies in the healthcare system?

Or what about its affordability plan, in which it uses its windfall natural resource revenue to issue a paltry one-time rebate of \$500 while leaving a slew of PST increases intact?

Ms. Wilson titled one of her recent columns "Leaders listen". But is she truly listening to anyone other than the small but vocal minority of pandemic and vaccine sceptics?

As an MLA, it's Ms. Wilson's duty to stand up for all her constituents, not just the ones she agrees with. This includes those of us who did our civic duty throughout the pandemic and only asked for others to do the same.

If Ms. Wilson isn't up to the task, perhaps Premier Scott Moe was right to call on her to resign.

Shellbrook Chronicle

Serving the Communities of Shellbrook, Canwood, Debden, Big River, Parkside, Leask, Marcelin, Blaine Lake, Holbein, Mont Nebo, Mayview

Spiritwood Herald

Serving the Communities of Spiritwood, Shell Lake, Leoville, Chitek Lake, Mildred, Rabbit Lake, Medstead, Mayfair, Bapaume, Belbutte, Glaslyn

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LETTERS TO THE EDITOR: In the interest of readers of this newspaper, we will publish opinions of our readers. Letters To The Editor are most welcome; however, they must be signed and include writer's contact information and will only be published with the writer's name on it. Letters should be limited in length and be typed or clearly written. We reserve the right to edit letters depending on available space.

Member of



CTF: How Trudeau's censorship law will impact you

By Jay Goldberg, CTF

Prime Minister Justin Trudeau is taking Canada on a headfirst dive toward government censorship, with the Senate the only obstacle standing between Canadians and the vast ocean of government control.

As Trudeau's censorship law makes its way to the Senate, the stakes are high.

Calling Bill C-11 a censorship bill is not hyperbole.

"Bill C-11 would give the CRTC the power to set conditions demoting or applying warning labels to content it considers contrary to Broadcasting Act objectives, which are so broad as to cover a wide range of lawful content," wrote Dr. Michael Geist, of the University of Ottawa, who has warned that Bill C-11 would see government bureaucrats "force-feed" Canadian content.

Bill C-11 would hand the CRTC, a government agency, the power to control what Canadians are exposed to online through filtering our news and streaming feeds on apps like Netflix and TikTok.

For now, the government says bureaucrats would only use their new censorship powers to try to promote Canadian content, thereby burying non-Canadian content.

But Bill C-11 gives the government the tools to filter online content on any basis, not just whether something counts as "Canadian."

The Trudeau government is simply saying bureaucrats won't use the full power handed to them. At least for now.

Canadians should trust that as much as they trust a gambling addict at a casino.

To some, Bill C-11 might seem abstract, but Canadians need to pay attention.

There are a few ways that this legislation, if signed into law, could

impact Canadians almost immediately.

Do you like to watch shows or films on Netflix on date night?

It turns out Bill C-11 will make some Canadian content harder, not easier, to find. That's because the CRTC uses a very outdated means of deciding what counts as Canadian. Rather than focusing on content, the CRTC focuses on things like the production process.

Because of the outdated rules, Bill C-11 would make it harder for viewers to watch content that should be considered Canadian but isn't, such as the series based on Canadian author Margaret Atwood's *Handmaid's Tale*.

Under the same outdated rules, non-Canadian content could become easier to see. A biopic of former U.S. president Donald Trump, called "Gotta Love Trump," is currently considered to be Canadian.

Because the CRTC is stuck in the stone age, Bill C-11 could make it harder, not easier, to access Canadian content.

Do you like to watch content streamed from other parts of the world?

If you have a favourite show in India or South Korea, for example, your ability to watch that show may very well be impacted by Bill C-11.

Bill C-11 would force foreign content providers to follow all kinds of new rules and regulations in order to enter the Canadian market.

Some providers may just block the Canadian market altogether instead of following cumbersome rules. Hulu, for example, has already blocked the Canadian market.

That's why you haven't been able to keep up with the Kardashians lately.

Are you a small-time Canadian content creator?

If you have a YouTube

channel that has original Canadian content, Bill C-11 could actually hurt your ability to attract viewers from outside of Canada.

YouTube would be forced by the CRTC to promote your channel to people who aren't even interested in your particular content simply because it counts as "Canadian."

This could lead to lower click rates, which YouTube would take as a sign that the content isn't a winner with viewers. YouTube would then deprioritize your content in markets outside of Canada.

Again, this could hurt small-time creators more than it could help.

"Creators are going to wake up and find the kind of content that has previously been successful in an unregulated YouTube is no longer successful in a regulated YouTube," warned famed Canadian YouTuber J.J. McCullough.

Canadian creators could be in for a world of hurt.

The bottom line is that Bill C-11 is bad news for Canadians, creators and consumers alike.

If you don't want the government messing with your streaming feeds, your ability to watch content from abroad or your ability to promote your Canadian content outside of Canada, you have a stake in this fight.

It's time to tell Trudeau to scrap his online censorship bill.

It's Easy to place a classified!

Phone
306-747-2442

Fax:
306-747-3000

Email:
chads@sbchron.com

Vaccine injury deaths listed by SHA in FOI document

I am astonished at the recent report on the CKOM website that there have been no deaths recorded by the government related to COVID-19 vaccines in Saskatchewan.

There are seven vaccine related deaths reported according to the Saskatchewan Health Authority's (SHA) own information, which I published on my website on Aug. 23. In that report, there are 1229 adverse reactions documented, many of them life threatening such as Anaphylaxis, Myocarditis, Pericarditis and a host of others. Just as shocking, in many cases, the patients were still scheduled for more boosters even after their reactions. This is not the standard we have allowed for any other vaccine in history.

Is there a disconnect between the government and the Saskatchewan Health Authority?

Or are they intentionally trying to



NADINE WILSON
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hide information that the public has a right to know about?

It is the duty of government to make sure citizens know what the true risks are. Promoting these shots as 'safe and effective' while people are acquiring and then suffering from life-altering conditions is disingenuous at best, and potentially criminal.

I call on the government to open an independent public inquiry into all aspects of how COVID-19 was handled in this province.

The SHA report was obtained through a request by Randy Schiller under the Freedom of Information and Protection of Privacy Act.

An analysis of the report by an experienced Canadian physician with training in virology, public health, and data analysis, is also available. Both may be found at <https://nadinewilson.ca/?p=702>.

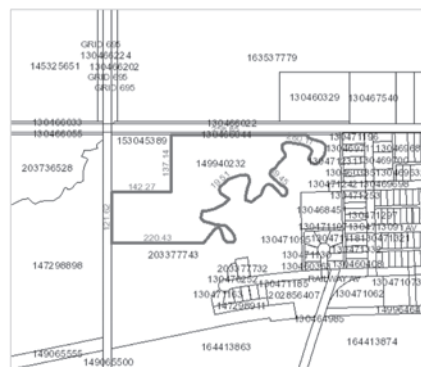
What happens when you don't advertise?

Very little.

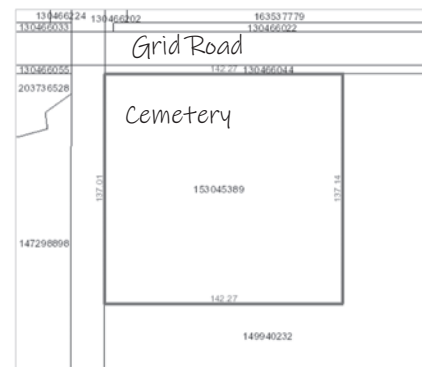


VILLAGE OF SHELL LAKE NOTICE TO THE PUBLIC

Pursuant to *The Municipalities Act*, public notice is hereby given that the Council of Village of Shell Lake intends to restructure by adding the following land from the Rural Municipality of Spiritwood No. 496 as shown on the attached map and described as follows:



NW 11-50-08-3 Plan 72B03610
Parcel #149940232



NW 11-50-08-3
Parcel #153045389

The purpose of the proposed alteration is to bring in the Shell Lake Cemetery and the land beside it that is owned by the Village of Shell Lake within the Village limits. Council intends to zone the one parcel as Municipal Reserve. Council oversees the care of the Cemetery and would like it to be within the Shell Lake boundaries.

A public meeting will be held on October 17th, 2022, 7:30 p.m. at the Council Chambers located at 201 Main Street to discuss the proposal.

Any person(s) who wish to object to the proposed restructuring may file a written objection, stating clearly their reason for their opposition, with the administrator of the Village of Shell Lake at the address below.

Tara Bueckert, Administrator
Box 280
Shell Lake, SK S0J 2G0

A written notice of objection must be received by the administrator by 4:00 p.m. on Thursday, October 13, 2022.

The complete proposal can be viewed at the Village of Shell Lake Office between 9:30 a.m. and 3:30 p.m. Tuesday to Thursday.

Dated at the Village of Shell Lake, Saskatchewan, this 22nd day of September, 2022.

Tara Bueckert
Administrator

Aardvarks lose close battle to Vikings

Heading into Thursday afternoon's home opener against the Hafford Vikings, even Devon Thorpe, coach of the WP Sandin High School Aardvarks football team, wasn't confident his team could keep up with their opponents.

The Vikings have won provincials two years running and started off the 2022 football season as clear championship contenders, with a 68-0 thrashing of Hague and a 68-6 walloping of Dalmeny.

And yet, for much of Thursday's game, the match was the Aardvarks' to lose.

The Aardvarks' offence showed promise through its first possession, before ending the drive in the red zone with an interception. After being bailed out by the defence, second-year quarterback Jesse Nyberg found the endzone on a pass, putting the Aardvarks up 6-0.

The Aardvarks' defence kept the Vikings' offence in check on the ensuing drive, putting the

ball back in Nyberg's hands. Once again, the offence executed, thanks to rushes by Nyberg, a clutch reception by Austin Helm, and a short touchdown run by Brandon Dingwall.

Down 12-0 after surrendering only six points through their first two games, the Vikings roared to life and closed the gap to 12-8 on a long touchdown pass. Employing some trickery on the kickoff, they recovered the ball and marched it down the field, taking a 16-12 lead on a third-down screen pass.

At the same time, the Aardvarks' offence lost its rhythm, and the Vikings soon went up 24-12 on a quarterback keeper. Yet another failed Aardvarks' attempt opened the door for the Vikings to take a 30-12 lead on another long touchdown pass.

With time winding down in the first half, Dingwall broke through a wall of tacklers to close the gap to 30-20. Then, despite a strong stand by the defence, the Aardvarks failed



Aardvarks receiver Austin Helm outpaces his pursuers en route to an Aardvarks touchdown.



All alone, Aardvarks running back Brandon Dingwall finds his way into the endzone for a touchdown.



Aardvarks running back Brandon Dingwall rushes through a sea of Hafford defenders for a big gain.

to make the most of the opportunity to tack on more points.

Early in the third quarter, the Aardvarks' defence put up another strong fight, but eventually broke on another Vikings touchdown pass, falling behind 36-20. The Aardvarks' offence returned the blow, pulling within one score on a long pass from Nyberg to Dingwall.

The passing game continued to be the theme of the second half, as the Vikings once again victimized the Aardvarks through the air to go up 44-28, and Helm pulled in a catch

and busted through tacklers to close the gap to 44-36.

Finally, the Aardvarks' defence shutdown the Vikings in their own territory, opening the door for Helm to pull in another touchdown reception from Nyberg and knot the game at 44-44.

The defence stood strong again. But this time, an interception from Nyberg swung the momentum back in Hafford's favour, allowing the Vikings to take a 50-44 lead on another touchdown pass.

The defence was burned by

the pass again on the next Vikings drive, pushing the score to 58-44.

The Aardvarks' offence bounced back with a little trickery, as Dingwall threw a touchdown toss to Nyberg to close the gap to 58-52.

But in the end, the defence was unable to stop the Vikings' passing game, allowing one more touchdown to cement a 64-52 defeat.

With the home-opener loss, the Aardvarks sit at 1-1 on the season.

10 charges for man accused of assaulting woman with knife on Big River FN

By Bailey Sutherland,
LJI Reporter, PA Daily Herald

A man wielding a knife and uttering threats on the Big River First Nation has been arrested and charged following an investigation by RCMP.

Around 5:40 p.m. on Wednesday evening, Big River RCMP received a report of an assault on the Big River First Nation.

Investigation determined a man armed with a knife had assaulted a woman, then threatened others in the residence. The man then fled to a nearby forested area.

The woman was taken to hospital with non-life-threatening injuries.

At approximately 7 p.m., officers located and arrested the suspect without incident.

As a result of the RCMP's investigation, Eagle Chamakese, 24, has been charged with one count each of assault causing bodily harm, assault with a weapon, and possession of a weapon for a dangerous purpose, as well as three counts of assault and four counts of uttering threats.

Chamakese was scheduled to make his first appearance in Prince Albert Provincial Court on Sept. 23.

Classifieds Work! 306-747-2442



Hon. Jeremy Harrison
MLA for Meadow Lake
jharrisonmla@sasktel.net

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Hon. Scott Moe, Premier
MLA for Rosthern-Shellbrook
scottmoe.mla@sasktel.net



AGRICULTURE

September 29, 2022

www.shellbrookchronicle.com | www.spiritwoodherald.com

Shellbrook Chronicle & Spiritwood Herald 7

Predictability often trumps diversity

It is interesting how certain random occurrences create thoughts of a much larger scale.

For example, I was recently reading *Gardener's Notebook* by Debbie Hayward, and she made reference to borage.

While Hayward was referring to borage in terms of a garden, my mind jumped back several years to when there was talk in the farm sector in Saskatchewan that it could become an important niche crop since the plant is also commercially cultivated for borage seed oil extracted from its seeds.

Borage seed oil has one of the highest amounts of γ -linolenic acid (GLA) of seed oil, and in herbal medicine has a long list of applications.

The crop never quite achieved the level of production one might have expected from the 'hype' at the time. Although, to be fair, there were a long list of crops that were expected to become important crops as the sector looked to diversify.

Of course, the general concept of crop diversification faded as prices for familiar cereal and oilseed crops jumped. Why take risks with a new



CALVIN DANIELS

crop if the value of wheat and canola penciled out as profitable more years than not?

And, in the case of canola, there was a level of diversification within the crop with identity preserved varieties offering farmers some added

premiums for production.

In the process, interest in crops such as borage, lupins, caraway, coriander, fenugreek, hemp, sea buckthorn, and many others simply disappeared for most.

Niche crops of course are also a greater risk, with limited markets, and almost non-locally.

And, because the markets are limited, it takes only moderate swings upwards in production to see prices decline.

That does not mean the crops are no longer grown, but broad interest has certainly quieted.

It's not a crop-only phe-

nomenon either.

With the Grain Millers Harvest Showdown on the not-so-distant horizon in Yorkton, it is easy to recall llamas were once a highlight of the event with large shows taking centre stage.

The llama was going to be an important farm animal. It was a short-lived story though, as was the case with red wattle hogs, ostriches, Vietnamese pot-bellied pigs, emus, meat rabbits, fallow deer, and again the list goes on.

Of course, on the livestock side even normal hogs were supposed to explode with access to

cheap feed, a waiting workforce, and land that would benefit from the manure as a fertilizer. It happened for a time, but as job numbers climbed, creating staffing issues, and cereal process jumped, tightening potential margins, even the prospects for the pig sector dimmed.

Today, the idea of diversifying too far from the well known and understood is far less considered. But one day oilseed and cereal prices may well slump, and suddenly borage or coriander or even emus might look good again.

Crop Report: Sept. 13 to 21

Many producers experienced cool, damp weather this past week which halted or slowed their harvest operations until conditions improved. Other producers that were able to continue either finished their harvest or are very close to doing so. Harvest progress for the province is at 73 per cent, up from 64 per cent last week and ahead of the five-year (2017-2021) average of 68 per cent. An additional 18 per cent of the crop is ready to be swathed or straight-cut.

Harvest is most advanced in the southwest region, where 96 per cent of the crop is now combined. The west-central region has 89 per cent combined and the southeast 65 per cent. The northwest region has 63 per cent com-

bined, the northeast 58 per cent and the east-central 52 per cent.

Ninety-seven per cent of lentils and field peas, 94 per cent of durum, 78 per cent of barley, 77 per cent of spring wheat, 52 per cent of canola and 35 per cent of flax has now been combined. An additional 36 per cent of canola is swathed or ready to straight-cut.

Precipitation was generally welcomed after several weeks of dry weather. Concerns about field and equipment fires have eased and there is hope that the rain will be enough in some areas to allow pastures a little regrowth. The Pelly area received 44 mm, the Melfort and Moosomin areas 30 mm, the Lipton area 13 mm, the Rosetown area nine mm and the Vanguard area four mm.

Provincial cropland topsoil moisture is rated as one per cent surplus, 37 per cent adequate, 40 per cent short and 21 per cent very short. Hay and pastureland topsoil moisture is rated as one per cent surplus, 28 per cent adequate, 42 per cent short and 29 per cent very short. These conditions have declined across the province due to strong winds and a lack of rain.

Pasture conditions are rated as four per cent excellent, 23 per cent good, 31 per cent fair, 25 per cent poor and 17 per cent very poor. Conditions vary across the province, with the southeast, east-central and northeast regions in good to excellent condition due to rainfall in the spring and throughout the summer that helped maintain pasture

grass.

The majority of crop damage this week was due to wind, waterfowl, wildlife and lack of moisture. There were several reports of hard frosts across the province but producers say damage is low due to crops being so well advanced. The recent rain will likely cause some minor downgrading to standing or swathed cereal crops due to bleaching.

Producers are busy wrapping up harvest, hauling bales, moving cattle home or to market, hauling water and engaged in post-harvest field activities such as herbicide application.

A complete, printable version of the Crop Report is available online at <https://www.saskatchewan.ca/crop-report>.

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Wed., Oct. 5, 2022

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Presorted Internet Calf Sale 12:00 p.m.

Wed., Oct. 12, 2022

Regular Sale 10:00 a.m.

Presorted Internet Calf Sale 12:00 p.m.

Producers wishing to market cattle prior to sale day please contact the office 306-236-3411 for delivery.

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A Division of Northern Livestock Sales



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Mon., Oct. 3, 2022

Regular Sale 8:30 a.m.; Presort Sale 11:00 a.m.

Mon., Oct. 10, 2022

Regular Sale 8:30 a.m.; Presort Sale 11:00 a.m.

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Office 306-763-8463 ~ Fax 306-763-4620

For market info visit: www.northernlivestocksales.ca

Fitch shines a light on women's wellness

Award-winning Canadian country music singer/songwriter, mother of two, business manager, content creator, and mental health advocate. Like most women, Shellbrook's Kelsey Fitch wears many hats in her day-to-day life (and, often, more than one at the same time).

Now, with the launch of her latest endeavour,

Neoma Wellness, she's expanding her hat rack and hoping to help other women like her, who may be struggling to find time for their own wellness and mental health as they try to juggle the many roles they're expected to play.

More than just a business, Neoma Wellness is a brand focused on empowering and encour-

aging women to take action to improve and maintain their overall wellness. The day-to-day of Neoma is blog and social media posts, wellness tips, inspirational quotes, and other tools and resources women can incorporate into their daily lives to manage stress.

"With Neoma Wellness, one of the things that led me to start all this was Dr. Bill Hettler's Six Dimensions of Wellness, which are spiritual, social, emotional, physical, intellectual, and occupational," Fitch said.

"There are different things you can incorporate from those dimensions to have overall wellness and that play a huge part in your mental health — things like meditation, focusing on physical exercise, setting boundaries with people, and clear communication."

Neoma Wellness, and the ethos driving it, are deeply rooted in Fitch's own wellness and mental health struggles through the years.

When she was still trying to make her way in the music industry, Fitch says she was struggling, felt like she couldn't manage her emotions,

and had a hard time getting out of bed some days. In 2011, she was diagnosed with anxiety and depression, and began managing her symptoms with medication and counselling.

Though discourse about mental health has come a long way over the past decade, Fitch says her struggles weren't something people openly talked about back then. She wishes she'd had more resources to help her dive deeper into how she was feeling and why, and approached her wellness and mental health from a more full-some perspective, rather than relying exclusively on medication and counselling.

As life continued throwing curve balls her way, most notably with the unexpected death of her father, Allan "Bookie" Fitch, in 2018, she began exploring other aspects of wellness to cope with her grief, and the first seeds for Neoma Wellness were planted.

"You have to be open to different things. Some things might work for some people, and they might not work for others. Or sometimes something could work for you, and then all of a sudden it doesn't," she said.

"You have to have so many tools in your back pocket, so when life throws curve balls

your way, you're better equipped to handle those situations."

Fitch says the tools she found to help her cope pulled her out of a downward spiral. And once she came to terms with her grief, she launched her blog, Little Taste of Beige, to share her experiences and help other women who might be able to relate to her journey and struggles.

After the warm and enthusiastic response she received to her openness, Fitch says the idea for Neoma Wellness truly began to take root.

"There's still such a stigma around mental health," she said.

"So many women were reaching out to me saying how brave I was, and how they felt the same but had no idea where to even start on their wellness journey. They also didn't feel they had the courage to talk to their friends and family about it, or to even look into ways they could cope."

As Neoma Wellness

continues its evolution from idea, to brand, to business, the next step for Fitch is to get into public speaking and launch annual Evoke Conferences for women. She says these in-person engagements will provide access to wellness and mental health experts, as well as tools for women to take care of themselves, in a fun, no pressure environment.

Though she's still getting things off the ground, Fitch says she's overwhelmed and feeling hopeful about the positivity and excitement surrounding her new venture.

"As a mother as well, my biggest fear is that my own children might struggle. I want them to know it's okay to talk about it," she said.

"Life is heavy, especially the last couple of years, and I truly feel like the more you open up and talk about things, the easier it is. There can never be too much communication."



No stranger to wearing many hats, Shellbrook's Kelsey Fitch has launched Neoma Wellness, a business aimed at empowering women.



CHECK IT OUT!

Shellbrook Chronicle Website
www.shellbrookchronicle.com

Spiritwood Herald Website
www.spiritwoodherald.com

PRAISE & WORSHIP

Regular services, Sunday school and special services will be listed.

- LUTHERAN CHURCH**
 Zion - Canwood
 Sunday School,
 Worship Sunday, 9 a.m.
 St. John's - Shellbrook
 Sunday School,
 Live-stream worship
 service on Facebook,
 Worship Sunday, 11 a.m.
 Rev. Emmanuel Aristide
- PENTECOSTAL CHURCH**
 Parkside
 10:30 a.m. Worship
 306-747-3572
 Shellbrook
 Adult Study
 9:30 a.m.
 Sun., 10:30 a.m. - Worship
 Pastor David Bodvarson
 306-747-7235
 Canwood
 Summer: 10 a.m. - Worship
 Pastor Bob Wrench
 306-468-2138
 Leask Gospel Tabernacle
 Sunday 11 a.m.
 306-466-2296
- PRESBYTERIAN**
 Mistawasis
 Sunday worship
 11:00 a.m.
 Rev. Katherine Bretzlaff

- IMMANUEL LUTHERAN**
 Parkside
 11 a.m. - Worship
- ANGLICAN CHURCH**
 Leask - All Saint's
 Sunday Service - 9 a.m.
 St. Andrew's - Shellbrook
 Sunday, 11 a.m. Service
 Canwood - Christ Church
 Sunday, 2 p.m. - Service
 Rev. Wendell Brock
 306-460-7696
 H.C. Service with Rev.
 Brock - 1st Sunday of the
 month
- MENNONITE BRETHREN CHURCH**
 Blaine Lake Gospel Chapel
 109 Railway Ave. W.
 Blaine Lake
 306-497-3316
 Sunday, 10:30 a.m.
 Worship
- EVANGELICAL FREE**
 Big River
 11:00 a.m. - Worship
 Bible Classes 9:45 a.m.
 Summer: 10:30 a.m. - 12
 306-469-2258
 Youth Nite: Fridays
 Mont Nebo
 Sun. Worship - 11:00 a.m.
 (10:30 a.m. June - August)
 306-468-2525

- UNITED CHURCH**
 Big River
 Sundays
 10 a.m. - Worship
 at Anglican Church
 Rev. Dave Whalley
 306-747-2804
- CATHOLIC CHURCH**
 Debden
 Sun. Mass - 9:30 a.m.
 Fr. Mariusz Zajac
 Big River - Sacred Heart
 Sun., 11:30 a.m. - Mass
 Whitefish
 Sun., 2:30 p.m. - Mass.
 Victoire
 Sat., 7:30 p.m. - Mass.
 Fr. Mariusz Zajac
 St. Agatha's - Shellbrook
 Mass - Sunday 9 a.m.
 St. Henry's - Leask
 Mass - Sunday 11 a.m.
 Mistawasis
 1st & 3rd Sundays 1:30 p.m.
 Fr. Tuan Doan
- SEVENTH DAY ADVENTIST**
 407-2nd Ave E, Shellbrook
 Sat., 9:45 a.m. - Sabbath School
 Sat., 11:00 am -Worship
 Broadcast on
 VOAR 92.1 FM
 Pastor Liviu Tilihoi
 306-747-3398

PRAISE & WORSHIP

Regular services, Sunday school and special services will be listed.

- PARTNERS IN FAITH**
 Lutheran/United/
 Christchurch Anglican,
 137-2nd St. W.
 Spiritwood
 Worship 11:00 a.m.
 Rev. Sarah Urano
- UNITED / ANGLICAN**
 Worship Services
 Glaslyn
 Time is on the sign
 Rev. Kun Kim
 Rev. Don Skinner
- CATHOLIC SUNDAY**
 Spiritwood - 11:15 a.m.
 Leoville - 9:30 a.m.
 Shell Lake - 2:00 p.m.
 Chitek Lake - Closed for
 the Season
 Everyone Welcome
SATURDAY
 Medstead - 6 p.m.
 Father Ramel Macapala
- COWBOY CHURCH**
 Spiritwood
 Every Wednesday Night
 7 pm
 Spiritwood Legion Hall
 Pastor Rick Martin

- LAKELAND COMMUNITY CHURCH**
 (Corner of 1st Ave. and 4th
 St., Spiritwood)
 Sun., 11 am - Worship
 Service & Sunday School
 Pastor Michael Kluthe
 306-883-2380
- FIELDS OF HOPE (HOFFNUNGSFELDER) MENNONITE CHURCH**
 Glenbush
 Worship - 11:00 am
- BETHEL**
 Medstead
 1st Sunday, 10 am -
 Worship
 Pastor David Jensen
 3rd Sunday - 10 am
 Worship
 Pastor David Jensen
- MENNONITE BRETHREN**
 Glenbush
 10:00 am - Sunday School
 Worship 10:50 am

- Gideons International of Canada**
 Battlefords Camp
 Phone Art Martynes
 (306) 389-4633
- SEVENTH DAY ADVENTIST**
 407 - 2nd Ave .E,
 Shellbrook
 Sat., 9:45 am -
 Sabbath School
 Sat., 11:00 am - Worship
 Broadcast on
 VOAR 92.1 FM
 Pastor Liviu Tilihoi
 306-747-3398
- BELBUTTE FULL GOSPEL**
 11 am Worship Service
 1st Sun., 7:30 pm
 - Hymn Sing
- PARTNERS IN WORSHIP**
 Shell Lake
 Worship Services
 Sunday 9:00 a.m.
 Pastor Sarah Urano
 306-841-7333

Minutes of a Spiritwood Town Council meeting

(Where necessary, the following minutes may have been edited for clarity or brevity)

The regular meeting of the Council of the Town of Spiritwood was held in the Council Chambers at the Spiritwood Town Office, 212 Main Street, on Aug. 23, 2022, at 7 p.m.

In attendance were Councillor Kiera Andres,

Councillor Brad Nemish, Councillor Bryan Wingerter, Councillor Ragnar Latus, Councillor George Pretli, and Acting Administrator Brenda Beaulac.

Absent: Mayor Gary von Holwede, and Councillor James Bedi.

Latus: A quorum being present, Councillor Nemish called the meeting to order at 7:08 p.m.

That we appoint Councillor Nemish as acting mayor due to Mayor Gary von Holwede and Deputy Mayor James Bedi being absent at this meeting. Carried

Pretli: That the agenda be adopted as presented to form part of the minutes. Carried

Wingerter: That the minutes of the June 26, 2022, council meeting

be adopted as presented. Carried

Andres: That we decline the request for amending the zoning of the commercial property of 103 Main Street to a residential property. Carried

Wingerter: That we support the NLEDC's request to sell the Tourist Information Booth by tender, with the intent that NLEDC would use those funds to re-develop the picnic area and remount the electrical and sprinkler control boxes. Carried

Wingerter: That we enter into a Custom Service Agreement with SaskTel to cut the grass on Fourth Street East in the Town of Spiritwood. Carried

Wingerter: That the correspondence be filed as presented. Carried

Wingerter: That we approve the Accounts for Ratification, Payments #904-959, Cheques #32167-32195 in the amount of \$195,043.51. Carried

Wingerter: That we approve the following accounts for payment, Cheque No. 32196-

32211, Payments #960-962 in the amount of \$28,628.41. Carried

Pretli: That the Bank Reconciliations for the month of July 2022 be filed as presented. Carried

Wingerter: That the Financial Statement for the month of July 2022 be approved as presented. Carried

Delegation: RCMP - SGT - Sebastian Andrews - Entered meeting at 7:14 p.m. and left the meeting at 7:25 p.m.

Latus: That the verbal reports be accepted as presented. Carried

Wingerter: That we approve the placement of the future outdoor rink in Parcel A of the south portion of Town limits furthermore we approve that the project efforts can move forward by the volunteers. Carried

Wingerter: That we ratify the decision to purchase a floor burnisher for the Civic Center from Kleen Bee for the quoted price of \$2,015. Carried

Wingerter: That we send Grant Lavoie to the Class 1 Wastewater Treatment & Collection training offered by ATAP

in Saskatoon in October 2022. Carried

Pretli: That we approve the development permit for 309 Main Street pending the approval of compliance to the Town of Spiritwood Zoning Bylaw and the building permit pending authorization from the Building Inspector. Carried

Wingerter: That we approve the development permit for 113 Third Street East pending the approval of compliance to the Town of Spiritwood Zoning Bylaw and the building permit pending authorization from the Building Inspector. Carried

Wingerter: That we approve the development permit for 120 Third Street West pending the approval of compliance to the Town of Spiritwood Zoning Bylaw and the building permit pending authorization from the Building Inspector. Carried

Andres: That this meeting be adjourned at 8:12 p.m. and that the next meeting of Spiritwood Town Council be held at 7 p.m. on Sept. 13, 2022.

Saving good crops from bad pests

Crops are susceptible to a number of pests that can cause damage to plants — and we're not just talking insects! According to researchers, the word pests is an umbrella term that includes insects, weeds and various plant diseases — anything biotic that could be detrimental to a crop. And since pests are bad for agricultural production, Agriculture and Agri-Food Canada (AAFC) scientists are on the case.

AAFC research scientist Dr. Brent McCallum, based out of the Morden Research and Development Centre, has teamed up with a diverse group of experts in plant pathology, entomology, weed science, economics and agronomy to share knowledge about the range of pests affecting Prairie crops. They've dubbed this network the "Prairie Biovigilance Network," with the goal of improving their capacity to quickly and holistically save good crops from bad pests.

What is biovigilance?

The term biovigilance is a relatively recent term used to describe an innovative, multi-disciplinary approach to understand and combat the negative effects of newly introduced pests, new agricultural farming practices, new crops, and climate change on plant health. Biovigilance relies on a continuous cycle of awareness, identification, assessment, understanding, mitigation, and appropriateness to ensure that solving one problem doesn't lead to another. The goal is to proactively mitigate potential threats from plant diseases, weed species, and insects before they impact the agricultural sector on a larger scale.

Next stop for the Prairie Biovigilance Network: increased surveillance

Given that the Prairie Biovigilance Network has just begun and focuses mainly on work led by AAFC researchers, this is only the beginning. Plant pest surveillance is done by many agencies in the public and private sectors, however more collaboration is needed to expand the network and drive this all-encompassing work forward, so producers can fully benefit from this knowledge.

By expanding the Prairie Biovigilance Network to include complementary partners, such as provincial governments, stakeholder organizations and producers, researchers can expand proactive surveillance activities, which is an important first step in the continuous cycle of biovigilance. Increased surveillance will allow researchers to combat current pests, predict what potential crop pests are on the horizon, and better prepare mitigation strategies that have a smaller environmental footprint while protecting producer's crops. All of these activities will protect Canada's reputation as a food exporting nation.

"We want to raise awareness and get producers participating with us," Dr. McCallum said. "We don't just do this work in isolation, it's something we need to do with the producers. They're the ones who are on the front lines and generally the first to notice pests cropping up in their fields — their contributions to the network are crucial."

Maintaining consistent on-farm biovigilance with the support of partners across the prairies will be important as pest populations rise and fall. By creating a sustainable control system using biovigilance principles, all Canadian producers will benefit, now and into the future. With consistency, producers can be better prepared to solve pest problems and improve soil and crop health, while continuing to be environmentally conscious stewards of the land.

By the end of the project in 2026, one goal is to develop a communications network that translates knowledge into practice and helps producers apply this knowledge to better protect their crops. Information from producers will be an important feedback mechanism to achieve this goal and for a successful biovigilance program on the prairies.

The work being done within the biovigilance network plays a fundamental role in ensuring the resilience of Canada's agricultural sector and contributes to our world's food security and food supply.

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Shellbrook Chronicle
Spiritwood Herald

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COMMUNITY CALENDAR

SPIRITWOOD: Wapiti Regional Library - Tuesday 9 am - 5 pm; Wednesday 9 am - 5 pm; Friday 9 am - 5 pm

LEOVILLE: Wapiti Regional Library - Wednesday 10 am - 4 pm; Thursday 10 am - 3 pm

SHELL LAKE: Wapiti Regional Library - Tuesday 12:30 pm - 4 pm; Wednesday 12:30 pm - 4 pm

BLAINE LAKE: Wapiti Library - Wednesday 11 am - 6 pm; Friday 11 am - 5 pm; Saturday 10 am - 4 pm. Contact us for more info 306-497-3130, www.wapitilibrary.ca.

BIG RIVER: Wapiti Library - Wednesday 11:30 am - 4:30 pm; Thursday 11:30 am - 4:30 pm. Phone # 306-469-2152

CANWOOD: Canwood Branch of Wapiti Regional Library. Tuesday 10 am - 4 pm; Thursday 10 am - 4 pm; Friday 12 pm - 5 pm. Kids Club is Fridays 3:30 pm - 4:30 pm, Crafter's Choice is the 2nd and 4th Tuesday of each month.

DEBDEN: Wapiti Library hours: Tuesday 10 am - 3 pm; Wednesday 3 pm - 7 pm. Librarian: Aline Hannon

LEASK: Wapiti Library & Legacy Gallery Hours - Tuesday 10:30 am - 5 pm; Friday 10:30 am - 5 pm; Saturday 1 pm - 4 pm

MARCELIN: Wapiti Library - Tuesday 2 pm - 7 pm; Thursday 2 pm - 8 pm; Saturday 9 am - 2 pm. For information on all your library needs, please contact 306-226-2110.

SHELLBROOK: Shellbrook Branch of the Wapiti Library located at 105 Railway Ave., West (Provincial building). Library Hours: Monday 2 pm - 6 pm; Tuesday 12 pm - 8 pm; Wednesday 2 pm - 8 pm; Thursday 12 pm - 6 pm; Friday 9 am - 4 pm.

CANWOOD: Canwood & District Bus Association Annual Craft & Home-Based Business Sale - Saturday, November 5, Canwood Elks' Community Centre, 10 a.m. to 3 p.m. To book a table call Margie ~ 306-468-7021 or Barb ~ 306-468-7711 ~ \$25/table

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Minutes of an RM of Shellbrook meeting

(Where necessary, the following minutes may have been edited for clarity or brevity)

Minutes of a regular meeting of Council of the Rural Municipality of Shellbrook No. 493 held on Wednesday, Aug. 3, 2022, in the Municipal Office Council Chambers at Shellbrook, Sask.

Present: Reeve - Doug Oleksyn, Division 1 - Cliff Skauge, Division 2 - Phil Hamel, Division 3 - Christine Strube, Division 4 - Jay Ferster, Division 5 - Derwin Joelson, Division 6 - Ron Herzog, and Administrator - Duane Storey.

Delegations:

10 a.m. Grant Gustafson, Prince Albert Outing Club.

10:30 a.m. Derek Sieben, Vantage Chartered Professional Accountants.

11:40 a.m. Foreman Bill Aug and Todd Lande update on municipal activities.

Reeve Oleksyn called the meeting to order at 8:31 a.m.

Skauge: That the following items be added to the agenda: Town of Shellbrook Highway No. 3 Letter of Support, Rural Integrated Roads for Growth motion. Carried

Joelson: That the Agenda be adopted as amended. Carried

Skauge: That the minutes of the Regular Meeting of Council on July 6, 2022, be amended as follows: Motion 203.07.22 - Replace nominated with elected, Motion 195.07.22- Add \$5,000.00.

Joelson: That the minutes of the Regular Meeting of Council on July 6, 2022, be approved as amended. Carried

Ferster: That the Statement

of Financial Activities for the month of July 2022 be approved as presented. Carried

Strube: That the bank reconciliation for the month of June 2022 be approved as presented. Carried

Skauge: That the accounts payable dated Aug. 2, 2022, as attached hereto and forming part of these Minutes, being regular cheque numbers 12900 to 128951 in the amount of \$316,097.10 and payroll cheque numbers 14271 to 14295 in the amount of \$48,132.13 be approved. Carried

Hamel: That the Administrators Report for the month August 2022 be accepted as presented. Carried

Skauge: That the information received by Lyle Muller dated July 13, 2022, in regards to Highway 3 incident be received and filed. Carried

Joelson: That the quote for repairing the roof on the Municipal Building in the amount of \$26,000 plus taxes from Midway Roofing and Siding be approved and that yearly roof inspections be coordinated. Carried

Councillor Jay Ferster declared a conflict of interest and was excused from the Council Chambers at 10:04 a.m.

Hamel: That the request for a time extension until July 31, 2023, be granted in order for the requirements of Subdivision of proposed Parcels A & B NE-21-49-03-W3 to be completed. Carried

Councillor Jay Ferster re-entered the Council Chambers at 10:18 a.m.

Delegation Grant Gustafson

entered the Council Chambers at 10:10 a.m. to discuss Prince Albert Outing Club issues.

Delegation Grant Gustafson left the meeting at 11 a.m.

Skauge: That a letter be drafted and sent to the Prince Albert Outing Club authorizing them to maintain the mowing and cutting of trees on the municipal road allowance entering Round Lake and that any maintenance to be done at their own expense, the RM of Shellbrook No. 493 assumes no liability. Carried

Skauge: That the information received from the Prince Albert Outing Club be received and filed. Carried

Delegation Derek Sieben Vantage Chartered Professional Accountants entered the Council Chambers at 11:05 a.m. to discuss the Rural Municipality of Shellbrook No. 493 2021 Audited Financial Statements.

Delegation Foreman Bill Aug and Todd Lande entered the Council Chambers at 11:20 a.m. to update Council on municipal operations.

Skauge: That the Audited Financial Statements for the year ended Dec. 31, 2021, for The Rural Municipality of Shellbrook No. 493 be accepted as presented. Carried

Delegation Derek Sieben Vantage Chartered Professional Accountants left the meeting at 12:05 p.m.

Skauge: That any further discussions or meetings in regards to municipal road allowance issues with Garth Evans be referred to the Administrator and Foreman Bill Aug. Carried

Strube: That Permission be given to Ralph Kendel to level the road allowance between sections 7 and 8-52-02-W3 after the 2022 harvest is complete. Carried

Delegation Foreman Bill Aug and Todd Lande left the meeting at 1:44 p.m.

Skauge: That a letter be drafted and sent to the Lake Country Coop Board requesting cooperation in finding a grain bag storage collection site for Clean Farms. Carried

Strube: That a five-year gravel agreement be drafted and entered into with regards to purchasing gravel on SE-21-51-02-W3 at a rate of \$5.25/yard with a minimum crush of 10,000 yards per year. Carried

Reeve Doug Oleksyn left the Council Chambers at 3:47 p.m.

Skauge: That \$500 Scholarships be awarded to Allison Oleksyn and Shelaine Pritchard, and that further 2022 Scholarships be closed. Carried

Reeve Doug Oleksyn re-entered the Council Chambers at 3:58 p.m.

Hamel: That weight restrictions be adjusted to conform with recommendations from Stantec's bridge inspection on bridge located E.N.E 25-50-02-W3, and that maintenance be referred to the RM of Shellbrook No. 493 Five Year Capital Plan. Carried

Skauge: That information received from ATAP Infrastructure Management report in regards to the Holbein Lagoon be referred to the Holbein Hamlet board for further direction. Carried

Strube: That the proposed Invitation for Expression of Interest for machinery and equipment be adopted as presented. Carried

Hamel: That the request from Esther Peters to discount a portion of the fire bill for the fire on July 8, 2022, be denied. Carried

Ferster: That the request from the Shellbrook Volunteer Fire Department to purchase an Extraction tool be referred to the Fire Committee for review and report. Carried

Strube: That administration send a letter of support to a reduced speed limit on Highway No. 3 to the Ministry of Highways as requested by the Town of Shellbrook. Carried

Strube: That, application for Rural Integrated Roads for Growth applications be approved for: Paved surface 693, Cow Lake Road. Carried

Strube: That council authorizes Deputy Reeve Joelson and Councillor Ferster to inspect and purchase Tandem Gravel Truck and Pup. Carried

Joelson: That the following correspondence be received and filed. Community Policing Report dated July 14, 2022, 2022/2023 Channel Clearing dated June 30, 2022. Carried

Joelson: That the following correspondence be received and filed. SARM calls on Feds dated July 25, 2022, Sustainable Canadian Agricultural Partnership dated July 28, 2022, SARM Midterm Resolution Deadline dated July 27, 2022. Carried

Herzog: That the meeting be adjourned at 5:06 p.m.

More housing needed for Indigenous people in Sask., report says

By Julia Peterson,
LJI Reporter, The StarPhoenix

A new report from Statistics Canada has found many Indigenous people in Canada struggling to find safe, quality housing.

In Saskatchewan, researchers, advocates, and community members know how serious the problem is.

"I wish we had more housing," said Angela Caplette, who works in tenant relations with the Meadow Lake Native Urban Housing Corporation. "We need ... another seniors' complex, and more single dwellings.

"It's needed, really needed."

The organization manages 145 affordable housing units in Meadow Lake, Sask., a city of just over 5,000 people located nearly 300 kilometres northwest of Saskatoon. Caplette said she and her coworkers focus on supporting Métis and Indigenous tenants, and often work one-on-one with families to help them navigate the ever-more-complex system of benefits, programs and services that can help keep them in their homes.

"The government made all these cutbacks in all these community pro-

grams, as well as social services," she said. "And I'm thinking — oh my God, how can they do this, when it's so needed?"

"It's too bad the government can't come spend a week here and see what we deal with."

When people run out of good options, Caplette sees the consequences.

"They end up going to these slumlords, as we'd call them," she said. "We've got lots of those here in Meadow Lake that don't take care of the homes. They're not really even livable."

Last year's census found Canada's Indigenous population is still growing, accounting for about five per cent of the total population, and is hit particularly hard by shortages, failures and inadequacies in the housing system.

The Statistics Canada report found that, in 2021, more than 16 per cent of Indigenous people were living in dwellings that need major repairs, compared to just under six per cent of non-Indigenous people.

Indigenous people were also about seven per cent more likely to be living in crowded housing.

On reserves, the situation is even

more serious. The census found that more than a third of First Nations people with registered or treaty status on reserves are living in houses that need major repairs.

University of Saskatchewan College of Medicine professor Shelley Kirychuk is part of a team studying First Nations housing needs.

She said this issue has not been researched enough — particularly on the prairies, and even more so in Saskatchewan — but early results show that "the housing does not meet the needs."

In August, the research team published a paper about the housing conditions on two rural First Nations in Saskatchewan.

It found that nearly 70 per cent of the houses surveyed were crowded, and almost half were in need of major repairs. That's much higher than the national figures reported by Statistics Canada.

Furthermore, more than half the houses surveyed in these two communities had problems with damp or mold.

"These two rural Saskatchewan First Nation communities more frequently

had housing conditions that were not suitable, and the conditions were not as good as that indicated at the national level for both Indigenous and non-Indigenous people in Canada," the team wrote in their analysis.

Earlier this year, the federal government announced a \$4.3 billion commitment to help improve Indigenous housing, as well as other reconciliation efforts.

At the time, the Federation of Sovereign Indigenous Nations said much more funding — in the range of \$15 billion — is needed to meet essential housing needs.

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MLB sluggers chasing history

It has been a baseball season to remember for a number of sluggers, but Aaron Judge, New York Yankees' No. 99 — who shows absolutely no disrespect to that royal athletic number — is probably having the most unforgettable campaign.

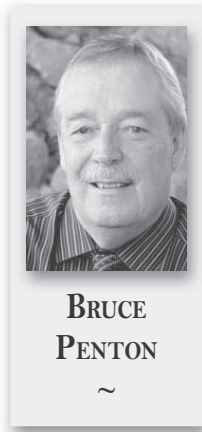
Zeroing in on the American League home run record for one season, Judge was on pace in mid-September for 65 home runs, which would surpass the 61 HRs hit in 1961 by Roger Maris of the Yanks. That number has been long surpassed by three National League hitters — Barry Bonds, Mark McGwire and Sammy Sosa — but their accomplishments are questionable given the steroid implications surrounding their seasons of hammering baseballs into outer space.

Judge has no such negativity surrounding his sensational season. He's a 6-foot-7, 282-pound Samson of a man who launches baseballs as if they were sitting on a tee, just waiting for his bat

to make contact. At last look, Judge had 57 homers and was 18 ahead of his nearest MLB rival, Kyle Schwarber of the Phillies. Judge's dominance in the home-run column is reminiscent of the Wayne Gretzky era in the National Hockey League, when the Oilers' No. 99 was 79 points ahead of the runner-up (Paul Coffey) in 1983-84. A fluke? Not really, Gretzky won by 73 points (208 to second-place Jari Kurri's 135) the following season.

Judge, however, isn't the only slugger in MLB to have an unforgettable season. Shohei Ohtani and Mike Trout of the Angels have done some amazing things; Freddie Freeman has quieted the critics who suggested his stats might fall off after leaving Atlanta; the St. Louis Cardinals' Paul Goldschmidt is proving that some hitters just get better with age; and the amazing Albert Pujols just keeps on slugging.

Ohtani, who has no peer as an all-around superstar, is among the



BRUCE
PENTON

American League leaders in home runs, pitching victories and earned-run average; three-time MVP Trout was close to an A.L. record in September by hitting home runs in seven consecutive games; Freeman, MVP for the Braves two years ago, leads the National League in hits and doubles and his Dodgers are the runaway leaders in victories; Goldschmidt has an outside chance at winning the N.L. triple crown, with impressive mid-September numbers of 35 home runs, 112 runs-batted-in, and a .322 batting average; and the 42-year-old Pujols is playing like a

kid, averaging a home run every five games for the Cardinals, and he's closing in on the exclusive 700-homer club, of which Bonds, Hank Aaron and Babe Ruth are the only members. If he falls short this season, watch for him to return next year for as long as it takes to get to 700.

The way Judge is hitting, maybe the Yankee slugger will get there first.

• Comedy writer Brad Dickson of Omaha, in the aftermath of Nebraska coach Scott Frost's firing: "A number of UNL students are reportedly hoping for a new football coach who's already won a national championship ... I didn't realize hallucinogenic drugs were popular on campus these days."

• New York Post reader Lloyd Stone, during a recent NFL televised game: "Is there any way to watch this in black and white? Seattle's garish green uniforms should be restricted to prisoners on trash patrol along the Jersey Turnpike."

• Comedy guy Steve Burgess of Vancouver: "Congratulations to (Saskatchewan QB) Cody Fajardo who became a father this week. In his honour, the Riders laid an egg."

• Headline at the on-ion.com: "Referees call for replay to admire great call."

• Scott Ostler of the San Francisco Chronicle, suggesting yet another MLB rules change: "If there are five or more people in line at a beer stand, everyone in line gets free beer. Hire more damn vendors. If we want to stand in line, we'll go to Disneyland or the DMV."

• Portland State football coach Bruce Barnum, to JohnCanzano.com, sizing up the Washington roster after losing 52-6: "I got a good look at everybody except their punter."

• RJ Currie of sports-deke.com, on Forbes pegging the Knicks as the most lucrative NBA team at \$5.8 billion: "Who would guess there could be so much value

in laughing stock?"

• Mike Bianchi of The Orlando Sentinel, on Broncos coach Nathaniel Hackett opting for a 64-yard field goal instead of trusting Russell Wilson on fourth-and-five: "This was the dumbest decision since Prohibition."

• Bianchi again: "Please tell me Nebraska wouldn't sell its soul and consider hiring Urban Meyer. If it happens, they should just change their name to the Scornhuskers!"

• Washington State Dept. of Natural Resources, on Twitter: "Remember that fantasy football and tsunami evacuation both start with a strong run game."

• RJ Currie of sports-deke.com: "The Banjo Bowl outcome: Blue Bombers 54, the flu-ridden Roughriders 20. Saskatchewan QB Cody Fajardo said many Riders were so ill they couldn't keep anything down — including, it seems, the score."

Care to comment? Email brucepenton2003@yahoo.ca

Sask. economy continues to lead the nation

Saskatchewan is once again a national leader in several key indicators of economic growth, with recent reports by Statistics Canada showing Saskatchewan led in investment in building construction, manufacturing sales and wholesale trade in July 2022.

"Saskatchewan's economy has been leading the country for many months and these numbers show that that momentum is only continuing," Trade and Export Development Minister Jeremy Harrison said in a statement. "Combined with significant private

sector investment, it is clear Saskatchewan has the food, fuel and fertilizer the world wants and needs and that is translating into good jobs and incredible opportunity for the people of our province."

Investment in building construction increased dramatically in July 2022, rising 81.8 per cent compared to July 2021. This was by far the highest increase among the provinces and well above the national average of 14.7 per cent. The value of investment in building construction totalled \$474 million in July 2022.

Wholesale trade jumped 72 per cent in July 2022 compared to July 2021, also the highest increase among provinces and well above the national average of 12.9 per cent. Between June 2022 and July 2022, the value of wholesale trade in Saskatchewan increased by 5.6 per cent, ranking second in terms of percentage change among the provinces and well above the national average of a 0.6 per cent decrease. The value of wholesale trade totalled \$4.2 billion in July 2022.

Manufacturing sales grew

26.8 per cent in July 2022 compared to July 2021, the second highest increase among the provinces and above the national average of 19.1 per cent. Saskatchewan also placed second among the provinces in month-over-month manufacturing sales growth, with an increase of 4.5 per cent, which was above the national average of a 0.9 per cent decrease. The value of manufacturing sales totalled \$2.3 billion in July 2022.

Urban housing starts in Saskatchewan increased by 35.6 per cent in August 2022 com-

pared to August 2021, the second highest increase among the provinces and well above the national average of 2.8 per cent.

In August 2022, Saskatchewan set a record high number of jobs for the month at 581,500 jobs, an increase of 12,300 jobs compared to August 2021.

Saskatchewan's seasonally adjusted unemployment rate was 4.9 per cent, the third lowest among provinces, a decrease from 7.0 per cent in August 2021 and below the national average of 5.4 per cent.

768 distracted driving tickets issued in August

When drivers weren't focusing on the road, police were focusing on them, and the results of the August Traffic Safety Spotlight on distracted driving are in.

Police issued 646 tickets to drivers using a mobile device while behind the wheel, and 122 tickets for driving without due care and attention.

Distracted driving is one of the top contributors to injuries and death on

Saskatchewan roads, which is why law enforcement and SGI were reminding drivers to put away their phones, eliminate distractions and #JustDrive.

Other results from the August spotlight include:

- Impaired driving - 488 offences, including 304 Criminal Code violations,
- 5,454 tickets for speeding and aggressive driving. Remember, effective

Oct. 1, 2022, tough new penalties for stunting and street racing come into effect and,

- 442 tickets for not wearing a seatbelt or having a child improperly restrained. It only takes a moment to #MakeItClick — a moment that can save your life.

The Traffic Safety Spotlight is a partnership between SGI and Saskatchewan law enforcement to focus

resources on education and enforcement of traffic safety. The spotlights are themed quarterly and monthly around traffic safety campaigns such as impaired driving, distracted driving, speeding and seatbelts.

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OBITUARY

Isaiah Waterhouse



WATERHOUSE —
Isaiah

Isaiah was born in Saskatoon, SK on March 30, 1996. That day was

so stormy, but his birth mother wanted us there for his birth (we didn't make it). Isaiah came in weighing a whopping 10lb 8 oz. He came home to us 4 days later and brought us so much joy and leaves us with so many wonderful, treasured memories. Isaiah went to school in Shellbrook until grade 11, that is when he called his cousin Iain for a job with Pipeworx and the rest is history. Thanks to his Pipeworx family, Isaiah loved you all. Isaiah had a son Sterling in 2015 and that was his greatest

achievement, he loved him more than anything in this world.

Growing up Isaiah chose track as a sport, he excelled at that earning many red ribbons. He tried football, but broke his knee at the first practice, so that ended his sporting career.

Isaiah will be lovingly survived by his mother, Gwen Waterhouse; his father Keith (Bev) Waterhouse; his son Sterling Waterhouse; mother of his child, Michelle Poff; his birth siblings, Jordon,

Alexandra, Nicole, Joshua, Abigail; his grandparents Walter & Genevieve Bohnert; his aunts and uncles, Jim (Paula) Waterhouse & family; Lois Hughes & family; Gary (Janice) Waterhouse & family; Percy (Brenda) Waterhouse & family; David Waterhouse & family; Stan Waterhouse; Gordon (Marilyn) Bohnert & family; Gayle Bohnert & family; and Gladys (Earl) Orthner & family; his special friends, Daytona Lantz & Emily Humm; as well as numerous nieces,

nephews and other relatives.

Isaiah is predeceased by his grandparents, Doug & Lily Waterhouse; and his uncles, Richard & Donald Waterhouse and John Hughes.

There was a Funeral Service held for Isaiah on Saturday, September 24, 2022, at 2:00 p.m. at the Shellbrook Community Hall with Pastor Rob Shepherd officiating. Isaiah was laid to rest in the Parkside Cemetery.

In lieu of tributes, memorial donations may be made in memory of Isa-

iah to either the Honeywood Heritage Nursery Inc. or to a Trust Fund set up for his son Sterling at ihughes@prim.com for e-transfer or Bank Transfer to account 5413455 Transit 08399.

Family and friends wishing to send online condolences are welcome to visit www.beaulac-funeralhome.com Arrangements have been entrusted to the care of Beau "Lac" Funeral Home & Crematorium, Tammy Smart, Funeral Director, Shellbrook, SK. 306-747-2828.

GOOD NEWS

DEALING WITH ANGER

Fresh out of high school, I got a job with Northern Construction. The company was refitting a barge that they would take from Hay River to the High Arctic. We would work around Tuktoyaktuk, dismantling artificial islands that had been built in the Beaufort Sea in exploration for natural gas.

Before we headed north, much work had to be done. It took some long hours; we had welders working, other trades people, and painters. I was part of the painting crew. We had layers of mangers.

I recall one foreman who I was fond of would at times get frustrated with the delays. He had this habit of removing his hard hat and throwing it on the ground. It was a sight to behold. Somewhat humorous. I am not sure what he

hoped to accomplish. I guess he was just letting off steam.

Who could forget Soviet Premier Nikita Khrushchev, as he attended the 1960 Assembly in New York City, losing his cool at the United Nations. Apparently, he got so upset when a delegate suggested that Eastern Europe had been "deprived of political and civil rights" and had been swallowed up by the Soviet Union. Khrushchev wanted to show his displeasure, so he did something unforgettable: he removed his shoe and started pounding his desk. At least that is the story I was told as a boy. Recent reading on this I find the incident debatable.

Is anger wrong? No. Jesus displayed 'righteous anger' in John Chapter 2 when He cleansed the temple. It is an

emotion that is God-given. The problem arises when we do not use it properly. Let me give you an example.

Frances Havergal, the author of well-known Hymns the church sings even today like 'Take My Life and Let it Be', wrestled with a temper. I read that after she lost her temper, she would be mortified and confess it to the Lord. But Frances would lose her temper again and again.

On one particular day that she struggled with anger, she knelt down and prayed "Lord, must it always be so? Will I always have this temper to keep me humble before you?"

What is interesting is that, as she knelt down on her knees, God gave her a passage of Scripture. "The Egyptians whom you have seen today you will see

no more forever." That is what God had told Moses when the Egyptians pursued the Israelites to take them back to Egypt.

Havergal, as strange as it may seem, took that Scripture and applied it to her life. The enemy wanted to use Havergal's temper to pull her into bondage. She saw that God could take her temper away.

Frances Havergal asked God, "Lord, could it be forever?"

She seemed to hear the words "Yes. No more, forever."

Frances' sister testified that she never again lost her temper. She believed God, and God performed a miracle.

Blessings,
Pastor David Bodvarson
SPA

Animal health order issued in Sask. over avian flu in poultry

The Ministry of Agriculture's Chief Veterinary Officer has issued an Animal Health Order on Sept. 21, 2022, limiting the transport and co-mingling of poultry after several cases of Highly Pathogenic Avian Influenza were confirmed in Saskatchewan.

The health order will be in place until Oct. 21, 2022, at which time it will be reviewed. The order prohibits the movement to and participation of birds in shows, auctions, and agricultural fairs, as well as any

other events where birds would be brought together from multiple locations.

The goal of this Animal Health Order is to limit the spread of this virus to new flocks. Producers are reminded to remain vigilant and contact the proper authorities should they have any concerns regarding the health of their flocks. Saskatchewan will continue to work with the CFIA, and the poultry industry to support a coordinated and effective response.

Avian influenza (AI) is a fed-

erally reportable disease under the Health of Animals Act. This virus, commonly known as "bird flu," affects food-producing birds including chickens, turkeys, geese, ducks, and quails, as well as pet and wild birds. The Canadian Food Inspection Agency (CFIA) is leading the disease response in Saskatchewan and other provinces experiencing outbreaks in poultry.

Proactive measures, including preventing contact between poultry and wild birds, limiting visitors to barns, using

barn-specific clothing and footwear, and regularly monitoring birds for signs of illness, are key to preventing avian influenza on poultry farms. Producers are also reminded that anyone keeping livestock or poultry in Saskatchewan are required to register for a Premises Identification (PID) number. The ability to implement rapid and efficient disease response actions is greatly increased when producers have a PID number.

All detections of highly pathogenic avian influenza in Canada

are reported on the CFIA website. Further information on the animal health order and avian influenza in poultry is also available on the ministry of agriculture website.

Although rare, AI can infect humans. Affected people tend to be those who have close contact with infected birds. While birds suspected of having AI should not be used for food to avoid potentially spreading the virus, there are no concerns with eating meat that has been properly cooked.

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CARD OF THANKS

The family of Lois Skavlebo would like to thank House C of Parkland Integrated Health Centre, home care staff and acute care staff for the care over the past years for mom.

We appreciate everything that was done for her. Thanks to Dr. Mohebbi for his excellent care and compassion to her.

A "big" thank you to everyone that donated food and meals for our families.

Special thanks to Leola for the wonderful lunch she prepared for the funeral.

Thanks to everyone that donated money in memory of mom and all the cards we received.

Thank you to Pastor Emmanuel for his visits with mom and for officiating the funeral.

Thank you to Beau Lac Funeral Home staff for their caring and professionalism.

Thank you to anyone that touched mom's life in any way - it meant so much to her family.

The family of Lois Skavlebo

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Vertical elements in the garden: Virginia creeper

By Patricia Hanbidge

Last week, we introduced vertical gardening. Utilizing vertical space not only increases the area of your garden but also makes it easier to pick the fruits of your labours. Growing anything that has a viney mode of growth can be easily convinced to go vertical. This not only creates more space but also creates walls and ceilings of note. For this week and next, we will devote our subject matter to some of the vertical climbers of note.

One of the most historic choices on the prairies for vertical gardening is the well-known Virginia Creeper. Parthenocissus quinquefolia will grow 30 to 50 feet but does need a sturdy trellis for support as this vine is quite woody in nature. It is also a very powerful grower. Do not ever grow vines directly on a structure as they do have the power to go through multiple building surfaces. I have a fond memory of redoing my Mom's roof and finding the Virginia Creeper she had growing on a trellis of the house had penetrated the roof and all the subsurface structures and grown all the way across the attic looking for light. It is things like this that I am sure are the impetus for many of our

stories and films that feature suspense.

Plants are an amazing part of our environment and have evolved and adapted to their many environments to increase their survival and enhance their ability to live. These adaptations give the plants additional advantages that allow them to thrive in the areas where they grow. The Virginia Creeper is a native climber belonging to the grape family and has always been noted for the brilliant colour it develops in autumn. In order to aid their ability to climb up towards the sun, they have produced small, branched tendrils that often also have strong adhesive disks on the tips to fasten securely onto bark or rock. These tendrils are produced on the stems opposite from the leaves to allow the leaves to be exposed to the most light possible wherever they are growing.

Some of the varieties and cultivars of Virginia Creeper include Engelmann's Ivy (P. quinquefolia var. engelmannii) which clings well to structures such as brick or rock. This type of Virginia Creeper has very developed adhesive disks on the tendrils allowing them to cling onto smooth surfaces like rocks. This variety is considered to be less vigorous than the spe-

cies plant so if you are growing it on a building, you need not worry about it breaking apart the stones. This variety also has some bronze colour that creeps into its otherwise red fall foliage.

There are also other cultivars that have been developed over the years. 'Monham' has leaves with white variegations making it quite striking in lower light areas. 'Variegata' has both yellow and white variegation of the leaves which turn to pink and red in autumn. 'Red Wall' is another cultivar which has the brightest and most brilliant red colour in autumn.

Virginia Creeper can be grown in full sun to shade areas, but will have the best fall colour in full sun areas. For many years, this vine had no real pest issues but over the years it has

become apparent that white flies, aphids and other sucking insects love that it is available to them year after year. Unfortunately, there are no real solutions to an infestation of these insects other than the use of systemic insecticides. There are no domestic registered products that we can use in Canada, but there are some commercial products that are available. However, to purchase or use a commercial pesticide, you need to have the appropriate training and certification which is in place to ensure safe and proper use of the commercial products.

Hanbidge is the Lead Horticulturist with Orchid Horticulture. Find us at www.orchidhort.com; by email at info@orchidhort.com; on facebook @orchidhort and on instagram at #orchidhort.



Effective use of a Virginia creeper at a garden entrance.

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